

December 2023

INDEPENDENT LIVING NEWSLETTER



Table of Contents

IL Committee Info...	2
Pres. Ponderings.....	3
Activities Locator.....	4
Campus Information	
5,6,7,8,9,10,11,12,13,14	
Wellness Way....	15
Village Conv. Store...	16
Estate/Barn Sale News....	17
Speakers/Talks/Groups	
18,19,20	
Trips/Excursions	21,24,25
Coloring Page....	22,23
Reminders....	26,27
Calendar...Center	
Programs in the	
Di Matteo...	30,31,31
Special Announcements...	33
In Memory...	34
Common Good...	35
Friday Movies...	36
Housekeeping Corner...	37
Village Art Center..	38
Fun & Games...	39
LV Aux. News...	40
Dining Services...	41,42,44
Trash Recycle Page...	45,46
IL Comm. Notes...	50
Reservation Slips..	43,47,49,51
Village Voice...	52
Insurance Review...	53
Safety/Security/	
Transportation...	54,55
Café Menu Back	

IL Committee



Presidential Ponderings - December 2023

I was born and raised in Bethlehem, Pennsylvania. The so-called "Christmas City" has a strong affinity for all things related to Christmas. On top of the mountain that overlooks the city there is a very bright, electrically illuminated "Star of Bethlehem" that actually appears to glow in the dark night sky. In the historic section of downtown Bethlehem, hundreds of window candles and "Moravian stars" shine onto the cobblestone streets. Horse drawn carriages ferry countless out-of-town tourists past the imposing Central Moravian Church and through the picturesque surrounding neighborhoods. Even more tourists descend on the city for the shopping ecstasy of the famed Christkindl Market. It is hard to outdo the city of Bethlehem when it comes to Christmas!

My roots are in Bethlehem, but my home is now in central PA. Christmas has a much different meaning at this stage of my life. The only presents I care about, now, are the ones that light up the eyes of my grandson. I take pleasure in our adult children who make the Holiday pilgrimage back to Harrisburg, and long for the presence of those children who live too far away to join us. I try to be generous to those charities who are supporting individuals that are experiencing health crises and/or who lack adequate resources such as housing, clothing, and food security. I recognize how fortunate I have been, and am thankful for my many blessings.

One of the good things about growing up in Bethlehem was that "Baby Jesus" was not forgotten during the Christmas season. Santa Claus was certainly popular, but the Star of Bethlehem and the multiple Nativity scenes around town were all about Mary, Joseph, and their heaven-sent baby boy. His journey and ministry might have started in Bethlehem, but it is now available worldwide, and to all who call him Savior.

May the true Light of the World shine brightly on you and your loved ones this Christmas Season.

*Merry Christmas Everyone,
Jeff Shireman, President*



Campus Information

Activities Locator

Bell Tones - Theater Room

Billiards - Game Room

BINGO - Fellowship Hall/Di Matteo Worship Center

Caregiver Support Group - Theater Room

Chaplain's Independent Living Bible Study - Fellowship Hall

Conversations with Friends - Di Matteo Worship Center

Friday Game Day - Theater Room

Friday Movies - Di Matteo Worship Center

Games of Choice - Atrium

Gleaners - Fellowship Hall

Hand Bell Choir - Di Matteo Worship Center

Health, Safety & Prevention - Di Matteo Worship Center

Ladies Afternoon Tea - Atrium (next to the Café)

LV Book Club - Village Art Center

Men's Bible Study - Fellowship Hall

Sequence, Bridge, Hand & Foot, Pinochle, & Wii Bowling - Studio

TED Talks - Theater Room

Veterans Club - Village Art Center

Village Harmony - Di Matteo Worship Center

Walking Group - Meet at Snell CC fountain

What's New with Jeff - Di Matteo Worship Center

Textile Group, Cards & Crafts, Mixed Art with Cindy,

Adventures in Art, Sally Ann's Mixed Arts - Village Art Center

Trips leave from Snell Community Center



Campus Information

The "Village Insider" with Francis: No December Meeting

There will be no December "Village Insider" lead by Francis Glynn, Environmental Services Director. We will return January 15th 2024 with regular meetings the third Monday of each month in the DiMatteo Worship Center Chapel from 1 PM - 2 PM.

This meeting will cover Met-Ed's announcement to increase their rates beginning Dec. 1st. The approximate rate increase is for all of PA. The electricity supply rate is moving from 10.324 -11.31. This is the cold season so expect a rate change in your monthly bill.

Questions: Call Mary Lee at 3186.

Alert: Village Insider will be on Channel 4, YouTube, and recorded on Touchtown.

We encourage audience participation for discussion and questions.

KEEPING YOU
Informed

Newsletter Reservations

A friendly reminder when filling out reservation slips, please be sure to include your name (first & last) and all the needed information on each slip.

If money is required, please place all monies into a sealed envelope. **Please cut all slips apart.**

Please place all reservation slips and envelopes into the IL Reservation Box located on the wall across from the Snell Community Center Receptionist desk.

You are expected to attend the event if you signed up.

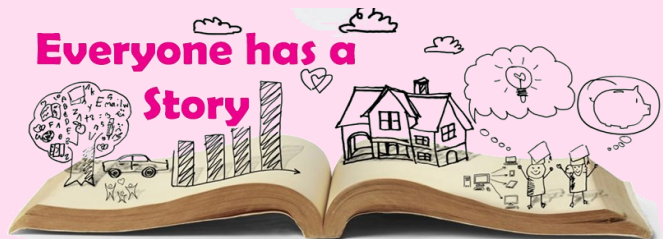
If you receive a telephone call, from either Trudy or Mary Lee, it is because the event has been filled. You will be placed on stand by for a possible opening.

There is a listing of all resident trip reservations in the binder located at the Snell Community Center.

Thank you for your cooperation.

Take time to read about our friends here at LV "Everybody Has A Story"

Someone needs to hear your story. The stories are located in the Snell CC Living Room and the Library. Please contact Jack or Pearle B.



Massage Therapy at Londonderry Village

Discover the health benefits of Massage therapy available at our LV Health Clinic. Crystal (Crys) Bashore is a Licensed Massage Therapist available by appointment weekly on either a Tuesday or a Thursday rotation each week. She is extremely flexible in accommodating schedules. Crys can be reached by either telephone 717-644-1169 email at simplyhands2@gmail.com

Resident Rates:

60 minutes \$68

30 minutes \$34

15 minutes \$17

Gift Certificates are available at any reception desk



Campus Information

Veterans Day Christmas Brunch: Saturday, December 9th at 10 AM

The Veterans Club will be having a Christmas Brunch Saturday, December 9th at 10:00 AM in the Village Art Center. Spouses welcome to attend. **Contact Chuck T. to reserve your spot.**

Display Cabinet: ITEMS NEEDED TO DISPLAY

We are in need of items for the Display Cabinet in Snell Community Center. If you have a collection you would like to share with your friends here at LV, please consider displaying them for all to see. Stop by the Snell Receptionist Desk and sign up with Sandra. Items are on display for 2 months at a time.

Game Day: Friday December 1st & 15th

Join us every 1st & 3rd Friday of each month at 1:30 PM in the Theater Room. We play a selected board game & more importantly, have a lot of fun! No reservations needed. Questions call Trudy at Ext. 3048

Game and Tech Night: NO DECEMBER MEETING

There will be no Game and Tech Night in December. The next meeting will be Monday, January 22nd at 6:00 PM.

New Years BINGO: Friday December 29th

Join us as we ring in the NEW Year while playing BINGO, Friday, December 29th at 1:30 PM in the Fellowship Hall. There may even be some festive accessories to add to the fun!

Reservations required. Questions: Call Trudy ext. 3048



Buffenmyer Model Train Display

Jay and Carolyn B. will be opening their home again for visitors to view this wonderful model train layout with many local landmark scenes in a winter setting. Additions this year will include a diorama of the Haines Shoe House in York County and an old time train station in Elizabethtown build in 1914. The layout is in the basement of their home at 107 Lafiya Drive, so it is limited to residents who are able to use the stairs unassisted. Reservations are required to avoid congestion, improve viewing experiences, and to provide you with preliminary information before you visit. Sign up slips are in this newsletter to choose the date and time. Any questions: Please call Jay or Carolyn

Campus Information

Look Who's 99!

Three lovely ladies who live in 100 Cottage Drive Apartments became 99 years old this fall. They are Clara Mae H. Kitty K. and Doris P. Our Caring Neighbors and Friends celebrated on Thursday November 16th, 2023.



You've shown that the way to a long life is also the way to a good life!!! For the example you have set today, we are honoring you, not because you have lived long, but because you have lived so well!!! Happy 99th Birthday and many more!



Merry & Mindful

**Join us every Friday (8:30 – 9 AM in the studio)
in December to center yourself
during the busy holiday season.**

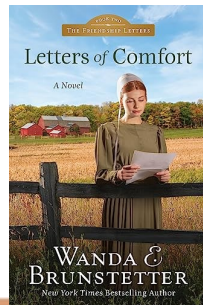
Each **Merry & Mindful** class will consist of:

- 20 minutes of gentle stretching and breathing
- 10 minutes of educational health and wellness material
- A healthy and festive recipe to take home and try!

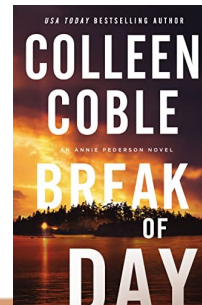
Please join us December 1st, 8th, 15th, 22nd, and 29th

Campus Information

What's New at The Stoneback Library



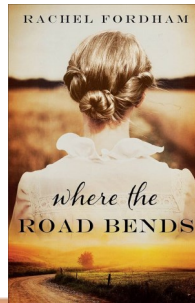
Letters of Comfort
The Friendship Letters Series #2
Wanda E. Brunstetter



Break of Day
An Annie Pederson Novel #3
Colleen Coble



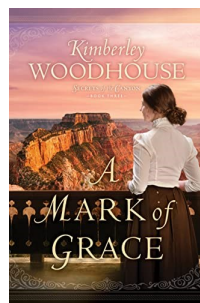
Anything But Plain
Suzanne Woods



Where The Road Bends
Rachel Fordham



When The Meadow Blooms
Ann Gabhart



A Mark of Grace
Secrets of the Canyon Series #3
Kimberley Woodhouse



Yesterday's Tides
Roseanna White



The Palmyra public Library services are open!

Stop to browse for a good book to read!

Hours: Monday through Wednesday 10am to 7pm

Thursday and Friday 10am to 5pm

Saturday 9am to 4pm*

Campus Information

**IF YOU HAVE TROUBLE READING THE
IL MONTHLY NEWSLETTER DUE TO POOR
EYE SIGHT, PLEASE CONTACT
Mary Lee at 3186 or Trudy at 3048.
We will arrange a volunteer to
read the newsletter to you.**

**THE MONTHLY NEWSLETTER
INFORMATION MUST BE TURNED IN
PRIOR TO THE 15TH OF EACH MONTH.
THANK YOU :)**

**High-Rise Apartment
Elevators
Safety Guideline Policy
In order to prevent
accidents,
Residents with
scooters or pets
travel alone on the
elevators.**

Cafe Coffee with Friends

Monday-Friday 7AM-11AM

"Coffee NO Charge"

"Friendship-will charge your heart"

Looking for morning inspiration?

Come to the Cafe, meet with friends,
talk about the day ahead and enjoy
simple times of good connections.

Hershey LTC Pharmacy

Hours:

Monday - Friday

9AM - 5PM

717-832-2050

The Café at Stoneback Library

Monday through Friday

Breakfast 7am - 10am

Lunch 11am - 1pm

Saturday and Sunday

Lunch 11am - 1pm

Redner's Save-A-Tape Program

When checking out at Redners, **please be
sure to use your Redner's Rewards card.**

We cannot use the Redner's receipts
unless your Rewards card is presented at
the time of check out.

Thank you





Campus Information

The Quiz is Coming Next Month!

The first episode of the Londonderry Village Community Quiz is coming next month. The premier of the Community Quiz is scheduled for Thursday, January 25th at 2pm in the DiMatteo Worship Center. This new, fun event will be a monthly game show on the fourth Thursday of each month.

Two teams of two LV residents on each team will vie for prizes by answering multiple-choice questions from a variety of categories, including history, geography, current events, classic TV, movies, sports, cooking, music and more. Audience members will have a chance to win, too.

If you want to be a contestants, please fill out the reservation form in this newsletter and drop it in the IL Reservation Box Or call Bill or Gabriele M.

Be sure to join us January 25th for the Londonderry Village Community Quiz!



Social Committee Volunteers Needed for 2024

We are looking for resident volunteers interested in helping in the Resident Services Department to assist in the Independent Living Socials. There are socials being planned for January, February and March. The programs are held in the evenings with entertainment beginning at 7:00pm. The helpers set the tables and assist with clean up. We usually have many volunteers so set up is usually about an hour. It is always lots of fun preparing for parties! We will send a list to all interested volunteers with the dates to select which event you want to work at or you are welcome to serve at all the events. The January date is booked for the Winter Social on Thursday, January 18th beginning at 5:30pm for the Dinner Social with Parkside Harmony performing. February 15th Valentine Social with Lancaster Bible College Chamber Singers 6:30pm Dessert Social. March 16th is Everybody's Birthday dessert social booked on Saturday, at 6:30pm with Rizzetta's Tones at 7:00pm. PLEASE COMPLETE A SIGN UP SLIP. We will send out a confirmation check list for the volunteer dates. Thank you for your volunteer service! Questions: contact Trudy at 3048 or Mary Lee at 3186.

Birthday Wishes List

If having a birthday is not special enough, wouldn't it be fun to know who else is celebrating a birthday on the same day? Upon a resident suggestion, we will be compiling a list of IL Resident birthdays. The current birthday list for each month will be printed each month in the newsletter beginning in the New Year. If you would like your name on that list and share your birthday, please fill out the slip in the back of the newsletter with your name and birthday.

Questions: Call Trudy Ext. 3048



Campus Information

New Volunteer Opportunity: Transportation by Driving a Golf Cart



We are seeking individuals interested in driving a six passenger golf cart to bring residents from their IL homes to the main building for meals at the cafe, programs, hair appointments, Massage Therapy or to visit a friend. We will transport to the Green Houses, Leffler Care and Personal Care to visit family and friends. We will also take residents to the Barn and Wood Shop. The IL Residents will call to be picked up between a designated two hour time slot. Mornings 10:30am to 12:30pm or afternoons 1:30pm to 3:30pm. Available Monday through Friday. Please complete a sign up slip to attend a group meeting to discuss this new Volunteer Opportunity in detail. Questions call Mary Lee at Ext. 3186

We have received both male and female interest from residents to volunteer as drivers for the Golf Cart visits. Before holding our first meeting in January, I am seeking a few more volunteers. It would be nice to have a larger group of volunteers to provide coverage on all five days of the week. Please complete a sign up slip to learn more about this new project!



Holiday Gift Certificate Ideas!

The Christmas Holiday is a wonderful time to remind family and friends about services residents appreciate receiving as gift certificates living at Londonderry Village. Please call a receptionist to assist you in purchasing a gift certificate in any amount you would like. This is a wonderful idea for family group gifts. Hair Salon Services with Sheri Bear, Independent Living Licensed Beautician, Hair Salon Services with Heather Thomas, Health Care Licensed Beautician, Massage Therapy with Crystal Bashore Licensed Massage Therapist



SEASON'S GREETINGS

Campus Information

LAST CHANCE SALE: Tuesday, December 12th

Do you need a last minute Christmas gift? LV's Craft and Textile Groups will be having a Last Chance Sale Tuesday, December 12th. The sale will take place in the Snell CC before and after the IL Holiday Dinner. Stop by between the hours of 12:00-3:00 PM to take a look at the unique hand crafted items for sale. Cash and checks accepted. ALL SALES WILL BENEFIT THE GOOD SAMARITAN FUND! Questions: Call Trudy Ext. 3048

Seeking January Winter Social Committee

Seeking individuals interested in serving as a Social Committee Volunteer for the Thursday, January 18th Winter Social. This is one of the socials that requires a few extra helpers. Each volunteer is assigned a specific task. The residents will be dropping off their salads and dessert, beginning at 5:00 PM. We will be asking for additional help setting up for the event during the morning for an hour and then returning around 4:00 PM for set up.

If you are interested in working on our Social Committee, please complete a sign up slip in this newsletter.

We will contact our committee for a planning meeting in January to prepare for the event. There will be two more socials in 2024 during the winter months. The February Valentine Social has not confirmed for the 2/15/24 6:30 pm/7:00 pm entertainment and Everybody's Birthday Social on Saturday 3/23/24 evening at 6:30 pm/7:00 pm entertainment. If you are interested in volunteering for the other socials please mark the slip. Organizing meetings will be planned for each of these socials.

Questions: Call Mary Lee at Ext. 3186 or Trudy at Ext. 3048.

Volunteers: It's Time for Service Hours Reporting for 2023

ALL volunteers be sure to report any hours of volunteer service completed during the 2023 year. Record keeping is the only way we are able to identify our volunteers who are actively giving of their time and talents across the campus. Contacting Trudy Kern, Resident Services Coordinator, is very important to register as a LV Volunteer. Sandra Barns, Snell CC Receptionist, has been putting in the volunteer hours as she receives each volunteer's booklet. We plan to send out invitations for the spring Volunteer Recognition based on the record keeping information. If you know of anyone working on a project with you, but never signed up as a Volunteer completing the application, call us. We will not know to send an invitation without a completed application. Volunteer Recognition week is during the month of April. Invitations will be going out during March. Let's not leave anyone forgotten. January Volunteer Hours Booklets need to be in the 2024 booklets found at the Receptionist Desks. Questions: Call Mary Lee at 3186 or Trudy at 3048

Campus Information

Display Cabinet

November/December

Olga Killinger's

"Folk-Art Paintings"



Christmas Photo Event: Come Join the Fun For Everyone!



It's time to have a Christmas Photo taken at the holiday scene located outside of the Wellness Center. Trudy Kern, Resident Services Coordinator, will be taking the pictures with either your spouse, friend, group, neighbor or pet! All the pictures will be displayed in the Resident Services Hall through Christmas. You will be able to pick up your picture after the holiday. Stop by any time or call ahead to make an appointment. Share your smile with others celebrating a blessed Christmas Season. Happy Days to All! Questions: Call Mary Lee at 3186 or Trudy at 3048.



SPECIAL MOVIE SHOWING

Resident Services will again help fight "cabin-fever" blues by offering longer running movies with intermission and root beer floats for an afternoon of entertainment. Just ahead, we will be looking at cold, snowy, windy, icy days in January and February.

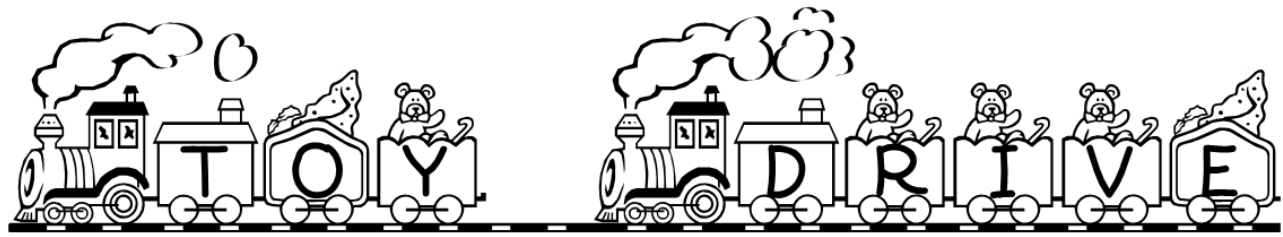
This coming year, we will be showing "**SPECIAL LONGER MOVIES**". There will be a 15-minute intermission in the middle of each film. Root beer floats, costing \$2.00 each will be served.

Half a Sixpence, shown on January 17th at 1PM - 2 hrs. 25 min.

7th Heaven, first four episodes on February 13th at 1PM - about 3 hrs.

Special movies are in addition to the regular movies shown on Fridays. Reservations are required for the Special Movies. Return slip with \$2.00 for a float. Questions, call Trudy at Ext. 3048.

Campus Information



Salvation Army of Lebanon Toy Drive “Be the Light in Someone's Life”



We will be collecting **unwrapped new toys**
to be given to the children of families
receiving services at the
local Salvation Amy in Lebanon.



There are many children hoping to
receive a gift this Christmas season!

We are seeking some Elves to Help!



The deadline for collecting is **December 7th**

Place an unwrapped gift under the copper tree!
(At the Snell Community Center Living Room)

Let's help our community neighbor



Be Joyful this Christmas

Questions, call Mary Lee at Ext. 3186 or Trudy at Ext. 3048

Wellness Way

December 2023

Wellness Center Class Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:30 AM Merry & Mindful 9 AM Wet N Well	2
3	4 9 AM Wet N Well 10 AM IL Fit	5 9 AM Soothing Sensations 10 AM Move & Improve 1 PM Walking Fit	6 9 AM Wet N Well 9 AM Seated Yoga 10 AM Balance Builders	7 9 AM Soothing Sensations 10 AM Move & Improve 2 PM Water Volleyball	8 8:30 AM Merry & Mindful 9 AM Wet N Well	9
10	11 9 AM Wet N Well 10 AM IL Fit 10:45 AM Zumba	12 9 AM Soothing Sensations 10 AM Move & Improve 1 PM Walking Fit	13 9 AM Wet N Well 10 AM IL Fit	14 9 AM Soothing Sensations 10 AM Move & Improve 2 PM Water Volleyball	15 8:30 AM Merry & Mindful 9 AM Wet N Well	16
17	18 9 AM Wet N Well 10 AM IL Fit	19 9 AM Soothing Sensations 10 AM Move & Improve 1 PM Walking Fit	20 9 AM Wet N Well 9 AM Seated Yoga 10 AM Balance Builders	21 9 AM Soothing Sensations 10 AM Move & Improve 2 PM Water Volleyball	22 8:30 AM Merry & Mindful 9 AM Wet N Well	23
24	25  CLOSED for Christmas!	26 9 AM Soothing Sensations 10 AM Move & Improve 1 PM Walking Fit	27 9 AM Wet N Well 10 AM IL Fit	28 9 AM Soothing Sensations 10 AM Move & Improve 2 PM Water Volleyball	29 8:30 AM Merry & Mindful 9 AM Wet N Well	30



= Meet in the pool



= Meet near water fountain in Snell



= Meet in the studio

Village Convenience Store

HOURS: 10 AM to 12:30 PM - MON through FRI.

Christmas, it's the most wonderful time of the year! Time for friends and family. Time for wonderful memories and remembering the birth of our Savior.

Our Christmas Shop is now open. If you have not had a chance to check out the different Christmas items we have, please stop by. Our friendly staff is always ready to help and maybe give you a suggestion or two.

We have a variety of Christmas cards and decorations, Christmas themed gifts, Christmas candies and cookies, and homemade jellies just to mention a few of the items. For those of you who still enjoy baking we have all the necessary baking supplies available. We also have Christmas stamps.

The following resident's names have been drawn for the weekly \$10.00 (5 - \$2.00) gift certificates. Remember all you have to do is come into the store, make a purchase, and you will be given a slip to be filled out to be entered. Each week is a new drawing.

Shoppers Delight \$10 gift certificate winners for the week of:

Oct. 6th - Eleanor W.

Oct. 13th - Betty V.

Oct. 20th - Jean T.

Oct. 27th - June H.

From the ENTIRE TEAM (Overseers, Clerks, Baggers, Pricers and Shoppers) we hope you have a Merry Christmas and enjoy the warmth and magic of the Holiday Season!
See everyone in the NEW YEAR!



Estate / Barn Sale News

**Your Estate / Barn Sale Crew
Wishes all a very Merry Christmas and
Blessed New Year!**

Here is a new way for you to help the pick-up crew.

**FOR PICK UPS OF A FEW SMALL ITEMS,
(SHOPPING BAG OR SMALL BOX size.)**

**APARTMENT RESIDENTS, Clearly mark Barn Sale on your bag
or box and put it in trash room.**

**COTTAGE AND DUPLEX RESIDENTS, Clearly mark Barn Sale
on your bag or box put out with recycling on Thursday.**

Call Larry Kish 717-641-3759 to schedule pickups for multiple or
large items.

**PLEASE REMEMBER --- NO SHOPPING, BROWSING OR VISITING AT
THE BARN ON TUESDAYS.**

**ONLY EXCEPTION --- THE FURNITURE BARN WILL BE OPEN TUESDAYS
9AM-11PM FOR PURCHASES.**

Ivan Hanson (717) 813-3418 barn or pole barn items.

Linda Sprandel (717) 805-6750 barn items.

Dirk Dixon (717) 982-1191 electronics.

Karen Newmyer (717)-838-5219

Larry Kish (717) 641-3759 Furniture needs or to schedule large pick-ups.

Calls will be accepted Monday through Friday 9 am to 6 pm.

REMEMBER NO MORE SALE ITEM DROP OFFS ON TUESDAYS.

The jewelry committee would like to thank you for your many wonderful donations. As you know, we accept all types of jewelry and jewelry boxes. Jewelry is always in high demand by our customers during the Estate/Barn sale. Please continue to give your jewelry to any receptionist, Carroll Foore or Millie Kish.

Speakers • Talks • Groups

Caregiver Support Group: Thursday December 14th at 2 PM

The Caregiver support group will be meeting on Thursday, December 14 at 2:00 PM in the Theater room. The topic will be the "12 days to the Holidays for Caregivers"! This is an informative handout to keep and use in preparation to the holiday gatherings with family and friends. We will relax to together to enjoy a festive snack and discuss ways to enjoy this busy month with some positive ways to make memories of joy. Take care of our yourself in order to take care of others!

Please sign up for my count for the festive snack!

Questions: call Mary Lee at Ext. 3186.



Wednesday December 13th & 27nd

Join us in the Theater Room Wednesday, December 13th & 27nd at 2:00 PM to be enlightened by the chosen topics. If you have a topic you would like to know more about, share with others, or spark interest, submit your topic suggestions to Trudy ext. 3048.

Topics for the month:

December 13th: The gift and power of emotional courage. Strategies for supporting and listening to others. Coronavirus is our future.

December 27th: The power of passion & perseverance. The science of a snowflake. Say your truths and seek them in others. My philosophy for a happy life.

Health, Safety, & Prevention

There will be **no meeting in December** and January for the HSP presentation. We will get back on schedule beginning in February. HSP is an educational presentation opportunity encouraging healthy living. Come enjoy learning a variety of different topics throughout the year. If you are wanting to learn about a certain topic drop off your idea at Mary Lee's office

Genealogy Help Available

Interested in researching your family history, but don't know how to get started? Already started your genealogical journey, but don't know where to go from here? Resident Dale G. is willing to work one-on-one with you in this journey. Please call Dale if you are interested in working one-on-one with him on your genealogical Journey.

Touchtown Volunteer: Dale G.

Would you like to use the LV Touchtown system, but you're not sure how to access the site? Resident, Dale Good will be happy to guide you on how to use this communication system available from your personal computer or smart phone. Give Dale a call to arrange an appointment.



Speakers • Talks • Groups

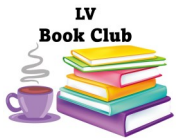
What's New w/Jeff

LV YouTube, LV Channel 4, or join us in the Di Matteo Worship Center/Fellowship Hall for updates & announcements of what's happening on campus

Thursday December 7th at 1:00 PM

The Budget Presentation will be shared at this meeting.

Copies of Jeff's remarks will be available at receptionist desks and at the IL mailboxes.



LV Book Club: NO DECEMBER MEETING

There will be no Book Club in the month of December.
The next meeting will be Monday, January 22nd at 3:00 PM.



Bell Tones: December 7th & 21st



The Bell Tones will be practicing in the Theatre Room on December 7th the first Thursday of December at 3:30 PM until 4:00 PM.

On Thursday December 21st we will be performing as part of the Londonderry Village Christmas program in the DiMatteo center at 2:00 PM.

We have had a wonderful time practicing and performing this past year. We also perform for Personal Care residents several times a year.

If you would like to join us all are invited to participate. You do not need to read music as our bells and music are color coded. Come out and join in the fun and help to make some great music. I also want to give a **BIG THANK YOU** to everyone who is in our Bell Tones. All of you have been doing a great job ringing. Any questions please call Bonnie P.



Village Harmony: Every Wednesday

The Village Harmony practices every Wednesday at 10:00 AM in the Di Matteo Worship Center. New members welcome anytime. The chorus is for both women and men vocalists. Come join the fun! Bring along a new friend to join our group of residents, who inspire through their voices with beautiful harmonies, while creating terrific friendships! There will be **NO PRACTICE DECEMBER 20th, 27th or January 3rd**. Practice will reconvene January 10th.

Questions, call the Choir Director, Karen U.



LV's Traditional Hand Bell Choir: Every Friday

The hand bell choir practices every Friday at 11:00 AM in the DiMatteo Worship Center. New ringers are welcome at any time. The interested candidate should be able to read music. Experience not necessary, training can be provided.

There will be **NO PRACTICE DECEMBER 22nd, 29th & January 5th**. Practice will reconvene January 12th. Questions, call the Choir Director, Karen U.

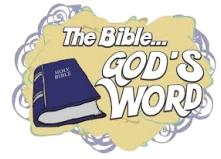


Speakers • Talks • Groups

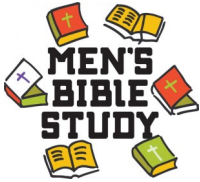
Gleaners Women's Bible Study

Monday December 11th - **CANCELED**

Next class Monday January 8th - **10:30 AM CLASS ONLY**



As we meet to pray, sing and study 1 Peter we are studying using Bible study 'tools'. These 'tools' are currently in our 'toolboxes' and there are more 'tools' to be added. Using the 'tools' leads to the '**JOY OF DISCOVERY**' in personal Bible study" There is a 'toolbox' for you. All women in ILC, Personal Care, and outside of our community are invited to join us. There are no classes in the month of December. We will meet on January 8th for the 10:30am class only; same content for this session. Questions? Call or email class leader Ramona D.



Men's Bible Study: Every Friday

Men's Bible Study meets every Friday at 10:00 AM in the Fellowship Hall. All men invited to attend this study led by Herb S. No reservations needed. Questions: Call Bob F.

Conversations with Friends: NO November or December Meetings

Due to the busy Holiday Season, there will be NO November or December meeting. The next Conversations with Friends will be Tuesday, January 9th, 2024.



Ladies Afternoon Tea: January 15th & 29th

Ladies afternoon tea will be held Monday January 15th & Monday January 29th in the Atrium. The reservation slip is in this newsletter. You are welcome to bring your own beverage if you prefer something other than tea. Consider joining us for a time of conversation, tea and dessert. Questions: Call Trudy Ext. 3048



Miracle Ear:

Appointments can be made for the 2nd and 4th Wednesday of each month in the Health Clinic.

December 13th - 1 PM to 4 PM

December 27th - 8 AM to 12 PM

Call Ashley for an appointment at (717) 270-8822 or stop in and see us.

We offer the following FREE services to Residents:

- Hearing Aid Cleanings
- Hearing Aid Adjustments
- Hearing Screenings
- Video Ear Inspections

Trips & Excursions

Walmart Shopping:

First Tuesday of Every Month

The bus will leave from the Snell Community Center Entrance at:

8:00 AM - 9:00 AM - 10:00 AM

JBT Bank: Every Wednesday

Every Wednesday the LV Bus will be available to take residents to do their banking at the JBT bank Branch located at Northside Commons.

The bus will leave Snell CC at 2:30 PM.

No reservations needed.

Questions: Call Trudy at ext. 3048

Friday Grocery Shopping

The weekly IL Resident grocery shopping trips leave from the Snell Community Center, however, if you request being picked up at the Wheaton Entrance, (or from a specific IL unit for residents that are no longer driving), it is your responsibility to call Terri Reppert at Ext. 3051 for a reservation.

WEEKLY GROCERY BUS SCHEDULE

Weis.....8:00 AM every Friday
Redner's.....8:30 AM every Friday
Giant & Karn's..10:00 AM every Friday

40 Diners:

NO DECEMBER TRIP

THERE WILL BE NO DECEMBER TRIP!



HOB:

NO DECEMBER TRIP

THERE WILL BE NO DECEMBER TRIP!

**HOP
ON
BOARD**

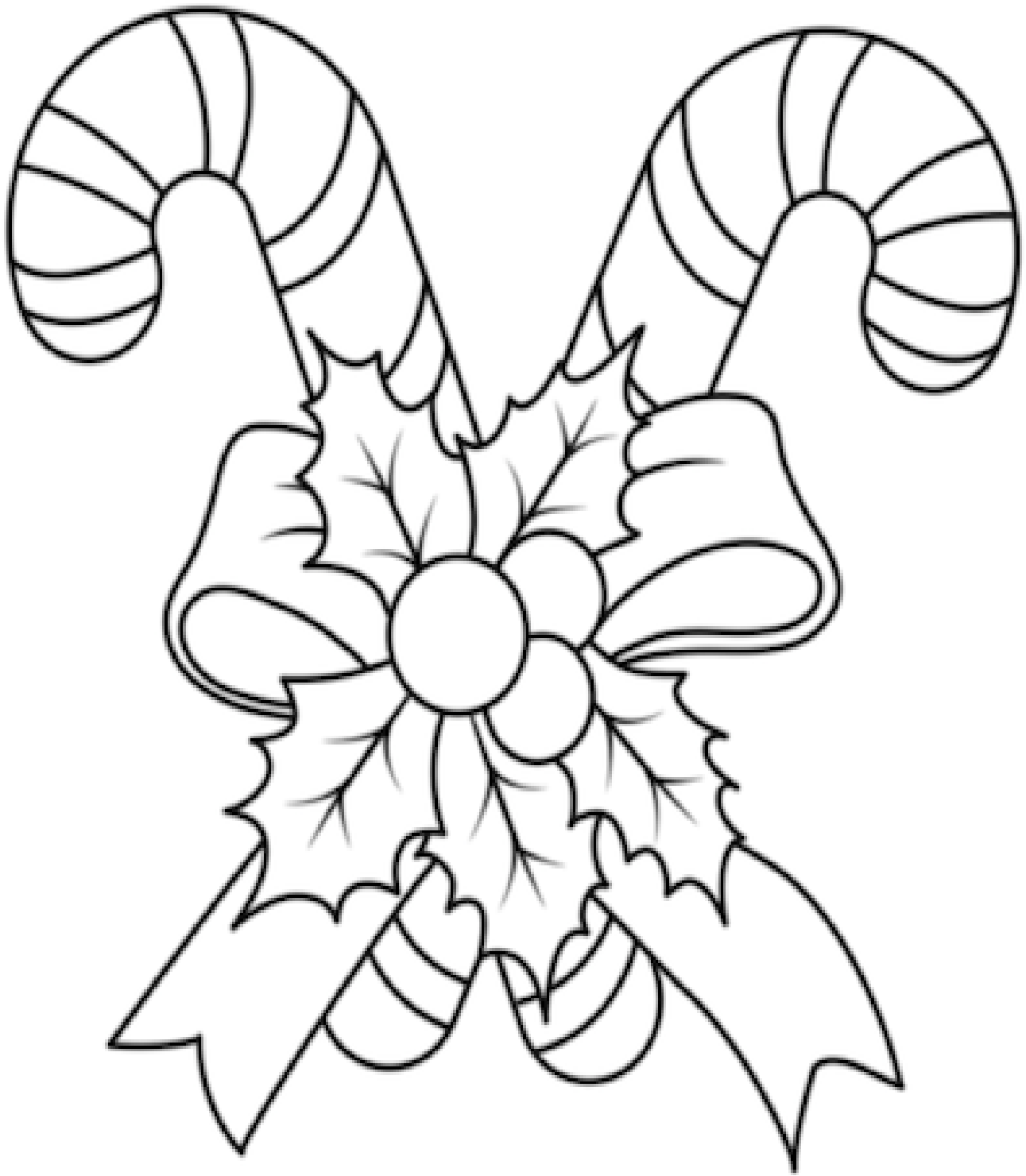
Third Tuesday Shopping Trip: Tuesday December 19th

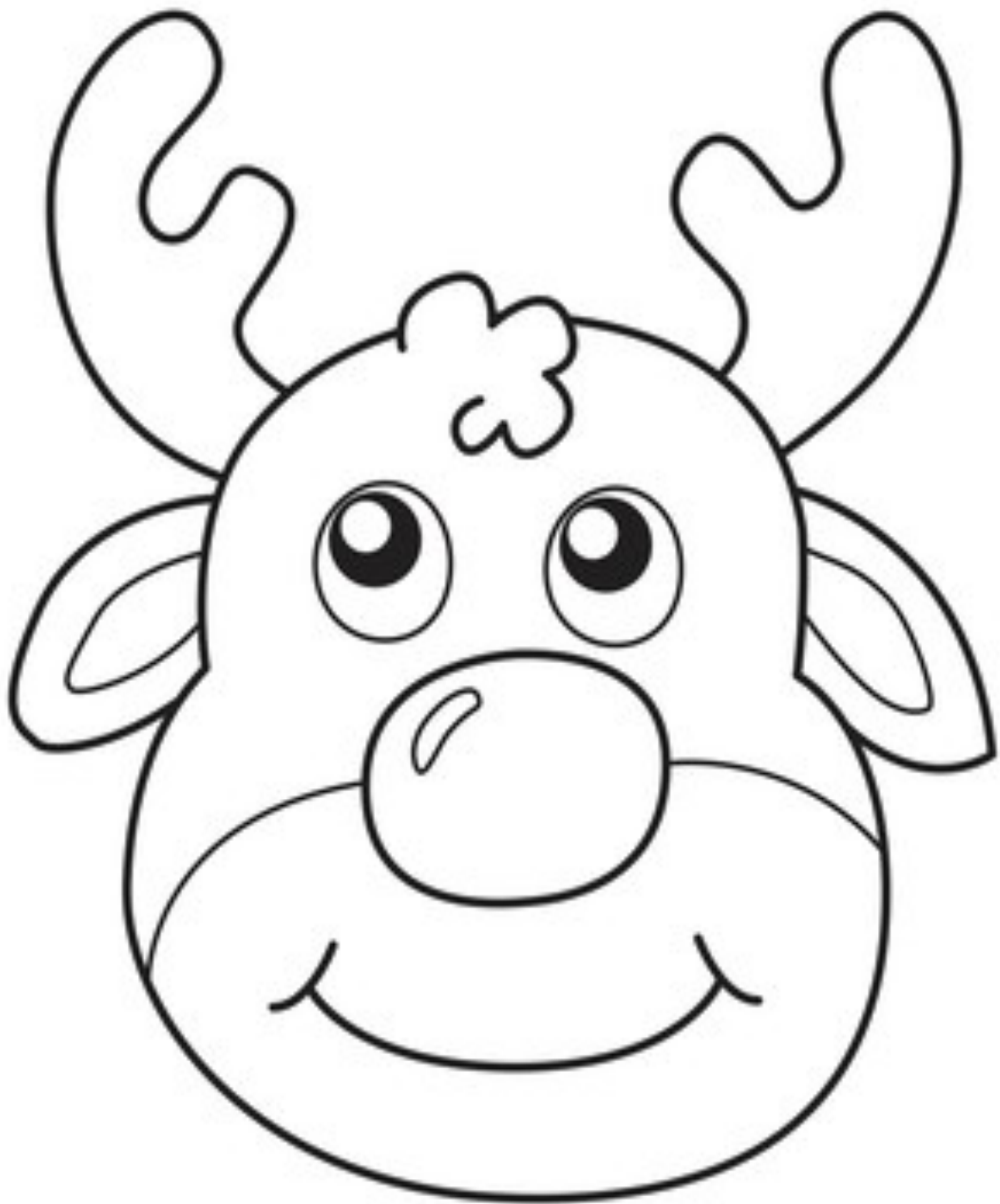
On Tuesday, December 19th the LV Bus will travel to Kohl's in the Lebanon Plaza. The bus will depart Snell CC at 9:30 AM. Reservations required. Questions, call Trudy Ext. 3048



KOHL'S







Trips & Excursions

Hershey Women's Connection: **Buffet Luncheon Wednesday December 13, 2023**

12:00 PM to 2:00 PM - \$22.00 (pay at the door)



128 Hillcrest Road, Hershey

Menu

Chicken Parmesan, Ziti with Marinara sauce, mixed green salad,
dessert, coffee and tea

A gluten free meal is available upon request
(just ☒ the gluten free box on the reservation slip)

Reservations Due by Thursday December 7th

Respond with the reservation slip in this Newsletter
Cancellations MUST be made by noon the Monday prior to the luncheon.
(Reservations NOT kept must be paid.)

LV Bus will leave Snell CC promptly at 11:15 AM

Questions: Call Barb B.



***Feature: Eve Baum, Cookie Artist/Entrepreneur and
Owner of The Beehive Cookie Company from Gardners, PA***



***Our speaker and musician, Doris Ortman from Chambersburg, PA
will speak of "Riding Through Life with Laughter & Tears"***
She is a former music teacher who has MS and has been in a wheelchair for 45 years



Trips & Excursions

Bible Fellowship Luncheon: Wednesday December 6th

Senior Adult Bible Fellowship & Luncheon will be held Wednesday, December 6th. The bus will leave Snell CC at 10:00 AM. Reservations required. Sign up in this newsletter. The program will be featuring powerhouse vocals of Servant Stage, show-stopping dancing, a large cast, and live band. Jingle Bell Jukebox will have you rockin' around the Christmas tree from the First Noel to the final curtain. Drop a quarter in the jukebox & get ready to sing and dance along to fun, high-energy arrangements of all your favorite Christmas songs! There will be **NO JANUARY MEETING**

PA's 108th Annual Farm Show Trip: January 8th

It's Farm Show Time! Pennsylvania is celebrating their 108th Farm Show. The Farm Show trip will be on Monday, January 8, 2024 from 9:30 AM to 2:00 PM. The bus will depart at 8:30 AM from the Snell Community Center. Reservations are needed. Questions call Mary Lee at Ext. 3186 or Trudy at Ext. 3048



Movie Trip to the Allen Theater: Wednesday January 3rd at 1:00 pm

Lebanon Valley College is holding a special documentary for the local community to view a moment in history for basketball enthusiasts and people that enjoy an interesting story. The event has not been duplicated. See The Dutchmen Make LVC Men's Basketball History! All are invited to view The Dutchmen documentary at the Allen Theater on Wednesday, January 3 at 1:00 pm. See the 1994 Men's Basketball NCAA Division III National Championship Team in the years leading up to and during their national championship season. The 82-minute documentary takes viewers through the rebuilding years before the team, led by head coach Pat Flannery and Division III All-American Mike Rhoades '95, current head coach of the Penn State University Men's Basketball Team, won the National Championship in overtime over the much larger New York University. The tickets are \$8.00 each. We will plan to leave the Snell CC entrance at 12:00 pm to arrive a few minutes early in case you want any refreshments and to get a good seat. Reservations are needed. Questions: Call Mary Lee at 3186 or Trudy at 3048.

LV Shuffleboard

Shuffleboard has transitioned inside to the game room. Join us Tuesdays at 7 PM. Chairs are available should you wish to just sit and watch and perhaps meet Someone new! Questions call Suzanne C. at 717-418-1250



REMINDERS

American Music Theater: 2023 Christmas Show Friday December 8th

LV will attend "The First Noel" on Friday December 8th at 3:00 PM. The tradition continues for one of the most Wonderful Holiday Spectacular shows in the area. The talent, customs and music is exceptional. We will depart at 10:30 AM and will be stopping for lunch at Casey Jones Restaurant located at the Red Caboose Motel. After enjoying fellowship together we will head to the theater by 2:30 PM. The performance will begin at 3:00 PM. Questions call Trudy at 3048.

No longer accepting reservations.



Hershey Symphony Orchestra Holiday Spectacular: Saturday, December 2nd

The Holiday Spectacular is on Saturday, December 2, 2023 at 2:00 PM at the Hershey Theater. There is no better way to get in the spirit of the season than with our annual Holiday Spectacular! The Lower Dauphin High School and Milton Hershey High School choirs will join the symphony onstage to help us ring in the season. A popular tradition and family favorite, this holiday-themed concert will feature both beloved classics and exciting new arrangements. The tickets are \$18 each for LV residents and family members. LV Bus or you may drive yourself. LV Bus leaves the Snell CC entrance at 1:00 PM. Reservations are required. Deadline for the reservations has passed. Tickets still available call the Hershey Theater. Questions, call Mary at 3186



IL Holiday Dinner: Tuesday December 12th at 1:00 pm

This is a **reminder** for the residents who made their reservation for the IL Holiday Dinner on December 12th. The doors will open at 12:45 pm. The delightful meal will be served by the LV staff.

The check in tables will be in the Fellowship Hall entrance at the DiMatteo Worship Center.

Questions: Call Mary Lee at Ext. 3186 or Trudy at Ext. 3048.



REMINDERS

Dates to Remember – Holiday Activities 2023

Friday, December 1: “A Christmas Carol” with George C. Scott Movie Matinee at 3:00 PM in the DiMatteo Worship Center

Saturday, December 2: Hershey Symphony Orchestra, Christmas Spectacular Show, LV Bus trip at 2:00 PM

Monday, December 4: “Cadence Singers” Carols for Christmas at 6:30 PM in the DiMatteo Worship Center

Tuesday, December 5: Hope Singers Christmas Program at 7:00 PM in the DiMatteo Worship Center

Thursday, December 7: Christmas in Harmony at 7:00 PM in the DiMatteo Worship Center

Friday, December 8: American Music Theater, “The First Noel” Christmas Show and Lunch, LV Bus Trip

Friday, December 8: “I Heard the Bells”, Evening Movie at 6:30 PM in the DiMatteo Worship Center

Sunday, December 10: “Generations Gettysburg Big Swing Band” at 3:00 PM in the DiMatteo Worship Center

Monday, December 11: Derry Presbyterian Church Christmas Concert at 1:30 PM in the DiMatteo Worship Center

Tuesday, December 12: Holiday Dinner Celebration at 1:00 PM in the DiMatteo Worship Center

Thursday, December 14: Making Spirits Bright Luminary Event from 5:00 PM to 6:30 PM in the Shearer Family Play Park

Friday, December 15: “Noelle”, Movie Matinee at 3:00 PM in the DiMatteo Worship Center

Saturday, December 16: Roger Lentz Holiday Vocal Recital at 2:00 PM in the DiMatteo Worship Center

Sunday, December 17: Village Harmony Chorale Concert, Traditional Hand Bell Choir, Director, Karen Umberger at 3:00 PM in the DiMatteo Worship Center

Wednesday, December 20 & Thursday, December 21: Resident Musical: Piano, Organ, and Bell Tones at 2:00 PM in the DiMatteo Worship Center

Friday, December 22: “Miracle on 34th Street”, Evening Movie at 6:30 PM in the DiMatteo Worship Center

Friday, December 22: LV Communion Service at 2:00 PM in the DiMatteo Worship Center

Tuesday, December 26: Bryan Herber Piano Music at 2:00 PM in the DiMatteo Worship Center

Thursday, December 28: New Year Celebration with the Lebanon Big Swing Band at 7:00 PM to 9:00 PM in the DiMatteo Worship Center

Friday, December 29: New Year Bingo at 1:30 PM in the DiMatteo Worship Center

December 2023

Sunday	Monday	Tuesday	Wednesday
December 3 10am Chapel Service (Chaplain Ken)	December 4 9am Adventures in Art 3pm Open Wii Bowling 6pm Billiards 6:30 Cadence Singers	December 5 8am Trash 8am Blood Sugar 8, 9 & 10 Walmart Shopping Trip 1pm Chaplain IL Bible Study 6pm Evening Pinochle 7pm Shuffleboard 7pm Hope Singers	December 6 10am Village Harmony 10am Bible Fellowship Lu 2pm Hand & Foot Card G 2:30pm Jonestown Bank 7pm Evening Worship (Annville COB)
December 10 10am Chapel Service (Chaplain Ken) 3pm Generations Gettysburg Band	December 11 9am Adventures in Art 11am Rosary (DiMatteo Worship Center) 1:30 Christmas Service (DiMatteo) (Derry Presbyterian Church) 3pm Open Wii Bowling 6pm Billiards	December 12 8am Trash 8am Blood Sugar 11:30am Textile Group 1pm IL Holiday Dinner 2pm Guitar Music with Al Shade 12pm Last Chance Sale 6pm Evening Pinochle 7pm Shuffleboard	December 13 10am Village Harmony 11:15 Hershey Women's 1-4pm Miracle Ear 2pm TED Talk 2pm Hand & Foot Card G 2:30pm Jonestown Bank 7pm Evening Worship (Trinity UCC)
December 17 10am Chapel Service (Linda Sprandel) 3pm Village Harmony & Hand Bell Concert	December 18 9am Adventures in Art 3pm Open Wii Bowling 6pm Billiards	December 19 8am Trash 8am Blood Sugar 9:30am 3rd Tuesday Shopping 6pm Evening Pinochle 7pm Shuffleboard	December 20 2pm Hand & Foot Card G 2pm Christmas Music Re 2:30pm Jonestown Bank 7pm Evening Worship (Campbeltown UMC)
December 24 10am Chapel Service (Linda Sprandel)	December 25 9am Adventures in Art 11am Bocce 3pm Open Wii Bowling 6pm Billiards	December 26 8am Trash 8am Blood Sugar 10am Communion w/Palm Lutheran Church (DiMatteo Worship Center) 2pm Christmas Piano Music 6pm Evening Pinochle 7pm Shuffleboard	December 27 8am-12pm Miracle Ear 2pm TED Talk 2pm Hand & Foot Card G 2pm One Winter Evening 7pm Evening Worship (Christmas Carol Sing-A
December 31 10am Chapel Service (Bonnie Harris)			

Wednesday	Thursday	Friday	Saturday
		December 1 8am Trash 8, 8:30 & 10am Grocery Trips 10am Men's Bible Study 11am Hand Bell Choir 1:30pm Game Day 2pm Bridge 3:30pm Sally Ann's Mixed Art 3pm Movie (A Christmas Carol) 5:30pm Mixed Art w/Cindy	December 2 1pm Games of Choice (Cafe) 1pm Hershey Symphony Orchestra
December 6 Luncheon Game	December 7 8am Recycling 8, 8:30 & 10am Grocery Trips (No Friday) 1pm What's New w/Jeff 10:30am Roman Catholic Mass 3:30pm Bell Tones 6pm Billiards 7pm Christmas in Perfect Harmony	December 8 8am Trash 9am Cards & Crafts 10am Men's Bible Study 10:30am AMT The First Noel 11am Hand Bell Choir 2pm Bridge 3:30pm Sally Ann's Mixed Art 6:30pm Movie (I Heard The Bells)	December 9 1pm Games of Choice (Cafe) 10am Veterans Day Christmas Brunch
December 13 Connection Game	December 14 8am Recycling 6pm Billiards 2pm Caregiver Support Group 5pm Making Spirits Bright	December 15 8am Trash 8, 8:30 & 10am Grocery Trips 10am Men's Bible Study 11am Hand Bell Choir 1:30pm Game Day 2pm Bridge 3pm Movie (Noelle) 3:30pm Sally Ann's Mixed Art 5:30pm Mixed Art w/Cindy	December 16 1pm Games of Choice (Cafe) 2pm Roger Lentz Holiday Recital
December 20 Game Recital	December 21 8am Recycling 6pm Billiards 2pm Bell Tones 2pm Christmas Music Recital	December 22 8am Trash 8, 8:30 & 10am Grocery Trips 9am Cards & Crafts 10am Men's Bible Study 2pm Christmas Service (DiMatteo) (LV Christmas Communion) 2pm Bridge 3:30pm Sally Ann's Mixed Art 6:30pm Movie (Miracle on 34th Street)	December 23 1pm Games of Choice (Cafe)
December 27 Game Choir DVD A-Long)	December 28 8am Recycling 6pm Billiards 6pm Annual Tree Lighting 7pm New Year's Eve Celebration	December 29 10am Men's Bible Study 1:30 New Years BINGO 3:30pm Sally Ann's Mixed Art	December 30 1pm Games of Choice (Cafe)
		29	

Programs in the Di Matteo Worship Center

Chaplain's Independent Living Bible Study

Chaplain Ken will be leading a weekly Bible Study on the Book of Ezra for Independent Living Residents. The Study will meet on Tuesdays at 1PM in the Fellowship Hall. No reservations needed. Questions call Chaplain Ken at Ext. 3054

January Winter Social: Thursday January 18th Parkside Harmony Chorus and Winter Super Social

Thursday, January 18th will be the "**Sandwich, Salad and Dessert**" Winter Super Social. This is our covered dish style social of either a salad or dessert selection of your choice. It can be a homemade recipe or a store bought selection to share with your friends.

The sandwich is provided from a pre-ordered selection you make at the time of RSVP. Our Dining Services team will be making the sandwiches.

Our entertainment is the returning outstanding musical chorus from the Parkside Harmony of Hershey. We are very fortunate the chorus members are returning with 40 extremely talented acapella voices, with multiple quartets within the group.

The ticket cost is \$9.00 per person plus your covered dish. The meal begins at 5:30 PM in the DiMatteo Worship Center. Salads are dropped off in the Fellowship Hall when you arrive. Desserts are taken to the Theater room.

Reservations are required. Deadline is December 28th.
Sign up slip is in this Newsletter for preparation planning.
Questions Call Trudy at Ext. 3048 or Mary Lee at Ext. 3186.



Christmas Music Recital: Dec. 20th & Dec. 21st

LV's annual Christmas Recital will once again feature piano, organ and the Bell Tones Hand Bell Choir. Come hear your fellow **IL resident musicians** as they perform their own unique style of Christmas music. There will be a different program Wednesday, December 20th & Thursday, December 21st, so please attend both days. Each program will take place at 2:00 PM in the DiMatteo Worship Center. No reservations needed. Questions call Trudy Ext. 3048

Cadence Singers: Monday December 4th at 6:30 PM

The Cadence Singers is a small community chorus from the Annville area. The group is planning a Christmas Caroling evening without the walking from door to door. They have prepared holiday favorites for your enjoyment. There will be some songs that you can sing along, too! Come out to hear the voices of new friends to our campus in the DiMatteo Worship Center at 6:30 pm. Questions call Trudy at 3048

Programs in the Di Matteo Worship Center

New Year's Eve Celebration with the Lebanon Big Swing Band: Thursday, December 28 at 7:00 pm

We are trying a new idea! New Years Eve with a twist. The LV New Year's Eve Celebration is being held before the 31st and the countdown will be at 9:00 pm! A little early with so much FUN. We will be in the DiMatteo Worship Center and Fellowship Hall. This will be an evening meant to be filled with talking with friends, dancing and listening to amazing music. The Lebanon Big Swing Band will be performing! They will play all your favorite songs to keep you wanting to move to the rhythms. Adding to the festivities there will be special sweet treats and crunchy snacks to enjoy at the party! This is a social event with a ticket cost of \$6.00 each. Come enjoy a wonderful night of smiles with your LV friends as we welcome 2024! Please complete the reservation slip found in the November Newsletter. The deadline is December 8th. Questions call Mary Lee at 3186 or Trudy at 3048.

Christmas In Perfect Harmony: Thursday December 7th at 7:00 pm

CHRISTMAS IN PERFECT HARMONY 7:00 PM On Thursday December 7th in the DiMatteo Worship Center. This is a performance you will not want to miss this holiday season. This will be a memorable evening of beautiful Christmas music! There are three very talented vocalist performing with a live musical stage band. The program is half-part musical theater nostalgia and half-part worship concert. Perfect Harmony sings stunning arrangements of favorite holiday classics!



Reservations are required for seating arrangements. The sign up slip is up in the November Newsletter. The doors will open at 6:30 pm. Questions: call Mary Lee at 3186 and Trudy at 3048.

Christmas Piano Music With Bryan Herber: Dec. 26th



Just when you think the festive Holiday activities have come to an end, LV has more to offer. Bryan will be playing Christmas piano music, the day after Christmas, Tuesday December 26th 2:00 PM in the Di Matteo Worship Center. Join him for an afternoon of favorite, fun selections and you may even find yourself singing along. No reservations needed. Questions: Call Trudy ext. 3048

Programs in the Di Matteo Worship Center

One Winter Evening at Meymandi-Christmas Bell Choir DVD: Wednesday December 27th at 2 PM

This is a presentation of beautiful Christmas songs by the Raleigh Ringers. Come watch it on the big screen in the Di Matteo Worship Center, Wednesday, December 27th at 2:00 PM. The Raleigh Ringers is an internationally acclaimed, Emmy-nominated, advanced community handbell choir that dazzles concert audiences. There are 18 members in this choir for this performance. David M. Harris has been the director of The Raleigh Ringers since January 1990, when he was instrumental in the formation of the group. David is a graduate of The Pennsylvania State University and has studied conducting privately with Dr. William A. Payn at Bucknell University. Meymandi Concert Hall is home to North Carolina Symphony located in downtown Raleigh, NC. No reservations needed. Questions: Call Trudy Ext. 3048

Hope Singers Christmas Concert: December 5th at 7 PM

We are welcoming back the beautiful voices of 40 Mennonite Chorus members. They will bring their voices to enlightening our hearts for the Christmas season. We heard this wonderful group singing during the summer. They met us under the pergola at the Stoneback Pavilion. Everyone will enjoy this group of singers. Mark your calendars! This is a group who performs as a community service gift for our residents. They will love seeing many smiles in the audience. Reservations are not required. Come take a seat! Questions: Call Mary Lee at Ext. 3186.

Village Harmony & The Village Hand Bell Holiday Concerts: Sunday December 17th at 3 PM

A special program is planned on Sunday, December 17 at 3:00 pm in the DiMatteo Worship Center. Karen Umberger is the director of both groups who will be performing. The members are all residents living at Londonderry Village. They have put in many hours of practice working to prepare a terrific performance of a delightful variety of Christmas music. Please invite your family and friends to stop in to enjoy both programs. This is a holiday tradition for all our resident friends. Questions: call Mary Lee at Ext. 3186 or Trudy at Ext. 3048

Derry Presbyterian Church Communion Service

Derry Presbyterian Church will be hosting a Christmas Communion Program in the DiMatteo Chapel on December 11th at 1:30PM. All Elders are invited to attend.

Christmas Communion Service

The Chaplains of Londonderry Village will be leading a Christmas Communion Worship Service on Friday, December 22nd at 2:00PM. The service will take place in the DiMatteo Chapel. Join us as we celebrate together the birth of the Savior, Jesus Christ.

Special Announcements

Your cards and words were so thoughtful and uplifting after my neck surgery. Rereading the cards and emails sent during my recovery made me feel so cared for. It is so wonderful to be a part of such a caring community. Thank you all so very much! ~ Linda S.

I would like to thank my friends here at the Village for the many cards and notes following the passing of my wife, Joanne. ~ Karl K.

Jane Arnold's family would like to thank everyone who sent condolence cards, telephoned, and attended her funeral. Your kindness and support meant more than words can possibly express. The Arnold Family

Heartfelt thanks to our Londonderry village family for their caring help for my husband Ed during the months preceding his death.

To Andy and his crew of security and transportation for their competency and cheerfulness. It is a comfort to know that a few minutes after processing the pendant, a call and/or visit will be received and that there is safe timely arrival for appointments. To our independent living coordinator that's Patty, for her knowledge and the ability to appear she has all the time in the world to answer questions about our physical symptoms and more. To our chaplains Ken and Liz who offered their counseling and support, and to our fellow residents for their Sympathy and concern we are blessed. ~ Dotty B.

We appreciate the prayers, cards, visits and phone calls on the passing of Gene Eagle. Our many thanks to the caring staff in the Leffler Center. We serve a loving God. Blessings ~ Janet & Family

LV Residents, Staff, & Board of Directors, Many years ago I asked God to provide a place where I could "Work with numbers & help people" LCBH/ Londonderry Village was his answer, and I am so thankful to have been able serve here as part of the business office team.

I will cherish your friendships & many wonderful memories.

Thank you for your words of wisdom, smiles, cards & gifts for my retirement!

May God's grace & peace continue to shine at the LV. Blessings ~ Deb Good

A big thanks for your prayers, cards & caring thoughts during my hospital visit & stay at Leffler Care. Therapy is going well! ~ Bob E.

Thank you for all who sent cards, prayers and comforting words on Harold's passing. He was cared for at the Castagna Green House for 2 1/2 years by caring compassionate staff. It is a comfort to be living in a community of such caring people.

In Loving Memory



As part of a caring community, we grieve losses and want to stay connected. Each month, we include names of those who are gone from us physically, but whose lives we want to remember in thoughts and prayers.

Due to newsletter deadlines, dates span the 16th of one month through the 15th of the next month.

We extend our sympathy to the family of:

Gene Eagle, who died October 23, 2023

Harold "Hal" Lynch, who died October 27, 2023

Janet Grun, who died November 1, 2023

Mary Hixon, who died November 3, 2023



*We begin to remember not just
that you died, but that you lived --
-- And that your life gave us
memories too beautiful to forget.*

Common Good



*“For today in the city of
David there has been born
for you a Savior, who is
Christ the Lord.”*

Luke 2.11

Sunday Chapel

Dec 3 – Chaplain Ken
Dec 10 – Chaplain Ken
Dec 17 – Linda Sprandel
Dec 24 – Linda Sprandel
Dec 31 – Bonnie Harris

*10 am attend in person in the
DiMatteo Worship Center
or tune in on LV Channel 4*

Wednesday Evening Worship

Dec 6 - Annville COB
Dec 13 - Trinity UCC
Dec 20 - Campbelltown UMC
Dec 27 - Christmas Carol Sing-a-Long

*7 pm attend in person in the
DiMatteo Worship Center
or tune in on LV Channel 4*

Christmas Services

*Derry Presbyterian Church
Dec 11 @ 1:30 pm in DiMatteo Worship Center*

*LV Christmas Communion
Dec 22 @ 2 pm in DiMatteo Worship Center*

Monday
December 11 @ 11:00 am

*Recitation of The Rosary
in the DiMatteo Worship Center*

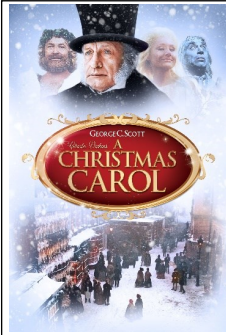
Tuesday
December 26 @ 10 am

*Communion with Palm Lutheran Church
in the DiMatteo Worship Center*

Friday Movies



Join us in the Di Matteo Worship Center. If you have any questions call Trudy at Ext. 3048



A Christmas Carol - December 1st at 3:00 pm

Scrooge, magnificently played by George C. Scott

This 1984 retelling of the Charles Dickens classic is perhaps the finest version yet of this often-told story, right up there with the 1951 version.

Released 2014 - 1 hr. 40 min. - Rated PG



I Heard The Bells - December 8th at 6:30 *An Inspiring True Story*

This is a "MUST-SEE" Movie!

Known as America's Poet, Henry Wadsworth Longfellow leads an idyllic life...until the day his world is shattered by tragedy. With a nation divided by Civil War and his family torn apart, Henry puts down his pen, silenced by grief. But it's the sound of Christmas morning that reignites the poet's lost voice as he discovers the resounding hope of rekindled faith.

Released 2023 - 1 hr. 52 min. - Rated No Rating



Noelle - December 15th at 3:00 pm

Shortly before Christmas, Father Jonathan Keene (David Wall) arrives to shut down the church of a fishing village's dwindling parish. Though he is usually dispassionate and efficient when working on such tasks, events take a different turn when he becomes entangled in the lives of the town's eccentric residents.

Released 2007 - 1 hr. 30 min. - Rated PG



Miracle on 34th Street - December 22nd at 6:30 pm

A lawyer and a little girl must prove that a man claiming to be Santa Claus is the real thing.

Released in 1946 in color as the Big Heart in England

1 hr. 53 min. - Rated PG



Housekeeping Corner

This month the Housekeeping Department will be featuring one of our IL/HC Porters



This month the Housekeeping Department will be featuring our IL/HC Porter. This position involves a variety of job tasks including event set-ups & tear downs, relocating resident belongings from one area of campus to another, package/mail delivery, garbage collection, cleaning tasks and other assigned work orders by the Supervisor or Team Lead.

Josh has been an employee here at LV since September 27th, 2023. Mostly everyone knows Josh from working here in our Grounds Department for many years. He left our campus for a few months to work at the Indian-town Gap cemetery as well as the Lebanon Landfill, but now he has returned as our Independent Living/Healthcare Porter. Josh enjoys relaxing at home and watching Nascar.



HO! HO! HO!
HOUSEKEEPING & LAUNDRY
DEPARTMENT

If you are interested in having your carpet cleaned or spot cleaned please contact:

Stephanie Boltz, Housekeeping & Laundry Supervisor, at extension 3705.

We will discuss your carpet cleaning needs, hourly fee, and schedule an appointment time that works best for you.

I will be looking forward to hearing from you!!

Have a great day!!

Village Art Center



Textile Group Tuesday December 12th

The Textile Group meets every 2nd Tuesday of each month at 11:30 AM (note new time) in the Village Art Center. All interested sewers, quilter, knitters, crocheters please join us! We work on different projects throughout the year, which will be donated to local charities. No reservations needed. Questions: Call Lynn D.

Cards & Crafts Friday December 8th & 22nd

The craft group meets the 2nd and 4th Friday at 9:00 AM in the Village Art Center. The group creates crafts for the season to decorate the PC Dining Room, as well as crafting other unique items. All invited to attend. Questions, call Trudy at Ext. 3048

Mixed Art with Cindy Friday December 1st & 15th

Mixed Art with Cindy meets every 1st & 3rd Friday at 5:30 PM in the Village Art Center. Reservations requested. Sign up in this newsletter. Questions: Call Trudy ext. 3048



Healthy Puzzle Working With Friends

All our puzzle working friends! Please check your floors before you are finished admiring your puzzle. There may be a stray piece on the floor. We are losing one piece on a regular basis. Why one piece, you ask? I have no idea, but it has become quite common. If there is a missing piece be sure the area is circled on the front of the box. We have a collection of lost pieces that never seem to be the missing piece. Another one of life's little mysteries! Keep working on your healthy brain exercises by doing a puzzle a week. It really does make a difference! See you at the puzzle pick up and drop off. We are in search for more 300 piece puzzles for my happy "Thrift Shopping Friends"!

Adventures in Art: Every Monday

Do you enjoy a relaxing setting for painting, drawing or coloring in adult coloring books? Join us every Monday morning at 9:00 AM in the Village Art Center. Supplies are provided or you may bring your own.

Questions: Call Mary Ann S.

Community Puzzle Tables

Several puzzle tables are set up in the Village Art Center. Stop by to work on a puzzle, the door is open to sit and work.

Sally Ann's Mixed Arts Every Friday

Sally Ann's art class meets every Friday at 3:30 PM in the Village Art Center. Sign up in this newsletter. Questions: Call Trudy ext. 3048



Fun & Games



Game Day Friday December 1st & 15th

Join us every 1st & 3rd Friday of each month at 1:30 PM in the Theater Room. We play a selected board game, and more importantly, have a lot of fun! No reservations needed. Questions: Call Trudy ext. 3048

Sequence & Other Games: Every Tuesday

There will be **NO SEQUENCE & OTHER GAMES IN THE MONTH OF DECEMBER** due to other activities during a busy month. If you are interested in participating in an afternoon weekly game day complete a slip. There is a variety of games provided or you may bring your own. Questions: Call Joan T.

Billiards



Every Monday and Thursday 6:00 PM in the Billiards & Game Room Pick-up style games.

Hand & Foot Card Players: Every Wednesday



Hand & Foot every Wednesday at 2:00 PM
Questions: contact Betty F.

Games of Choice:

Saturday Afternoons in the Atrium

Join us for an afternoon of game playing of your choice every Saturday in the Atrium from 1-3 PM.
Feel free to bring your own game if you would like.
Questions: Call Becky H.

NO BINGO Friday December 22nd

Due to Christmas Communion Service, there will be NO BINGO Friday, December 22nd.



Bridge

Every Friday 2 to 4 PM in the Studio.
(Please arrive about 1:45 PM)
Welcoming New Players!
Call ahead for table seating.
Call Jay B. with any questions



Evening Pinochle

Every Tuesday 6:00 - 8:00 PM
In the Studio - Pick-up style games.
(Please arrive about 15 minutes early).



Wii Bowling: Every Monday

Wii Bowling is held every Monday in the Studio.
Games begin at 3:00 PM & the group is always looking for new players.
Please call Judy C. with questions or if you'd like to learn how to play!

LV Auxiliary News

Village Boutique

Hours: Monday, Wed, Friday & Sat. 1pm to 4pm

The Village Boutique wishes everyone a very Merry Christmas and a Happy, Healthy New Year! The Village Boutique did very well selling the donations received from our valuable, loyal residents. Our sales for the year were Over \$10,000. **AWESOME!** Thank you for your support in coming to the Boutique and buying the merchandise.

Auxiliary Nut Sale

Our nut sales will be close to \$4,350.00. Thank you for purchasing nuts and supporting Our Auxiliary project. May everyone have a Blessed Christmas and enjoy your family time!



Thank You

Thank you to everyone who helped and supported the Bazaar.
Everyone enjoyed the lunch, especially.

Auxiliary Officers for 2024

President - Michaelann D.

VP - Jim W.

Secretary - Kathy R.

Treasure - Chet R.

Welcome

Dates to Remember

- * February 3rd Quarterly Auxiliary Meeting at 9AM in DiMatteo Worship Center
- * May 4th Quarterly Auxiliary Meeting at 9AM in DiMatteo Worship Center
- * August 3rd Quarterly Auxiliary Meeting at 9AM in DiMatteo Worship Center

*HAPPY
Holidays!*

Dining Services News

In the Cafe

Specials

Wednesday December 6, 2023

Smoked Pulled Pork Quesadilla \$7.99

(Pulled pork, Peppers and Onions, Cheddar Cheese)



Wednesday December 13, 2023

Three Cheese Grilled Cheese

w/Tomato Soup \$6.99

(Sourdough bread, Mozzarella, Cheddar, American)



Wednesday December 17, 2023

Brunch for Lunch \$6.99



Wednesday December 20, 2023

Ice Cream Social in the Atrium

1pm-2:00pm \$1 a scoop

Choice of Vanilla, Chocolate,
Strawberry and toppings!



Dining Services News

Happy Holidays

Pre Order Pie and Cake Sale
presented by
The Cafe at Stoneback Library

Apple Crumb Pie

\$10

New York Cheesecake

\$14

Southern Pecan Pie

\$10

Orders must be received 48 hours in advance
of pick up in the Cafe

Name: _____

Date/Time Needed: _____

_____ Apple _____ NY Cheesecake _____ Pecan

Total Amount Due: _____

Order Taken by _____



Reservation Slips Check List ☒

- ☒ Enter your "First and Last" name on the slip.
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- ☒ Make ALL LV Auxiliary checks payable to LV Auxiliary.
- ☒ Make ALL LV Woodshop checks payable to LV Woodshop.
- ☒ Drop ALL reservation slips in IL Reservation Box



Movie Trip to the Allen Theater: January 3rd at 12pm (pg. 23) DL: December 28
(Lebanon Valley College)

Cost is \$8 PP Cash _____ Check# _____ (Payable to LV-ILC)

Name _____ Phone _____

☐ Bus ☐ Car ☐ Rollator ☐ Walker

Birthday Wishes Slip (pg. 10)

DL: ASAP

Name _____

Birthday _____



New Year's BINGO Friday December 29th at 1:30pm (pg. 6)

DL: ASAP

Name _____ Phone _____

Sequence & Other Games Every Tuesdays at 2pm (pg. 36)

DL: ASAP

Name _____ Phone _____

Buffenmyer Model Train Display (pg. 6)

DL: December 15

Name _____ Phone _____

I will attend on: _____ January 4th at ☐ (1:30pm) ☐ (2:00pm) ☐ (2:30pm)

I will attend on: _____ January 8th at ☐ (2:30pm) ☐ (3:00pm) ☐ (3:30pm)

Please Circle One

Dining Services News

MERRY CHRISTMAS

TAKE AWAY MEAL

PLEASE DROP OFF FORM IN
THE CAFE BY DECEMBER 15TH

Pick up Sunday December 24th

1pm-3pm

The Cafe at Stoneback Library

\$16.99 per person

HONEY GLAZED HAM
SWEET POTATO W. MARSHMALLOW
POTATO STUFFING
GLAZED CARROTS
CRANBERRY SAUCE
DINNER ROLL

APPLE PIE

NAME _____

PHONE _____

NUMBER OF MEALS _____



Trash Recycle Page

LV Apartment Recycling, October 2023

PLEASE POST THESE UPDATED TRASH AND RECYCLE GUIDELINES ON YOUR FRIDGE OR OTHER VISIBLE SPOT FOR REFERENCE. Disregard all previous guidelines or how you recycled before you moved here.

Also advise your caregiver to put items in proper container.

CANS Clean Aluminum or Steel. Put in container Marked "cans". (No plastic bags)

NEWSPAPER Includes comics, Community Courier, Merchandiser, Super Market Adds, other non-glossy go in Box Marked **NEWSPAPER ONLY**. (No plastic bags)

SHINY ADDS Junk mail, Magazines. Smashed paper egg cartons. Envelopes. Office Paper. Cereal Boxes. Other thin paper board boxes. TP and Paper Towel rollers go in BLACK CRATES. (No plastic bags, waxed OJ, Milk or Ice Cream containers, go in trash).

SHOPPING BAGS PLASTIC or **PAPER** go in Marked containers.

CLEAN GLASS and **PLASTIC** BOTTLES and JARS, PILL BOTTLES with caps, LIQUID DETERGENT JUGS are OK to go in RECYCLE CANS. Remove and discard dispenser pumps.

STYROFOAM Egg cartons and Styrofoam coolers go on shelf or floor.

THE FOLLOWING ITEMS GO IN TRASH; STYROFOAM OR PLASTIC FOOD CONTAINERS, DELI CONTAINERS, YOGURT CUPS, BROKEN GLASS, NON RECHARGEABLE BATTERIES, PAPER JUICE OR MILK CARTONS, BUBBLE WRAP MAILERS, CAFE FOOD CONTAINERS. CLEAR plastic food containers, Ice cream containers. Double bag light bulbs and put in trash. SOILED pizza boxes are TRASH.

SEE OTHER SIDE for illustrations

SHREDDED PAPER Bag and place on floor.

PLACE CORRUGATED CARDBOARD (colored OK) BEHIND RECYCLE CONTAINERS. SOILED PIZZA BOXES ARE TRASH!

PUT ANY TYPE OF METAL OR NON WORKING APPLIANCES IN TRASH ROOM.
(Toasters, crock pots, lamps, vacuums, coat hangers, pots and pans, etc.)

SECURELY TIE ALL TRASH BAGS and put in carts or cans.

YOUR help is appreciated keeping items separated. IT saves time if we do not have to sort through it.

If you have a few small items for Estate/Barn Sale mark them and put in trash room.

We take magazines, junk mail shiny and office paper to NL Twp. Recycle center. A farmer comes for shredded and newspaper for animal bedding. Metal goes to local scrap yard. We netted over \$800.00 so far this year. It pays to recycle! Money goes to GSF.

Waste Management picks up trash and recycling. There is fee for trash and a lower fee for recycling.

Thanks from your collection crew, El Foore, Ivan H. and all who help.

We are always looking for volunteers for trash, recycle and Yard Sale; men & women. call Ivan.

Trash Recycle Page

Trash Examples



A 3x3 grid of images showing various objects. The top row contains a white Weis storage bin, a clear plastic container, and a Yoplait yogurt container. The middle row contains a clear plastic lid, a clear plastic container, and a coffee cup. The bottom row contains a clear plastic container, a clear plastic lid, and a clear plastic container.



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Mixed Art w/Cindy - Friday December 1st & 15th at 5:30pm - (pg. 36)

DL: ASAP

Name _____ Phone _____

☐ December 1st ☐ December 15th

Sally Ann's Mixed Arts - Friday Dec. 1st, 8th, 15th, 22nd & 29th at 3:30pm - (pg. 36) DL: ASAP

Name _____ Phone _____

☐ Dec. 1st ☐ Dec. 8th ☐ Dec. 15th ☐ Dec. 22nd ☐ Dec. 29th

Ladies Afternoon Tea - January 15th & 29th at 2:30pm (pg. 20)

DL: ASAP

Name _____ Phone number _____

☐ January 15th ☐ January 29th

3rd Tuesday Shopping - Tuesday December 19th at 9:30am - (pg. 21)

DL: ASAP

(At Kohl's in the Lebanon Plaza)

Name _____ Phone number _____

☐ Bus ☐ Car ☐ Rollator ☐ Walker

Hershey Women's Connection - Wed. December 13th at Noon - (pg. 22)

DL: Dec. 7

Name _____ Phone number _____

☐ Bus ☐ Car ☐ Rollator ☐ Walker ☐ Gluten Free

Trash Recycle Page

WATCH FOR NEW TRASH AND RECYCLE GUIDELINES COMING TO YOUR MAILBOX

Londonderry Village Trash

We have a great group of dedicated residents who pick up trash at the duplexes and cottages every Tuesday and Friday in all kinds of weather all year around including holidays.

(Apartments work differently for trash pickup since they have a common area for trash)

There are two teams starting at 8 AM and within an hour all of the duplex and cottage trash is picked up and taken to the barn and put in the big containers. It sure beats having the large trash trucks on our streets any time of the day.

There are six residents that regularly make up the trash teams, along with some substitutes. They can always use substitutes to fill in when necessary. If you would like to join the trash detail as a regular or as a substitute, contact El F. Thank you trash teams for your service to LV.

Recycle

One important function that our residents are committed to is recycling. There are six residents that pickup recyclables every Thursday from the duplexes and cottages, including holidays. An exception would be newspapers and cardboard during wet weather. Can you imagine handling wet newspaper and cardboard? Mushy & slimy. In wet weather, hold newspaper & cardboard to a future dry Thursday. *(Apartments work differently for all recyclables since they have a common area to put recyclables)*

Ivan Hanson administers our recyclable program. He keeps us up to date on what can be recycled. They can always use additional resident help on Thursdays for pick up and sorting recyclables. If you have an interest and want to help, even if it is only once in a while, contact Ivan H. If you can't commit full time, you may want to be a substitute helper.

We like to recycle as much as possible to keep items out of landfills. We also receive some funds for recyclables that go to the Good Samaritan Fund. Thanks to the dedicated recyclable teams for your service to Londonderry Village. If you have any questions about what items are recyclable, contact Ivan.

Your IL trash men are like postal workers – through wind, rain, snow and all kinds of weather we will pick up trash. We even include holidays in our schedule. One reminder please tie your bags shut.

Thanks, your trash men!





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Caregiver Support Group: Thursday December 14th at 2:00pm - (pg. 18) DL: ASAP
(Theater Room)

Name _____ Phone _____

Bible Fellowship Luncheon Wednesday December 6th at 10:00am (pg.23) DL: ASAP

Name _____ Phone number _____

☐ Bus ☐ Car ☐ Rollator ☐ Walker

IL New Year's Eve Celebration Thursday December 28th at 7pm (pg. 29) DL: Dec. 8
(At The DiMatteo Worship Center)

Name _____ Phone _____

Cost is \$6 PP: Cash _____ Check# _____ (Payable to LV -ILC)

PA's 108th Annual Farm Show Trip: January 8th at 8:30 am (pg. 25) DL: ASAP
(PA Farm Show Complex & Expo Center)

Name _____ Phone _____

☐ Bus ☐ Car ☐ Rollator ☐ Walker

Volunteer Golf Cart Driver Sign Up Slip (pg.11) DL: ASAP

Name _____ Phone _____

☐ 10:30 AM to 12:30 PM *or* ☐ 1:30 PM to 3:30 PM

Check which one (or BOTH) you are interested in.



IL Committee Notes

INDEPENDENT LIVING COMMUNITY NOTES - DECEMBER 2023

If you shop at Redner's Grocery Store you have an opportunity to earn cash for the Good Samaritan fund at Londonderry Village by submitting your total receipt. To be eligible for the 1% cash Save A Tape reward that Redner's provides we need to submit the total receipt. The receipt shows what you purchased and if you used a credit card it shows some information only you know and then information about the 1% cash reward followed by other information. If you do not feel comfortable with the card information shown on your receipt you can black it out. Please do not cut any part of the receipt or it cannot be submitted to Redner's. The procedure you need to follow when you make purchases at Redner's to earn the 1% cash is to swipe your Rewards Card (provided by Redner's) or you can provide your phone number if you don't have your card with YOU. After payment for your purchase you will be given a receipt and then the total receipt can be placed in the Redner's box located in front of the Snell Center receptionist area at your convenience. Londonderry Village receives about \$150 to \$250 per month for the Good Samaritan Fund. We have a dedicated volunteer who checks each receipt and submits them to Redner's each month. What a great way for us to provide some funds for the Good Samaritan Fund.


REDNER'S
SINCE 1970

110 North Side Commons
Palmyra, PA 17078
717-838-2062
Store #60 Director: Perry Hoffmaster


>JVNOY4ERDLZB1B

Today's 1% Save-A-Tape Total \$26.27
11/10/23 11:51:18
STORE# 0060 POS# 06
Account: XXXXXX8645

CONGRATULATIONS! You are eligible
for the following rewards:
Buy Deli Sandwich Get 1 Frito Lay!
AVAILABLE UNTIL 12/27/2023

Purchase a qualifying item to receive
Your reward.

Red Points summary

Only Partial Receipts Shown

HOLIDAY SEASON

This time of year, all around us are the holiday festivities and beautiful traditions of the season. These festivities and traditions are expressed here at Londonderry Village and through our families and church each year. We all have memories of past Christmases with family members and friends and loved ones. We can remember the list making, gift wrapping, tree decoration, cookie baking, Santa and other activities. But during this time we don't want to forget to take a moment or two to reflect on the meaning of Christmas that gives us hope we celebrate the birth of Jesus.

The ILC wishes you a happy holiday season.

Dick H., ILC Chair





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January Winter Social: Thursday, January 18th @ 5:30PM (pg. 28) DL: Dec. 28
(In The DiMatteo Worship Center)

NAME: _____ Phone: _____

Cost is \$9 PP Cash _____ Check# _____ (Payable to LV-ILC)

Sandwich Choice: ☐ Ham & Swiss ☐ Turkey & Am. Cheese

Bringing: Salad _____ or Dessert _____

Londonderry Village Community Quiz January 25th at 2pm (pg.) DL: NONE
(In Di Matteo Worship Center)

Name _____ Phone Number _____

I'm interested in: ☐ Being a contestant ☐ Helping out behind the scenes

2024 Social Committee Volunteers (pg. 20) DL: December 28

Name _____ Phone _____

January 18th Winter Social _____ (Sandwich, Salad, Dessert and Entertainment)

February 15th Valentine Social _____ (Dessert Social and Entertainment)

March 23rd Everybody's Birthday Social _____ (Dessert and Entertainment)

Village Voice

“Puzzles Me”

You like vanilla ice cream, I like chocolate. You like white cake, I like any, but white. The point is there is no right or wrong. It's all a matter of taste and so it is with Jigsaw Puzzles.

It's always been puzzling to me how perfectly normal people can spend hour upon hour working on puzzles. I'm probably in the minority when it comes to working on puzzles. Everywhere I've been on campus from Independent Living to all the apartment buildings, there are tables set-up with folks rotating times to put puzzles together.

A person who enjoys working on puzzles is defined as a Dissectologist. Who Knew?

I've had the opportunity to see the finished puzzles treated with various products to hold them together, when finished these puzzles become beautiful and delightful pictures that decorate the hallways of the buildings on our campus.

Those of you who spend the time working on these must have a feeling of satisfaction and some pride as you see the results of your time of enjoyment displayed for others to see and be enjoyed by them.

I guess my short attention span doesn't allow me to enjoy or share with you your enjoyment of puzzle assembly.

I see my wife getting a puzzle from the closet, so I think I'll head to the barn to see what piece of equipment I can watch rust. I'll have a better time doing that than helping with her puzzle.

El F.

You may not see it yet, but God has the right pieces to make the puzzle of your life fit together.



Insurance Review

2023 Year-End Planning:

As we approach year-end, several bits of information that can help you prepare for 2024, yes 2024 already!

- Beat the December 7th date to review and confirm your plan or apply for either a new or different Medicare Advantage (“Part C”) or Medicare Prescription Drug (“Part D”) plan. With 80 different Part C plans and 20 different Part D plans available in Lebanon County, I use www.medicare.org to help sort through the plans to determine the estimated least expensive plan for you based on your medication list and provider preferences! Remember the most expensive premium plan does not get you the “best” coverage; nor is the reverse true—the least expensive premium plan does not mean the least expensive total out-of-pocket (“OOP”) costs at year-end. And not all pharmacies participate in each plan;
- Londonderry Village is part of several networks for Medicare Advantage plans. You may want to check the list and factor that in your decision before considering a Medicare Advantage or Part C plan for 2024;
- Check your Social Security benefits for the New Year. The Social Security Administration (SSA) provides the annual COLA (cost of living) increase of 3.2% for 2024 in your monthly benefit. Verify that you received the increase in your first Social Security deposit in January;
- If you are on Medicare with a Medicare Supplement (“Medigap”) policy, the deductibles and coinsurances change effective January 1, 2024 as follows:
 - Part A (hospital) deductible—increases to \$1,632 projected from \$1,600;
 - Part B (physician & out-patient services) deductible—increases to \$240 from \$226;
 - Part B monthly premium increases from \$164.90 to \$174.70!
 - Generally, your Medigap policy provides coverage for those deductible increases as well as other coinsurance increases in Part A coverage;
 - Medicare Advantage plans tend to cover the same increases in deductibles and coinsurances despite participants NOT covered by Medicare;
- Review you other insurance coverages...limits, deductibles and premiums;
- Financial issues—consult your tax advisor to make any needed year-end adjustments in your investments as well as health care expenses and/or charitable giving.

Pro-active planning can help save dollars in the future - both in the form of cash now as well as possible taxes in the future. If you need assistance with any of the above insurance issues, please call me for an appointment or see me in the Theater Room on Friday mornings. I am available 9am to noon unless I have a scheduled appointment.



Mike Landis, Insurance Counselor
Theater Room - Fridays 9am to Noon
(717) 949-6534 or (717) 471-5862 for an appointment
mlandis@balsins.com

Safety, Security, & Transportation



The Safety and Security department will be testing all resident pendants and emergency Pull stations in January 2024. A letter will be placed in your mailbox in December as a reminder for the date and address for the testing.

Any questions, please call Andy, Security Supervisor at Ext. 1001.
Thank you



SAFETY SECURITY FIRE EVACUATION 2024 TOWN HALL MEETINGS

*Presenter: Andrew Bacha, Safety and Security
Supervisor of Londonderry Village*

Monday January 8th - 100 COTTAGE DRIVE APARTMENTS

All meetings on this date will be held in the Lounge area

10:00 am - 3rd Floor

10:45 am - 2nd Floor

11:30 am - 1st Floor

Monday January 15th - 200 COTTAGE DRIVE APARTMENTS

All meetings on this date will be held in the Lounge area

10:00 am - 3rd Floor

10:45 am - 2nd Floor

11:30 am - 1st Floor

Monday January 22nd - WHEATON APARTMENTS

All meetings on this date will be held in the Cafe

10:00 am - 3rd Floor

10:45 am - 2nd Floor

11:30 am - 1st Floor

Monday January 29th – COMMUNITY CIRCLY & ROYER APARTMENTS

All meetings on this date will be held in the Cafe

10:00 am - 300

12:00 Noon - Royer

10:45 am - 200

1:00 pm - Royer

Safety, Security, & Transportation

May the gifts of
peace and joy be
yours at Christmas
time and happiness
dwell around you
wherever you go!

*From your Safety, Security & Transportation Teams,
Andy, Alicia, Dennis, Jennifer, Jeremy, Julia,
Marc, Roger, Shari, Shawn, Terri & Wayde*



Café Menu - December 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 Grilled Honey Mustard Pork Loin Herb Rice Baby Carrots Chef's Choice	27 Swedish Meatballs Creamed Peas Mixed Vegetables Cabbage Bacon Chowder	28 Hamloaf with Pineapple Sauce Mashed Potatoes Green Beans Turkey Noodle	29 Beef Burgundy White Rice Brussel Sprouts Tomato Bisque	30 Grilled Chicken Thigh Fingerling Potato Braised Cabbage Sausage & Rice	1 Chicken Croquettes Buttered Noodles Garlic Green Beans Chicken Supreme	2 Roasted Turkey Sweet Potato Harvard Beets Chef's Choice
3 Grilled Honey Mustard Pork Loin Herb Rice Baby Carrots Chef's Choice	4 Swedish Meatballs Creamed Peas Mixed Vegetables Cabbage Bacon Chowder	5 Hamloaf with Pineapple Sauce Mashed Potatoes Green Beans Turkey Noodle	6 Beef Burgundy White Rice Brussel Sprouts Tomato Bisque	7 Grilled Chicken Thigh Fingerling Potato Braised Cabbage Sausage & Rice	8 Potato Crusted Cod Mac/Cheese Stewed Tomato New England Clam Chowder	9 Stuffed Herb Chicken Buttered Noodles Carrots Herb Sauce Ham & Bean
10 Seared Salmon Rice Grilled Asparagus Chef's Choice	11 Grilled Garlic Pork Loin Polenta Broccoli Loaded Baked Potato	12 Tortilla Tilapia Potatoes au Gratin Green Beans Chicken & Rice	13 Honey Ham Creamed Corn Peas Shrimp Corn Chowder	14 Roasted Chicken 1/4 Potato Stuffing Lima Beans Minestrone	15 Seared Salmon Roasted Potatoes Brussel Sprouts Broccoli & Cheese	16 Stuffed Peppers Baby Carrots Chef's Choice
17 Brunch	18 Crab Cake Fries Coleslaw Three Bean Soup	19 Chicken Alfredo Broccoli Bowtie Pasta Roasted Cauliflower	20 Roast Turkey Gravy Mashed Potatoes Broccoli Amish Chicken Corn	21 Roast Beef Gravy Loaded Baked Potato Peas Potato Leek	22 Pork and Kraut Mashed Potatoes Butternut Squash	23 Ham Loaf Scalloped Potatoes Green Beans Chef's Choice
24 Salisbury Steak w/ Onion Gravy Mashed Potatoes Corn Chef's Choice	25 Merry Christmas Café will be Closed	26 Meatloaf Roasted Potatoes Baby Carrots Stuffed Pepper	27 Potato Crusted Cod Scalloped Potatoes Winter Veg Blend Garden Vegetable	28 Breaded Pork Loin Cauliflower au Gratin Broccoli Corn Chowder	29 Chicken Croquettes Buttered Noodles Garlic Green Beans Chicken Supreme	30 Roasted Turkey Sweet Potato Harvard Beets Chef's Choice
31 Grilled Honey Mustard Pork Loin Herb Rice Baby Carrots Chef's Choice	1 Café will be Closed				Menu Subject to Change	