

MOVING FORWARD

Winter 2022

A publication from

Londonderry Village

A Community Rooted In
Brethren Values





Need New Blinds?

Give us a call for professional installation of shades, sheers, blinds and shutters!

HunterDouglas 



**ANNVILLE
ANNVILLE
ANNVILLE**

ALLWEIN
CARPET ONE FLOOR & HOME
1475 E. Main St • Annville, PA 17003 • 867-4100
www.allweincarpetone.com



at Londonderry Village

COMING

SOON!

Foxrunatlva.org

717-838-5406

Reserve your lot today!



BROWNSTOWN
4016 Oregon Pike
717-859-3131

CLEONA
300 W. Penn Avenue
717-273-7555

EPHATA
1117 W. Main Street
717-733-7730

MYERSTOWN
700 E. Lincoln Avenue
717-866-7555

QUARRYVILLE
2216 Beaver Valley Pike
717-786-7373

READING
1820 Portico Lane
610-401-0390

MartinWater.com

MartinAppliance.com

MartinFurniturePA.com

Table of Contents

Good Mood Food	6
Day in the Life	7
Discovering Creativity	8
Buddy Society	9
Train Volunteer	10
Board Profile	11
Keys to Life	12
It Takes a Village	13
Recreational Therapy	17
Events	18
Cathy Snell Memorial '22	20
Staff Spotlight	21
New Residents	22
Life Moment	24
Making Spirits Bright	26



Londonderry Village

A COMMUNITY ROOTED IN BRETHREN VALUES

Contact Info:
 Londonderry Village
 1200 Grubb Road
 Palmyra PA 17078
 Tyler Weaber
 Email: Tweaber@londonderryvillage.org
 Telephone: (717) 838-5406 x3053.
 Moving Forward
 December, 2022

Visit us online at

www.londonderryvillage.org.

Follow us on Social Media!

LV is “Moving Forward”



When the pandemic descended on the United States in the Spring of 2020, it felt like everything we knew and loved came to a halt. Movie theaters shut their doors, as did many restaurants, shops, fitness centers, and churches (to name a few). We were all advised to stay inside our homes, avoid crowds whenever possible, and protect ourselves with masks and face shields if we did venture out in public. It was a fearful time as we dealt with an unknown microscopic foe that was both contagious and deadly.

As the pandemic unfolded, nursing homes and retirement communities were advised by public health officials to isolate our residents... from other residents, from staff whenever possible, and even from their loved ones (who were prohibited from visiting). That kind of behavior was antithetical to everything we believed concerning the value of relationships and regular socialization. The public health calculus at that time was simple, though: staying healthy and safe was of greater value than the potential downsides of isolation (namely depression and loneliness).

It has been two-and-a-half years since the early days of the pandemic. The virus is still with us, but the “math has changed”. Science has blessed us with both vaccines and effective treatments, and for the majority of folks, covid-19 is no more dangerous than the seasonal flu. The latest public health bulletins are recognizing the change, and are relaxing many of the precautions we have observed for the last few years. The “cost/benefit” scale has also tilted: the health danger from the virus is now minimal, and is far outweighed by the positive value of having people congregate and socialize. In early October, Londonderry Village recognized this shift, and eliminated our face mask and social distancing requirements for our independent living residents and their activities and events. You can almost feel the palpable joy on the campus as folks return to their prior routines!

After two-plus years in limbo, it is time to “Move Forward”.

Jeff Shireman

President

Board of Directors:

Steven Tilley, Chair
Raymond Flagg
Robert Fortna
Dr. Dennis Gingrich
Richard Hann
Rev. Ronald Ludwick
Roy Meyer
Rev. Belita Mitchell
Sandra Pintarch
George Porter
Chester Rose
Thomas Shenk
Michael Swank
Keith Wagner
James Williams

Executive Leadership Team:

Jeff Shireman, NHA
President

Henry Brubaker,
VP of Finance

Jennifer Ginder, NHA
VP of Health Services



The official registration and financial information for the Lebanon Valley Brethren Home (DBA Londonderry Village) may be obtained from the PA Dept. of State by calling toll-free within PA, 1-800-732-0999. Registration does not imply endorsement. Your privacy is of utmost concern. Lebanon Valley Brethren Home (DBA Londonderry Village) does not share or sell mailing lists, but should you wish to have your name removed from our fundraising distribution list, contact us via mail, email, phone or in person: Londonderry Village Development Office, 1200 Grubb Road, Palmyra PA 17078 Email: akinney@londonderryvillage.org Telephone: (717) 838-5406 ext. 3052 There is no requirement that you agree to accept fundraising communicators from us altogether or with respect to a particular fundraising campaign. We will honor your request not to receive any fundraising communications from us as of the date we are notified of your decision.

Good Mood Food

MAY YOU BE PROUD
OF THE WORK YOU DO
THE PERSON YOU ARE
AND THE DIFFERENCE
YOU MAKE

By: Amy Kinney

There are many ways that Londonderry Village shows thanks and appreciation for their 215 dedicated team members and the good work they perform. From holiday gift cards, occasional ice cream treats, the Super Bowl prize drawing and crossword puzzle prizes to the showstopper of appreciation: Food Truck Day!

On a beautiful afternoon in June, employees gathered to peruse the menu and place their order from the Lucky Penny Burger Co. and the Nacho Depot Food Trucks and anxiously await for their order to be called. While some chose their meals to-go, many stayed to mingle and eat under the tent amongst friends. This was a great opportunity to connect with team members in other departments and to also catch up with friends that they haven't seen in a while. Many employees reminisced of years' past and shared stories that started with 'remember when' while enjoying their delicious burger and fries or taco and nachos. To end their lunch, team members were able to select from a freezer filled with assorted popsicles, sundae cones, ice cream bars and the ever-popular 'choco-taco' ice cream treat. The air conditioned bus was available for transportation; however, golf cart rides were also available for those wanting to feel the cool breeze in their hair.

As one employee speaking for many, I can assure you a great time was had by all. And for that, I say 'thank you' to Londonderry Village!



Day in the Life of a Dietician

By: Trudy Kern

Job shadowing is defined as observing a professional to gain a better understanding of the role. It is often used by students and graduates to give them a better idea of what a particular job entails. It may also be used to onboard new employees into an organization or into a new role. Londonderry Village has staff members who work in several different departments and roles throughout the company, but we all work for the same cause. Job shadowing provides a unique opportunity to see how other staff work and what their role involves. Our mission states that Londonderry Village is committed to providing quality housing, healthcare and supportive services in an attitude of love and servanthood. As Resident Services Coordinator, I do my best to comply with our mission by providing supportive services in activities and involvement. When asked if I'd like the chance to see different roles and functions within another department at LV, I welcomed the idea. Knowing how important it is for elders to maintain a nutrient-dense diet to support healthy aging helped make my decision to job shadow our dietary and nutrition team very easy. I spent a morning with Shawn Daigle, North View Dining Hall Supervisor, and a morning with Connie Finley, diet-tech in our Nutrition office. Connie is a registered Dietetic Technician who has been serving in this position at LV for 22 years. Her goal is to meet basic nutritional needs, which is done through assessments, monitoring weight changes, food and fluid in-takes, supplements, psychological stress, assistive tools, monitoring body mass index and serving on the care plan team. Some additional duties include monitoring portion control, altering menu selections, finding out likes/dislikes and attending care plan meetings with residents and families.

As stated by Connie, "adequate nutrition is so important, as it can affect the whole body." Preventative nutrition involves adopting eating habits that help prevent the risk of diseases. Diet plays a huge role in our elder's development and progress. Shawn has been employed at Londonderry Village for 26 years serving in many different roles, dietary aide, cook, dietary supervisor, and most recently Personal Care/North View Dining Hall Supervisor, for the past four years. Her daily workload is very busy and includes tasks such as printing resident menus, food temperature logs, table name cards and

nourishment labels. She posts weekly menus throughout the building, enters information into the computer system, updates the Personal Care seating chart, coordinates meals for Independent Living residents who order daily meals, assists with preparing breakfast, cleaning the kitchen and preparing the tables for lunch.

Shawn works closely not only with the dietary team, but also the nutrition department and nursing staff, ensuring that all nutritional needs are being met. When I asked her what she enjoys

most about her job here at LV, she responded, "The dietary staff I work with and the wonderful residents living at Londonderry Village!"

While participating in this job shadow experience, it became evident to me that although we all have different roles here at LV, we are working for the same cause...providing an environment that is best for all our residents and elders. Both Connie and Shawn believe that it's never too late to make improvements to support healthy aging!



Discovering The Creative Side in Us All!

By: Mary Lee Harpel

Realizing one's unique talents is sometimes accomplished through trial and error. Cindy Templin, an art teacher, has learned that exploring different types of art styles can be the key to opening doors you may never had thought of opening on your own.

Art can be relaxing and yet tedious at the same time. Stepping out of your comfort zone can be exhilarating especially in our "Mixed Arts with Cindy" class.

This evening class draws many residents who come to explore new skills. Cindy believes that unique art projects can open the door for beginner artists to attempt new techniques.

The opening project was a torn watercolor landscape and the results were wonderful! The pictures resulted in some amazing pieces through simply mixing colors found in your favorite outdoor scene. How odd to hear a word "torn" as a description of a work of art. It was fun to see creativity come together. Torn pieces of art

were rearranged and used to create a beautiful new picture. This project was only the beginning. With each new session, members began stretching their own creativity.

Throughout the entirety of the class, residents tried ink outlined watercolors, acrylic painting, clay pottery and pots, clay tilework and pastels. Each class is filled with a sense of comradery brought about through encouragement and the joy of seeing each person achieve a successful try at something new.

Cindy loves all the conversations among friends around the art tables. Selecting colors, making decisions, and sticking with their first choice is a personal adventure in art. As an art teacher, Cindy experiences residents exploring their creativity with surprises of joy! Learning to relax, attempt, and trust yourself is a wonderful lesson that can be discovered at any age.



Thank you to the members of our Buddy Society!

The Buddy Society provides ongoing support to our Good Samaritan Fund.

By making a consistent donation, members of this group help ensure benevolent care remains available for our elders in need.

Interested in learning more? Call our Development Office at (717) 838-5406 ext. 3060.



Updated: November 2, 2022


Charter Members & Sustaining Members

Active members that have donated beyond their initial pledge

Anonymous Friends	Michaelann Dievendorf	Carl & Jacqueline "Jackie" Light
James & Elizabeth Alhwein	Ron & Judy Dissinger	Ken & Jane Light
Betty Jane Barteit <i>in memory of Walter E. Barteit</i>	Dorothy M. Ecklund	Jim & Doris Lineweaver
Nancy M. Basselgia	Craig & Cindy Fasnacht	Margaret Markley, <i>owner</i>
Lois Bliss	Bob & Sandy Fortna	Craig & Lois Moyer
Carol A. Boll, <i>owner</i>	Girard P. & Barbara E. Gaughan <i>in honor of Milton Hershey's Birthday</i>	Paul & Sandy Pintarch
Gwen Boltz	Jim & Dee Geistwhite	George W. Porter
Isabel Brandt	Harold G. & J. Lucille (Hood) Gingrich	Terry Seltzer
Karl & Gloria Brown	Francis & Adrienne Glynn, <i>owner</i>	Jeff & Kristi Shireman, <i>owner</i>
Grace W. Brubaker, <i>owner</i>	John & Carol Grace, <i>owner</i>	Bill & Linda Sprandel
Ray & Blanche Brubaker	Allen & Judy Grow	Dr. Raymond & Rhona Stoneback, <i>owner</i>
Judy Brunner	Ruth & Don Hack, <i>owner</i>	Jake & Dee Sweigart
Jay & Carolyn Buffenmyer	Richard & Elise Hann	Marc & Lisa Thomas
Mrs. Suzanne Colver	Ivan & Lucy Hanson	Wilmer & Arlene Wagner
Louise Craft	Larry & Millie Kish	Margaret Wenger, <i>owner</i>
Frank & Doris Curry, <i>owner</i>	Ben & Miriam Kraybill	Jim & Nancy Williams
Jeff Davis, <i>owner</i>	Dorothy Kroll	Donald & Barbara Witman
		Woodrow & Doris Ziegler

Buddy Society Members

Anonymous Friends	Fulton Bank	Andy & Toni Onushko
John & Mary Bogrette	Art & Nancy Gingrich	Chester & Verna Rose
Kenneth & Rosalie Bowers	Dennis Gingrich	Barbara-Ann Schubart
Ron & Heide Boneman	Milton H. Gingrich <i>in memory of Sara Ann Lehman Gingrich</i>	Bryan & Henrietta Seese
Pat Braden	Jack & Joan Given	Tom & Jolein Shenk
Jean Breisch	Dale & Georgia Good	Elizabeth B. Smith
Dorothy G. Bucher	Elsie Heisey <i>in memory of Winston Heisey</i>	James A. Snell, Esq.
Ray Cameron	June M. Hostetter	Donna & Peter Stanilla
Wendy Cooper	Alan & Linda Hubhart	Herbert & Beverly Steffy
Miles & Louise Daub	Galen & Catherine Kaylor	Richard Stone <i>in memory of Lorette Stone</i>
Dr. William & Sheila Davidson	Sue Kline	Fern Swope
Joan Davis	Glenn & Nancy Lerch	Charles & Joan Theal
Marilyn Rebecca Myers Dice <i>in memory of Rev. Roy M. Dice, Jr.</i>	Hal & Diane Lynch	Steven & Linda Tilley
Rod & Helen Dodge	Rufina B. Marquette	Shirley Tyson
Edward & Darlene Donald	Jeff & Joy Meck	Philip & Susan Wagner
Kirby Dubble & Sandy Keener	Janet Mueller	Isolde Wing
ECS Comfort Heating & Cooling	Karen E. Newmyer	Rosalie Woolley
Rowland & Grace Everett	Eloise O'Brien	Lois Young
Ron & Betty Flaig		Margaret Zumbo

A large circular model train track is set up on a white foam board. A red locomotive with "NOEL" written on its side is on the track. A red control unit is also on the track. The track is surrounded by small black trees. A man in a blue shirt and dark pants stands behind the track.

A Volunteer Finds the Way to Our Hearts Through his Passion!

Resident Ivan Hanson has taken his passion for trains as a way of giving back to his friends at Londonderry Village. For the past few years, he has created train displays that showcased his hand built, wooden and automated platforms which are found under our Christmas trees at the Main lobby, Snell Community Center lobby and inside the Wheaton apartment building. Any resident, visitor or child can turn the train on and watch it circle our beautiful holiday trees. Recently, Ivan added a second train at the Wheaton lobby so there are two different train styles under the tall, festive tree.

Last year, Ivan thought about the elders living in our Green Houses, Leffler Care and Personal Care units. How will they get to experience the excitement of trains moving on the tracks around a Christmas tree? Ivan set out to find a product that was firm yet light enough to create a “traveling train display”! He instantly had an idea and began building. He created a large platform out of a lightweight foam board and placed it on a large card table to bring his idea to life. Ivan mounted a track to the platform which is carried to each health care building. This traveling train display remains in an area for one week before being transported to a new setting for other Elders to enjoy. When the week is over, our porters (who work with our housekeeping team) move the display to the next unit. The train display travels through our nursing care areas during the season.

Ivan hopes that visitors will share memories with their loved ones when they start the engine, hear the whistle, and let the music begin as the wheels move along the track. It is a Christmas tradition that is warming many elders’ hearts this joyful season.



By: Mary Lee Harpel



Board Profile: Tom Shenk

By: Tyler Weaber

Work and Education

Born and raised in Lebanon County, Tom attended Cedar Crest High School and later graduated from Lebanon Valley College (LVC) with a degree in Economics. While attending LVC, Tom worked as a teller for Farmers Trust bank which later became Fulton Bank. Once a college graduate, he enrolled in their 9-month management trainee program where he was able to learn the many areas within Fulton Bank. Tom became a branch manager in 1997 where he oversaw the daily operations of several different branches. In 2009, Tom moved into the commercial lending side of the banking business and has remained there ever since. Tom is now the Senior Vice President, Lebanon Market Leader at Fulton Bank, and has loved every minute of it.

Family

Tom has been married for 26 years to his lovely wife Jolein, who has also volunteered over the years and loves being able to help our elders. Tom and Jolein have 3 children, Kayla (age 22) who is a photographer and soon to be married, Kyle (age 19) who is following in the footsteps of his father studying at LVC and their youngest daughter Kate (age 15) is a freshman at Palmyra Area High School.

History by Year

Throughout his work at Fulton Bank, Tom grew to know Wendie DiMatteo Holsinger, another member of our board. When Londonderry Village was in need of an additional Board Member, Wendie recommended Tom for the position. Tom joined our Board of Directors in 2018 and also serves on our Finance Committee, Development Committee and Governance Committee. "I have always felt so passionately about Londonderry Village because of their quality of care and commitment to their elders. We have one of the highest nurse to resident ratios in the area. Families feel a sense of peace knowing their loved one will receive top notch care when they come to Londonderry Village." When asked what Tom is most looking forward to in the future for Londonderry Village he said "Fox Run (our new expansion project). As a person in finance not only will Fox Run be an economic engine for the community, but it offers larger, high amenity homes for certain demographics we have not been able to appeal to in the past." Londonderry Village is very appreciative for Tom's dedicated service to the Board, his knowledge of finance and his vision for our Londonderry Village community. To finish, a quote: "The fact that we have never asked a resident to leave campus when their resources ran out is one of the main reasons Londonderry Village stands out so much to me" says Tom Shenk, member of our Board of Directors.

One of the KEYS to Life is in its Rhythm!

By: Mary Lee Harpel

Finding a way to share talents that we've developed is one of the greatest gifts we can give. Moving from one activity to the next is an exciting way to make the most of one's retirement. We slow down and find the time to give back. Finding a steady rhythm in spending time with family, friends, traveling, and giving back to others. We are fortunate to have several residents living at the village who use their gifts of rhythm in a purposeful way. They are using the black and white "Keys of Rhythm" to share their talents with others. Our piano and organ volunteers are so talented with their playing ability, combined with the time they dedicate to practice has created some wonderful programs for both the Independent Living residents and those elders in Health Care. During the pandemic, an idea was formed that turned into a welcomed tradition here at Londonderry Village. Each year during the Christmas and Easter seasons, time is set aside for our residents to enjoy to the beautiful music performed by our talented volunteer pianists. This year's Christmas concert will need two days to accommodate our number of volunteer musicians. A special thank you to this year's performers, pictured are

residents Franklin Shearer, Roberta Anderson, Ann Parks, Edith Utz, Bonnie Harris, Mary Umberger, Judy Dissinger and Susan Wagner (missing from the picture is Tilly Phillipy and Jack Givens). A variety of songs are selected to appeal to those who have different tastes in music, and some of those in the audience sing along to many of the popular songs being played!

We have volunteer residents performing in many different areas throughout the campus. Ann Parks has been sharing her piano talents in numerous ways whenever there is a need for music with a lively rhythm. Ann is known for her background music that is often played at special events such as our vaccine

clinics, Friday movie nights and matinees, and playing for those Leffler Care and Personal Care.

Sue Wagner and Roberta Anderson perform beautiful solos and duets, entertaining elders in our Personal Care on a monthly basis. It is heartwarming for the volunteers to see how music changes their day. These ladies also provide piano music that accompany the hymns being sung at our Gleaners Bible Study group that meets twice a month.

Bonnie Harris has been the accompanist for many hymn sing programs. She has an amazing repertoire of music and is known for beautiful duets with other musicians. In fact, most of the time you don't see Bonnie reading music, the music just flows from her hands! Tilly Phillipy enjoys organ and piano recital duets with Bonnie. monthly for these ladies to share their skills, the rhythm taking on a life of its own during some very complicated piano pieces.

The key to healthy living among all our volunteer musicians is in finding their special rhythm and to keep on playing. Music holds a connection to fond memories and uplifting feelings. When the feet are tapping and hands begin clapping, our volunteer musicians know they found a rhythm the audience is enjoying!



It Takes a Village

By: Lisa Thomas

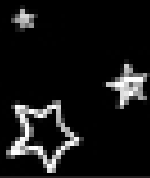
Perhaps Jean Vanier said it best with the words “One of the marvelous things about community is that it enables us to welcome and help people in a way that we couldn’t as individuals.” There is a great strength when people come together in support of a shared purpose and cause. The support Londonderry Village receives from community friends enables us to provide more for our elders than we ever could do alone.

At the very heart of generosity is an attitude of caring and compassion. Each gift to Londonderry Village is given with a sincere desire to help others right here in our local community. There is “warmth” in the many ways each of the following businesses as well as community organizations and churches support our mission and ministry. The warmth shared, in turn, inspires others and continues to ensure a loving environment here at Londonderry Village. The impact community partners make on our organization is quite profound. They are not just giving to a non-profit organization. Through their generosity they provide support to actual people, human beings, who live right here in their local neighborhood. Because of these local supporters,

our elders have peace of mind knowing they will be cared for should they outlive their personal financial resources or encounter extended health concerns. Peace of mind is a tremendous gift.

The names on the following list uphold a tradition of generosity to ensure neighbors and friends at Londonderry Village continue to receive financial assistance through the Good Samaritan Fund for benevolent care. These contributions come to us through the support of our special fundraising events, memorial /tribute gifts, the Buddy Society, the Future Fund as well as general contributions to our Good Samaritan Fund. Our Good Samaritan Fund helps to provide for the annual gap of approximately \$2 million in unpaid resident expenses. Benevolent care is a remarkable gift to give. Our heartfelt appreciation and thanks to the generous business donors and organizational contributors that have supported our mission and ministry during this year. Thank you for making a positive difference in the lives of those served by Londonderry Village. We truly value the many relationships we share and the generosity bestowed upon us.





It Takes a Village

1825 Inn Bed and Breakfast
Adventure Aquarium
AGI
Akens Engineering Associates, Inc.
Allwein Carpet One
Annville Church of the Brethren
Anonymous Friends
Arc Herkimer Executive Team
Arthur Funk and Sons, Inc
ASK Foods, Inc.
Atlantic Northeast District
Balsbaugh Insurance Agency
Beers & Hoffman Architecture
Blue Mountain Ministries
Bosco's
Buse Funeral Home
Cherry Crest Adventure Farm
Choo Choo Barn
Cleona Dental, LLC
Colortech, Inc.
Conewago Church of the Brethren
Crossroads Technologies Inc
Dayne's Automotive Center
Dutch Apple Dinner Theatre

Eastview Elementary School
ECS Comfort Heating & Cooling
Edward Jones
Eldon Martin
Everence
First Church of the Brethren
Fox Meadows Creamery
Fulton Bank
Gettler Electrical Services, LLC
Heidelberg Church of the Brethren
Heisey Machine Company
Hershey Country Club
Hershey Gardens
Hershey Door Service, Inc.
Hershey Long Term Care Pharmacy
Hershey Resorts
Home Instead
Hoover Funeral Home
Infinito's Pizza Buffet
JBT
Karns Prime and Fancy Foods Ltd
Kegel's Produce
Keller Bros. Motors
Kern Landscape Co., Inc.

Klick Lewis, Inc.
Kreamer Bros. Furniture Co.
Kreamer Funeral Home &
Crematory, Inc.
Lake Tobias Wildlife Park
Laudermilch Meats
Lebanon Church of the Brethren
Lebanon Valley Family Medicine
Lebanon Valley Hiking Club
Leitzel's Jewelry of Myerstown
Lindsley Development Consulting
Little Swatara Church of the
Brethren
Londonderry Village Auxiliary
Longwood Gardens
Mark's Helping Hand
Martin Appliance
Materion Corporation
Meyer Oil Company
Mohrsville Church of the Brethren
Mount Gretna Hide-A-Way
Order of the Eastern Star, Hershey
Chapter No. 509
PA Dairymen's Association
PA State Police Museum
Palmryra Bowling
Palmyra Church of the Brethren
Pine Creek Structures
Priority Media
Pronio's Market

Redner's Market
Retirement Community of LVBH
Ridgeway Community Church of the Brethren
RM Kitchens, Inc.
Schuylkill Church of the Brethren
Schwalm's Cleona Restaurant
Shady Maple Smorgasbord
Shope Gardens Construction, Inc.
Sinkhole Saloon
South Lebanon Community Church
Splinters Woodshop at
Londonderry Village
Spring Creek Church of the
Brethren
Spring Creek Seekers Class
Starner Excavating, LLC
Stauffers of Kissel Hill Corporate
Office
Stone Barn Furniture
Stonebridge Financial Group, LLC
Stony Bridge Landscaping, Inc.
Team Shope
Texas Roadhouse
The Amish Farm & House
The Benecon Group, Inc.
The Hershey Story Museum
The Lazer Factory
Turkey Hill Experience
Weaver's Lawn and Garden
WJTL

SHOPE GARDENS CONSTRUCTION INC

Building on a tradition of excellence and quality for over 40 years



- Shope Gardens Construction has been a trusted contractor for Londonderry Village since 1980.
- Our team of knowledgeable and skilled craftsmen focus on the needs and desires of our clients.
- Attention to detail ensures the integrity of their work as well as a beautiful end result.

ANTHONY KEMP

717-879-9413

ShopeGC@ptd.net



SHOPE
GARDENS
CONSTRUCTION
INC.

"Thank you" Londonderry Village for giving us the opportunity to help you grow in your mission to serve others. We have cherished the relationships we have built with the residents and Londonderry Village staff over the past 40 years. May you be blessed with good health and may you find God's peace in the midst of the world's turmoil.

Recreational Therapy

By: Myranda Mamat

When a resident living in Personal Care or Leffler Care gets their monthly activity calendar they are met with various activities happening throughout the month. Input and suggestions from residents are the number one thing that keeps activities fresh and fun at Londonderry Village. We have a heavily attended two-times-a-week BINGO in Personal Care which is run by Elaine Thompson and Marcia Blatt. In addition this year we have added piano playing by various Independent Living volunteers which the elders love to gather around and listen to throughout the month.

With the changing of the seasons and the autumn colors painting the trees, the elders, from our Green House homes, Personal Care, and Leffler Care Center, have been enjoying weekly bike rides on the trishaw bikes. These bike rides not only bring joy to the elders with the beautiful landscape of Londonderry Village but also memories; riding by their previous homes or apartments where they can stop and see their former neighbors.

With the addition of the new van for Therapeutic Recreation, the elders have been going on trips. The van, which can hold up to three wheelchairs, provides a safe and comfortable journey for the elders. Elders have been enjoying hour long drives through the countryside to look at the beautiful fall scenery. Another elder favorite are trips to the Village Boutique where they can browse for anything that catches their eye. The convenience store is a favorite of all and a quick stop for snacks, drinks, or any other necessity that the elders need.

The activities and events at Londonderry Village have returned to a much needed normalcy. During the late summer elders enjoyed attending the Summer Concert Series on the lawn. The varieties of music allowed for a multitude of elders to enjoy listening to music of their diverse tastes. Elders also enjoyed the Independent Living Annual Estate Yard Sale. Recently, we decided to reinstate the annual Halloween Trick-or-Treat. In order to prepare we had gotten pumpkins and the elders had a blast decorating their pumpkins to be put outside on the evening of the event. With the help of candy donations and the very much appreciated sorting

of candy into buckets from the elders, we had a successful night! It was a perfect evening that was the topic of discussion treat for weeks afterwards.

The Veterans Day Parade was a blast for those in the Green Houses. Many of the elders served in the military and were delighted by the presentation and the vintage cars that drove by. For those who wanted to attend the Veterans Day service in the DiMatteo Worship Center, we provided transport with the help of volunteers. Elders enjoyed seeing their friends and enjoying the snack and drinks provided after the beautiful service.

The activities and events at Londonderry are growing as well as the diverse interests of the elders. We strive to create a fun and joyful calendar each month with new ideas and wonderful suggestions by the elders. Events like Donuts and Documentaries, where elders can enjoy a snack social while watching and learning something new or,

Door Decorations- monthly themed decorations that fit in with the house's holiday decor. Even simple games like Scrabble or Guess the Song are ones that many elders love- there is always something for everyone!



Events

2023

20
May

Mother's Day Live Butterfly Release

Our live Butterfly Release is a favorite event each year. Join us for a meaningful afternoon as we recognize the special people in our lives. Sponsor Painted Lady Butterflies in honor or in memory of loved ones. Tribute gifts are an enduring way to honor or remember cherished friends and family or commemorate special occasions in our lives. This event includes inspirational speakers and music followed by participants releasing their butterflies. For those who sponsor butterflies and are unable to attend, butterflies are also released en masse during the program. Londonderry Village also offers personalized, tribute bricks inlaid as part of the pathway at our Shearer Family PlayPark located adjacent to our Green House neighborhood. The dedication of tribute bricks added to the pathway will be included in the program. Light refreshments immediately follow the release and dedication. This event is open to the public and is appropriate for all ages. Donors, honorees, their families and friends are welcome to attend the ceremonies. RSVP is required. To learn more please visit our website at www.londonderryvillage.org or call our Development Office at 717-838-5406 ext. 3052 for a Butterfly Release brochure.



21
Sept.

Cathy Snell Memorial Golf Tournament

Gather your clubs and your friends for this popular outing. Open to the public, we invite golfers of all skill levels to join us for this event! A relaxing day for both men and women to enjoy fun, fellowship and fresh air. Royal Oaks Golf Club is an 18-hole championship golf course for players of all skill levels with five sets of tees. Grill Room and Pro Shop are open prior to registration. Registration includes greens fees, use of cart, lunch coupon, practice balls and a hot buffet dinner. Individual golfers are welcome and will be included in a foursome. The scramble format allows golfers to play your team's best shot throughout the round. Tournament prizes awarded for three flights, men's and women's longest drive and closest to the pin. Golfers have a chance to win \$10,000 with a hole in one on the 8th hole! There will also be opportunities for auxiliary prizes. Not a golfer? Join us for fellowship and the delicious hot buffet at the awards ceremony after the teams come off the greens. Tournament sponsorship and tee sign opportunities are also available. To learn more visit our website at www.londonderryvillage.org or call our Development Office at 717-838-5406 ext. 3052 for a golf brochure.



Visit our website at www.londonderryvillage.org and click "giving" to watch a video about our Good Samaritan Fund and the many events and programs that support it.

For more information about Londonderry Village, our Good Samaritan Fund or ways to help support our mission and services, please contact our Development Office at (717) 838-5406 x 3052.

Events

2023

July

Summer BBQ Bash

Plan to join us for our Summer BBQ event featuring a variety of food, baked goods and other sweet treats. Enjoy a lively outdoor concert on the lawn featuring the Josh Squared band, one of the most popular and sought-after musical groups in Central Pennsylvania. An antique car & tractor show, fun family activities for children and others will also be part of this event. We invite the public, the local business community, and local community organizations to join our residents, employees and their families as we come together as a community to celebrate our mission and ministry! Tickets go on sale for this event May 1, 2023. You can also show your support by being an event sponsor or placing an ad in our event booklet. Visit our website at www.londonderryvillage.org or call our Development Office at 717-838-5406 ext. 3052 for additional details.



10
Oct.

Good Samaritan Fund Dinner

The Good Samaritan Fund Dinner continues our tradition of raising funds to assist those who can no longer fully afford to pay for their care and housing. Held annually on the second Tuesday of October, the dinner is a tradition of fellowship and generosity. Each October we invite you to donate to the Good Samaritan Fund and we say thank you with an evening of camaraderie, a wonderful meal and lively entertainment. Event sponsorships and table sponsorships are also available. For more information visit our website at www.londonderryvillage.org or call our Development Office at 838-5406 ext. 3052 for a brochure.



14
Dec.

Making Spirits Bright

Making Spirits Bright is a wonderful way to bring joy to others while also showing support for our Good Samaritan Fund. Each December we invite you to share a bit of "hope and light" with others. It's a time to cherish loved ones, family and friends, who are dear to us. For each contribution of \$20 a luminary is displayed on our campus. Luminaries can be dedicated to the memory of a loved one or given in honor of a special individual. Each luminary features the name of the person being honored or remembered. In addition to guests walking through the beautiful luminaries and holiday lights at the Shearer Family PlayPark, the evening's festivities will include carolers, cookies, holiday treats, cocoa and camaraderie around the outdoor fireplace! Making Spirits Bright is wonderful evening of recognition, remembrance, gratitude and hope. For more information visit our website at www.londonderryvillage.org or call our Development Office at 838-5406 ext. 3052.



Cathy Snell Memorial Golf Tournament 2022

By: Elijah Blauch



What a beautiful day to have our annual golf tournament. The tournament was held Thursday, September 15, 2022, at Royal Oaks Golf Club in Lebanon. Golfers, men and women, even children of all skill levels enjoyed the day. The course challenged more serious golfers, while novice and “once-a-year” golfers found the course to be both forgiving and beautiful.

Following a day on the greens, golfers gathered in the banquet hall to enjoy a delicious hot buffet dinner. Lisa Thomas, LV Director of Development, then announced the tournament winners and the winners of contest prizes.

The tournament featured sponsored challenge holes. Challenges included “Closest to the pin” where the golfer with the closest shot to the hole from the tee-box would win a prize. The prizes included gift cards and one hole was even played for \$10,000! If you got a hole-in-one on the specified par-3 hole, then you would walk away with a huge prize. Unfortunately for the golfers, no one hit that lucky shot.

Special events, like our golf tournament, are important to our mission and ministry. All proceeds from our Cathy Snell Memorial Golf Tournament benefit our Good Samaritan Fund, helping to cover the cost of care for those residents who have outlived their financial resources.

We appreciate all the golfers, volunteers, sponsors and prize donors who contributed to making the event both fun and successful. We can't reiterate enough the importance of the community's involvement in helping Londonderry Village care for elders who need financial support. The support we receive is truly an act of kindness.

STAFF SPOLIGHT

By: Tyler Weaber

“There is a sincere foundational interest and concern for each person, whether it be elder or staff member here at Londonderry Village. This is almost nonexistent in other companies nowadays” say Human Resource (HR) Director, Lisa Morganthall.

Lisa, who was born and raised in Waynesboro, PA is an only child. She has fond memories of going to Ocean City Maryland from a young age. “We always grew up going to OCMD. My aunts, uncles, cousins, everyone.” Years later this is still one of Lisa’s favorite vacation destinations as her parents purchased a beach condo. Each September, Lisa and her mother travel to OCMD to enjoy the off-season beach life. A graduate of Waynesboro Senior High School, Lisa continued her education by attending York College of PA where she earned her bachelor’s degree in Therapeutic Recreation. Since graduating from York College, Lisa has also earned HR certification through the Society of Human Resource Management (SHRM-SCP) and the Human Resource Certification Institute (SPHR).

Fresh out of college Lisa entered the human services field where she worked at a facility for children and young adults who were disabled. She started as a supervisor and eventually transitioned into their HR department, or as it was called then personnel department. “Years ago, there weren’t many colleges offering degrees in Human Resources. As labor laws have continued to be enacted to protect workers’ rights, there was a need for colleges and universities to create a program for Human Resources”. After 10 years with that company Lisa then worked for Montgomery Ward, where she was a district HR manager. After only 2 years of employment with Montgomery Ward they declared bankruptcy, so Lisa accepted a position with Manor Care in Camp Hill. She was there for only a short time as the company was preparing for a corporate buyout. Lisa, who was in the market for a new job, saw that Londonderry Village (formerly Lebanon Valley Brethren Home) was hiring for a Human Resource Director. After interviewing with our former President, Cathy Snell, Lisa was offered the job in 1998 and has been with the company ever since.

In 2000 Lisa purchased her home in Palmyra that she currently shares with her 2 beloved cats, Chloe and Nicholas. In her free time, she enjoys traveling, her favorite



destination is Maine, which she has visited multiple times. While in Maine, she loves whale watching and on one trip she was able to witness a Fin whale, the second largest animal in the ocean. Lisa also enjoys baking; fruit pies are her favorite. “The secret ingredient in homemade crusts is lard. You must use lard” says Lisa. This is something she learned from her grandmother.

Over the years Lisa has worked hard to grow staff benefits and offer competitive compensation in an everchanging world. She is currently a member of the Human Resource Committee that meets regularly to discuss HR practices, review corporate compliance and address any HR related issues. With the complexity of ever-changing labor laws, nursing licensing regulations and the future growth of the campus, Lisa foresees a need for her team to grow in the future. “One staff member will be a full-time recruiter; the other staff member will focus on benefits and staff training.”

We are so thankful for Lisa’s continued hard work and dedication to not only our staff but our Londonderry Village community.

Our Evergrowing Family of New Residents

By: Donna Stuart



Patricia Coutts, Ardley Apartment

Pat grew up in Union Deposit and graduated from Lower Dauphin High School then worked and retired from the State after 29 years of employment. While working for the state she met her husband, Jim.

As time went on Jim decided it may not be a good idea to work together if he and Pat were to pursue a romantic relationship, so he applied and landed another position with a different company. Jim used to tell her -in a joking manner "you were my best supervisor" and after talking and spending much time together they fell in love and were married. They lived in Hummelstown where they raised their 2 sons (John and David).

At some point Pat's aunt who lived in Florida started to have health issues and required assistance. Pat and Jim started to make trips to Florida on a regular basis. On average they made 6 to 7 trips per year to assist Pat's aunt.

As time went on the kids grew, moved out and started their own families. Pat and Jim started thinking about retirement. With the kids being grown they agreed to move to Florida. They purchased a beautiful villa with a courtyard within a mile of her aunt in order to continue helping her and they lived in Florida full-time.

Once Pat's aunt passed Pat and Jim started to think about their grandchildren (now in New York) and decided they wanted to come back to Pennsylvania. Before they had the opportunity to move north, Pat's husband became sick and by the time they could properly diagnose him, his health worsened and sadly he passed away. A short time later Pat's dog had passed so even though she has friends and much support in Florida she started to become a little lonely for home and decided to move forward with the plan to move back to PA.

Throughout Pat's life she managed to stay in touch with her good friend Judy Cook who is a resident at Londonderry Village. Pat and Judy are friends since childhood. Pat started to consider places to move in Pennsylvania and spoke to Judy. They talked about Londonderry Village and soon after Pat applied for residency here. Once called she planned as quickly as possible to move.

While interviewing, Pat had some nice memories of Florida but kiddingly said "I hated the golf carts, and everywhere we went, while living in the Villages that is all people drove".

Pat says she is glad she is close to Hershey Medical Center because she has always been treated well there. Although fairly new to Londonderry Village, Pat has managed to get a massage, and made time to cook and bake several items for the bazaar and recently had an opportunity to enjoy the pool in the Wellness Center. She likes her new apartment and is enjoying Londonderry Village.

James and Janet Geesamen, Cottage

The Geesaman's (Jim and Jan) went to Lower Dauphin School and became high school sweethearts. They were married in May of 1970 and in 1972 purchased their first home in Palmyra, PA., where they raised 3 daughters and lived for a total of 50 years. Fast forward today- they now have a total of 6 grandchildren ranging in age from 19 to 29.

Jim and Jan both have relatives that once or currently live here at Londonderry Village including Jim's parents and Jan's grandparents. Jan's aunt lives in Royer Gardens and she has other family in the Wheaton, so they have known about our community for some time. Many of their friends and acquaintances from church live within the Londonderry Village Community as well.

Jan likes to quilt, cross-stitch and sew. She enjoys staying active by swimming laps, walking and running. Jim is an avid reader and a history buff. Both Jim and Jan are Philadelphia Flyers fans.

Throughout the years Jim and Jan have traveled quite extensively. Some of their adventures include a cruise to Nova Scotia, a trip to both Mt. Rushmore and Yellowstone. They have gone as far as Hawaii and Alaska.

For a while Covid-19 put a damper on travel plans for many and for the Geesaman's, sometimes travel plans were placed on hold or cancelled. As time went by and life started to get a little back to normal Jim and Jan started to get out and about again. Just this past September they visited Colonial Williamsburg. The Geesaman's tell me the "Next Trip" they hope will be to New Orleans.



Ed and Carol Gregorich, Duplex

Married over 50 years, the Gregorich's are living a very full life. Prior to moving to Londonderry Village they resided in "The Villages" in Florida.

Both Ed and Carol are native to Pennsylvania. Ed worked for over 30 years at TMI and also coached girls' basketball for the Catholic Youth Organization. Although Carol wanted to pursue a career in special education she decided on teaching in elementary education instead. Carol retired from Harrisburg Area Community College as an Acquisition Specialist working in the library.

They lived and raised their children in a small knit community in Middletown, and prior to moving to Florida, lived at Alden Place in Lebanon county. They have 3 children and 4 grandchildren. Some of Ed and Carol's interests include antiquing and looking for items to add to an already amazing amount of Penn State memorabilia. Ed still enjoys tailgate parties and for over 30 years has held season tickets for Penn State games.

They are especially big on family. Carol likes to play bridge and creates family yearbooks every year. She has created a book for her grandchildren consisting of items from years ago, examples-washboards for cleaning clothes, old radios for listening to stories, rotary dial phones and more. Ed has assisted Bob Fike (a new found friend) who also lives in our community with picture hanging in the corridors of the Snell Community Center and has also participated in our annual Golf event.

In January Ed plans on getting involved (possibly leading) the water volleyball here on campus. They've already made Londonderry Village their home. Ed says "we are in our 70's but still young."

A Life Moment

By: Mary Lee Harpel

When a unique opportunity comes your way how will you react? Are you the type of person to say, "Sure, why not?" Well, resident Bob Engelman is that kind of guy. He has lived his life stepping up to opportunities from a young age. It has become part of his life's interesting adventures.

It began early when his father asked him to jump up onto a tractor to plow a field on the family farm. At the early age of six he enjoyed the thrill. He could not wait to drive the tractor. This began his life's path into farming and later as a Mechanic for a demolition company. Bob continued working on the family farm into his late twenties.



Then another opportunity encouraged Bob to make a change. With his wealth of knowledge working on all types of farm equipment he naturally moved into large equipment used in demolition of buildings. A new direction in life was about to unfold, which led to many different areas within PA, NJ, and DE.

Demolition work is hard on the equipment, causing continuous break downs. Bob's job at Geppert Bros. Inc. was to get the system back in working order. He drove from one area to the next. A busy job, of travel and repair, allowed him the opportunity to meet many different men at each location. One of the areas he worked in quite often was Philadelphia, PA.

This brings me to an unusual story of timing in life! A friend of Bob's at one of the sites on a big job in South Philly yelled through the loud sounds of the breaking and crashing noises of a building coming down. Joe Dolan yelled, "Hey, come stand with me, this guy wants to take our picture! He is working on a project.

Come on he wants you to hold a sign." Bob responded as he always has, "Sure, I'll hold the sign!" Well, he climbed up onto the pile of rubble and the rest is history!

The sign Bob was holding was four simple letters colored in red L-O-V-E, were the letters outlined in yellow. The photographer snapped the picture, which became a wonderful moment in history. Two hard working men standing in an area destined for change in the city of Brotherly Love, Philadelphia. The LOVE sign Bob was holding was a project of a photographer, Robert Rosenheck, who had an idea to travel across America. His goal was to capture people holding this LOVE sign that he had found in a thrift shop. The idea allowed him to meet many notable people all over the country. There were everyday people, movie stars, politicians, international celebrities, and children. Bob asked the young



photographer, "Will this be in the newspaper some day?" The creative artist said, "I hope so. That is my goal someday."

Well, time passed. Bob had forgotten about the unusual experience he had on that loud, busy day in South Philly, in 1993. Then out of the blue, Bob received a call from his niece living in the Philadelphia area. She had opened the Philadelphia Inquirer Magazine on July 10, 1994 and saw a very large picture of her Uncle Bob holding a LOVE sign. The article was titled, "Fool for Love, All he needs is for you to hold his red and yellow sign," by Michael Vitez. He was the staff writer for the Philadelphia Inquirer Magazine.

Bob and his friend were featured in a large picture, surrounded by many famous people. It was even printed in color! Wow, this was such a surprise for his niece to see her uncle in this special article. What are the odds that she would stumble upon this photo? Bob would never have known that the photographer's work had been published, or the impact he and his friend had made through a simple photograph. This picture of hard working Americans stood strong in the center of all the other pictures selected for the article. The LOVE sign had traveled all across the country capturing thousands of expressions of LOVE in many different ways.

The artistic photographer was trying to rediscover LOVE in his own life by capturing expressions of LOVE through all types of people. LOVE is seen through the eyes of those who allowed him to snap a picture of a moment in time. Many people said no. It was determination that drove the photographer to continue the search. All art is in the eye of the beholder. All LOVE is felt through allowing LOVE to enter. Thank you, Bob, for sharing this special moment in your life that contributed to spreading a feeling of LOVE all across our country.



Bringing Hope and Light to the Holiday Season

By: Lisa Thomas

The holidays bring memories of past times and anticipation for celebrations yet to come. The Christmas season is a time to cherish loved ones, family and friends, who are dear to us. In the spirit of giving, each December we invite people to share a bit of hope and light with others during the holiday season for our Making Spirits Bright Luminary event. 2022 marked the third year for this event. Its origins grew out of the pandemic. In 2020 during the pandemic, we needed a way to bring some "light", hope" and "togetherness" to our community during the holiday season. As many recall, it was a time when folks weren't able to gather together. The luminaries were a way to symbolically connect people with one another. The concept and event turned out to be a popular one and continues today. It truly is a wonderful way to bring joy to others while also showing support for Londonderry Village's Good Samaritan Fund.

On the evening of December 19, 2022, the walking paths at our Shearer Family PlayPark glowed with the softness of 200 luminaires. Each displaying the name of special people being honored and remembered. Donors who participated and others were able to stop by to view this stunning scene. Trees wrapped with the soft glow of holiday lights illuminated the space and the outdoor fireplace shared its warmth. At the Playpark's center courtyard, the beautiful vocals of "Sum of Each" filled the air with favorite a cappella tunes. People gathered around the outdoor fire pit sipping hot cocoa and enjoying sweet treats while chatting and laughing. At one moment during the evening one of the guests even commented on how "it felt nostalgic and a bit like being in a Norman Rockwell painting." Guests experienced the luminaries by talking a stroll through the lights, reminiscing and simply "catching up" with friends and family.

The luminaries gave a unique opportunity for people to not only pay special tribute to someone but also to create a feeling of "connectedness" as a community. All the luminaries shining together became as a bright symbol of community. On that evening no matter where each person may have been the light shared on that evening brought everyone together in heart, mind and spirit.

Thank you to all who participated in our Making Spirits Bright Luminary event. Community support certainly does make spirits bright. We appreciate the profound impact made not only on the evening of the event but also the lasting impact made for our elders as they receive care in the days ahead.

A Special thanks to our sponsors for 2022:

Crossroads Technologies

Shope Gardens Construction



**Crossroads IT
Management Solutions**

Today's highly competitive environment demands that organizations do more with less.

Provide Your Organization With a Strategic IT Plan for the Future

YOUR TECHNOLOGY IS **VITAL**
YOUR DATA IS **VALUABLE**
YOUR SECURITY AND PRIVACY ARE **CRITICAL**

engage@crossroadstech.net | www.crossroadstech.net | 888-548-3893





145 North Grant Street
Palmyra, PA 17078
717-838-7034
Jeffrey W. Buse
Funeral Director

2 East Main Street
Hummelstown, PA 17036
717-566-2016
Donna R.G. Buse
Funeral Director

9066 Jonestown Road
Grantville, PA 17028
717-469-2341
Nathan W. Buse, Supervisor
Branch Location



Nathan, Donna, and Jeff

Faithfully serving our communities for over 42 years

www.BuseFuneralHome.com

Support Londonderry Village with Your Amazon Purchases

Today technology is at our fingertips and many of us shop online. Amazon is a popular option for online shopping. It's quick, convenient and it can even benefit Londonderry Village with AmazonSmile (smile.amazon.com). AmazonSmile is the same Amazon you know. Same products, same prices, same service. When people shop through AmazonSmile the benefit is that Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice. We hope you'll choose Londonderry Village.



Follow these simple steps to get started and let Amazon do the rest:

Step 1: Go to www.smile.amazon.com then sign in with your Amazon.com credentials (the email and password you use to shop on Amazon).

Step 2: Choose a charitable organization to receive donations.

Step 3: Select "Londonderry Village" and start shopping!

Thank you in advance for your support. And, now you have another reason to shop!

Remember, always start at smile.amazon.com and Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases.

Loburn Valley Brothers Home (DBA Londonderry Village) is a 501 (c) (3) non-profit corporation, donations to which are tax deductible to the fullest extent of the law. No goods or services were exchanged in consideration of this gift. The official registration and financial information for the Loburn Valley Brothers Home (DBA Londonderry Village) may be obtained from the Pennsylvania Dept. of State by calling toll-free within PA: 1-800-732-6999. Registration does not imply endorsement.