APRIL 2025

INDEPENDENT LIVING NEWSLETTER

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Café Menu Back







Activities Locator

Bell Tones - Theater Room

Billiards - Game Room

BINGO - Fellowship Hall / DiMatteo Worship Center

Caregiver Support Group - Theater Room

Chaplain's Independent Living Bible Study - Fellowship Hall

Community Quiz - DiMatteo Worship Center

Conversations with Friends - Fellowship Hall

Friday Game Day - Theater Room

Friday Movies - DiMatteo Worship Center

Games of Choice - Atrium (next to the Café)

Gleaners - Fellowship Hall

Grief Support Group - Theater Room

Hand Bell Choir - DiMatteo Worship Center

Health, Safety & Prevention - DiMatteo Worship Center

Ladies Afternoon Tea - Atrium (next to the Café)

LV Book Club - Village Art Center

Men's Bible Study - Fellowship Hall

Bridge, Hand & Foot, Pinochle, & Wii Bowling - Village Art Center

TED Talks - Theater Room

Veterans Club - Village Art Center

Village Harmony - DiMatteo Worship Center

Walking Group - Meet at Snell CC fountain

Textile Group, Mixed Art w/Cindy & Art Class w/Barbara James - Village Art Center

Trips leave from Snell Community Center

Touchtown-Uniquest Volunteer: Dale G.

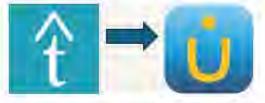
This information system was created by Touchtown but now has a new owner and new icon, Uniguest. Would you like to use the LV Uniguest system, but you're not sure how to access the site? Resident, Dale G. will be happy to guide you on how to use this communication system available from your personal computer or smart phone. Give Dale a call.

Are You Connected

To Our Internal Digital Information System?

Londonderry Village has a <u>secure</u> internal digital information system that provides residents with access anytime, anywhere to a resident directory, our daily information channel, newsletter and among other information a medium for submitting maintenance requests. This system is available from your desktop computers, laptops, and smart phones. For smart phones all you need to do is download the application from the Apple App Store or Google Play Store. In the case of desktops and laptops, you can access and bookmark the following website (https://www.residentapps.com/).

This information system was created by Touchtown but now has a new owner and new icon, Uniquest:



If a resident still sees the former Touchtown Community Apps icon on their smartphone you can update your application within the Apple App Store or Google Play Store. Updating ensures that you have access to the most recent version of the application and Uniquest Community branding.

If you need help accessing and/or using this internal digital system resident Dale Good will be happy to assist you. Just give Dale a call at 717-641-3435 to arrange an appointment.

The "Village Insider" with Francis: Monday April 21st at 1PM

The "Village Insider" lead by Francis Glynn, Environmental Services Director will be held Monday April 21st at 1PM.



Newsletter Reservations

A friendly reminder when filling out reservation slips, please be sure to include your name (first & last) and all the needed information on each slip.

If money is required, please place all monies into a sealed envelope. **Please cut all slips apart.**

Please place all reservation slips and envelopes into the IL Reservation Box located on the wall across from the Snell Community Center Receptionist desk.

You are expected to attend the event if you signed up.

If you receive a telephone call, from either Trudy or Mary Lee, it is because the event has been filled. You will be placed on stand by for a possible opening.

There is a listing of all resident trip reservations in the binder located at the Snell Community Center.

Thank you for your cooperation.

<u>Seasons Restaurant</u>

You are invited to celebrate your birthday at Season's Restaurant. Please make a reservation by calling Seasons at Ext. 3612 and specify that it is for a resident's birthday. Please allow at least a 2 day notice to allow the Staff enough time to prepare the complimentary cake. What better way to spend your special day?!



Need a LV Bus Tour of Campus?

Resident, Jack Brake, would like to invite you to an LV Bus Tour and walking tour of the Londonderry Village Campus. Have you lived on campus but had never traveled around the village seeing places such as the Wood Shop, the Shearer Family Playground, Green Houses up close? Come join us for a bus tour throughout the village. We will also take a walk through the main building learning where all the activity rooms are located. If you need assistance walking, we will be happy to make



accommodations. It is all about experiencing your surroundings. We will meet at the Snell CC entrance and the tours will be approximately an hour in length, once a month beginning at 1:00 PM the 1st Friday of each month. Reservations are required, sign up slip in this newsletter. Questions, call Mary Lee at Ext. 3186 or Trudy at Ext. 3048.

Redner's Save-A-Tape Program

When checking out at Redner's, please be sure to use your Redner's Rewards card. We can not use the Redner's receipts unless your Rewards card is presented at the time of check out. PLEASE DO NOT CUT ANY PORTION OF THE RECEIPT. THE ENTIRE RECEIPT IS NEEDED. We have been receiving so many receipts that do not have the needed information. Feel free to black out your payment method if you prefer. Thank you for saving your receipts!

Greeting Cards in the Village Art Center

Did you know the Village Art Center has cards for all occasions on sale at only .25 each. Make your selection any time of the day and drop the money in the box on top of the glass display case. Other items for sale are also available in the glass case.

Get Well Soon





"Everybody Has A Story"

Take time to check out the stories in the Snell Community Center or the Library. Take a moment to sit down and read the unique stories of our fellow friends. Copies of all stories are available for you to read at home.

Please contact Jack or Pearle Brake.

Email: jackbrake@hotmail.com Text or phone: 206-430-3767



Shred Event: May 10th: North Londonderry Township Building

The annual community wide Shred Event is open to residents and businesses of the Palmyra Area School District, free of charge. This year, the event will be on Saturday, May 10, 2025 from 9:00 a.m. to 11:00 a.m, rain or shine. The building is located at 655 E. Ridge Road, Palmyra. Only bring documents containing confidential information. Otherwise we have a roll-off container outside the compost site for all other paper products. The drive-thru nature allows us to quickly move residents up to the shred truck as volunteer Township employees assist with unloading and transporting documents to the truck. Staples and paper clips can go through the shredder and a maximum of 10 file boxes will be accepted per customer. Questions, call the Township Building at 717-838-1373.

Coupon Flyers Needed

We are in need of unwanted coupon flyers. There will be a gray and black basket inside the door to the Village Art Center. Please consider placing your coupon flyers in that basket. Thank you!

There is a \$25 charge for no show appointments. Please text, email or call ahead with cancellations.

Massage Therapy

Discover the health benefits of Massage therapy available at our LV Health Clinic. Crystal (Crys) Bashore is a Licensed Massage Therapist available weekly on Tuesdays. Cindy Rohland is also a Licensed Massage Therapist available weekly on Fridays. Both are extremely flexible in accommodating schedules. Cindy and Crys incorporate a combination of massage techniques for the benefit of both relaxation and pain relief.

Crys can be reached by either

Phone: 717-644-1169 or Email: simplyhands2@gmail.com

Cindy can be reached by either

Phone: 570-850-3106 or Email: crohland11@yahoo.com

Resident Rates:

15 Minutes \$18

30 Minutes \$36

60 Minutes \$72

Gift Certificates are available at any reception desk.

Foot Reflexology

11AM - 3PM

BY APPOINTMENT ONLY

Call: Crystal Deller at 717-507-4323 and please leave a message of your requested appointment time.

Crystal will call you back to confirm.

Location:

Health Clinic Massage & Reflexology Room (next to the Salon)

Reflexology Service Rates:

15 Minutes \$18

30 Minutes \$36

60 Minutes \$72

LV's Manicure Services!

Appointments NOW AVAILABLE WEDNESDAYS & THURSDAYS call Aubrey at 717-304-4449 to schedule!



Splinter's From the Woodshop

Greetings, we had our first meeting of the new year. Two new officers were voted in, Ron B. will be Vice President and Jim L. will fill our secretary position. Thank you Ron and Jim for helping with the leadership of Splinters. We want to thank Jack G. and Pearle B. who have fulfilled their time in leadership and have stepped down. Thank you both for your service. We have changed our cleaning day to the second Monday of the month. The first and third Monday we are meeting in the Café for coffee, conversation and calories at 8:30, hope to see you there. Also we want to thank Olga K. for volunteering to do some toll painting for us. The first items she painted for us are beautiful; we will be displaying her work in the display case. Thanks again Olga. The display case in the Wheaton lobby has been moved to the hallway outside of Seasons restaurant. The display case is being updated with new items. Stop by the display case and check out the new items crafted in Splinter's woodshop.

Any Questions you may contact Larry M.

Stamp Collecting

Several years ago the Village had a stamp collecting project that raised money for the Good Samaritan Fund. We are looking to start this project again collecting all kinds of stamps. Stamps prior to April 12, 2007 you had to lick and press onto the envelope. All these stamps need to be soaked off the envelope. After that time FOREVER STAMPS (\$-41) evolved and were self adhesive. For several months I've been collecting, doing quick sort and cut of stamps. I have several bags and now I NEED YOUR HELP in doing a final trim of a precise border of paper around each with no more than 1/8" and not less than 1/16" with perforations (perfs) intact. The next step is a final sort, packing and mailing to Mystic Stamp Company.

If you have any stamps are willing to donate, we ask that you cut or tear off the corner leaving a sizable border for further trim. DO NOT TEAR THE STAMP. You can deposit all stamps in the box marked STAMPS at the in house mailboxes next to the wall joining the Covenant office.

This final trim process can be done in your home anytime it is convenient for you. If interested in helping, fill out the reservation slip and someone will contact you. Any questions, call Trudy at Ext. 3048.

Card Making Group: Friday, April 4th at 9:00 AM

If you enjoy making cards, please join the Card Making Group April 4th at 9:00 AM in the Village Art Center. The group creates greeting cards from recycled cards and sells them to benefit the Good Samaritan Fund. WE ARE IN NEED OF MORE VOLUNTEERS TO HELP WITH THIS PROJECT. We meet every 1st Friday of the month. Please consider joining us. No reservations needed. Questions: Call Trudy ext. 3048.

CARING CUPBOARD FOOD DRIVE

Caring Cupboard inventory is low in the months of February and July. That is why we have a food drive at Londonderry Village for those two months. The response has been awesome. For the month of February, you donated 624 pounds of food. Thank you so much for your generosity. Caring Cupboard is very appreciative of your kindness. You are making a difference to many lives in Palmyra. Sincerely, Ed and Carol G.



Thanks and Gratitude from Jeff Shireman

I would like to extend my heartfelt appreciation to everybody who helped to make my transition and retirement celebrations so meaningful, fun, and enjoyable! Thanks in particular to Board Chair Steve Tilley, who presided over multiple events and who made sure that I felt suitably honored (I did!). Also, I am indebted to the Marketing Team members who produced that great tribute video...it was very well done and personally very meaningful!

Thanks as well to new CEO Alicia Titus who humbly stepped aside so that I could have my final moments in the limelight. Finally, a great big note of thanks to the many residents, staff, vendors, colleagues and Board members who attended the party, sent gifts and/or cards, and personally delivered their well wishes. It was a great day for me, Kristi, and our family.

Retirement has been busy, with two extended trips to NC (to be with our grandchildren) and a host of home improvement projects that we had been looking forward to. Although I am grateful and happy to be retired and spending more time with Kristi and our family, I think of the good folks at Londonderry Village on a frequent basis.

Be well and we will see you soon at an upcoming Special Event.

Jeff Shireman

<u>Laysers Greenhouse Flowers: Volunteers Needed</u>

The Laysers Greenhouse in Myerstown has a new owner and is ready to get started planting for the spring flowers. The LV bus will be heading out every Monday and Thursday (except the third Thursday) to work in the greenhouse planting and preparing the spring hanging baskets. Wear your garden gloves and enjoying working in the soil. We have 12 volunteers ready to go! We are always looking for a few more volunteers to be more flexible with resident schedules. It is a fun group working together to complete a job for the exchange for flowers for the Barn Sale. It is a win win for both the greenhouse and the Barn Sale. February 3 is the first day. Hours: Leaving at 8:00 am and return to LV at 12:00 noon time. We head out every Monday and Thursday during February, March, and April. Please fill out a reservation slip if you are interested. When we return we will head over to the cafe for lunch provided by LV. Questions: call Trudy at 3048. Dress in layers because the greenhouse will be cold at this time of the year. "WE ARE ALWAYS LOOKING FOR MORE VOLUNTEERS TO BE MORE FLEXIBLE WITH RESIDENT SCHEDULES." Thank you for making a difference!



Our Summer BBQ Bash is set for June 21, 2025, and we're inviting our residents/community members to support the event by becoming BBQ Bash Patrons with a \$25 donation. All proceeds go directly to the Good Samaritan Fund, which helps us continue to support our Londonderry Village residents who have outlived their financial resources.

As a thank you, patrons will be listed in our BBQ Booklet. We are all so grateful for the generosity of our residents and community -- your support makes a <u>real difference</u>! If you'd like to participate, please complete the form below and return it to Olivia Harris. Checks should be made payable to Londonderry Village, with "Patron" noted in the memo line.

Lisa Thomas & Olivia Harris

Name:	
Address:	
Phone:	

I would like to support by becoming a patron!

CAR & TRACTOR

2 VOLUNTEERS NEEDED

TO HELP COORDINATE THE CAR SHOW ALONGSIDE WITH ART GINGRICH (CAR SHOPW COORDINATOR)

CALL OLIVIA HARRIS AT 717 838 5406 EXT 3052

OR EMATL CHARRIS@LONDONDERRYVILLAGE ORG









Please pay cash or check and include payment with your reservation slip if you are buying lunch. Checks made payabel to Londonderry Village- Lunch N Learn- 1200 Grubb Road, Palmyra PA 17078

Please note in memo: Lunch N Learn Meal





May 15,2025 @ 12:00PM Fellowship Hall

Deadline to order lunch: May 8, 2025

Alicia Parks Schlossberg serves as the Manager of School History and Heritage at Milton Hershey School. A native of Palmyra, she has a passion for bringing local history to life through her work. Alicia holds an M.A. in History from Villanova University and has previously worked as an educator at the Philadelphia Museum of Art and the Historical Society of Pennsylvania.

In her presentation, Alicia invites you to journey through the rich history of the Hershey community, the Milton Hershey School, and the legacy of Mr. Hershey himself.

Guests may order a bagged lunch for \$8.00, bring their own, or simply attend to hear the speaker. Reservations are required for each session. Residents can sign up by calling (717) 838-5406 ext. 3052, handing in the slip below, on our website, or by scanning the QR code on the right. Lunch orders must be placed at least one week in advance by calling the same number.



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-	-	
O		

MAY 15 Lunch N' Learn Reservation Slip

Name	-			
	I would like to purchas	se a boxed lunch fo	r \$8.00	
	☐ Ham & Cheese	☐ Turkey & Che	eese 🔲 (Chicken Ceasar Wrap
	I am bringing my own	lunch		

Please pay cash or check and include payment with your reservation slip if you are buying lunch. Checks made payabel to Londonderry Village-Lunch N Learn- 1200 Grubb Road, Palmyra PA 17078 Please note in memo: Lunch N Learn Meal

Event Sponsor Madeira Chiropractic Wellness Center Presents



Health, Safety & Information for Seniors & Caregivers

Saturday, May 3rd 10 am - 2 pm

at Gravel Hill UMC • 131 Gravel Hill Rd, Palmyra

BOOTHS from 10am - 2pm
products, services & professionals with a focus on senior & caregiver quality of life

FOOD from 11:30am - 1pm

variety of selections available for purchase

BREAKOUT SESSIONS

10:30am - "Neuropathy: What is it & How to Stop it from Ruining Your Life!"

In this eye-opening presentation, Dr. John Madeira will reveal the causes of neuropathy, how to slow it, stop it, even reverse it and prevent its drastic life-altering effects. All attendees will receive a FREE copy of Dr. Madeira's new book Neuropathy Can Be Reversed.

11:30am - "Important Legal Stuff You Shouldn't Ignore"

Learn what you need to know about Estate Planning, POA's, Trusts and how to protect your family and assets.

12:30pm - "Outsmart the Scammers"

Incidents of financial fraud are on the rise and are becoming increasingly harder to detect. While no one is immune, there are steps you can take to Outsmart the Scammers.



Sponsorship & Booth Registration

Remaining Opportunities (many sponsorships already sold)

	, and the second
Logo and name	on advertising and marketing materials • Prime spot on the Senior Trail Map Breakout session opportunity
"Path Finde Logo & name of	n social media & some marketing materials • Spot on Senior Trail Map • Booth space
	bet" Sponsor - \$1,000\$sponsor • Prime location near radio station booth • Opportunity for input during the live broadcast
	- \$100
Electricity	at your Booth - \$10\$
	ALSO
	☐ I will need an 8' table at my booth. (Bring your own chair)
	☐ I will donate a unique giveaway toward the final "Senior Trail Map" prize basket
	☐ I would like flyers to promote the event.
	Please make donations payable to "Gravel Hill UMC" Gravel Hill is a registered nonprofit organization, and your donations are tax-deductible
	to the extent allowed by law. Please consult your tax advisor for details.
F	Return to: Margie Yohn • 25 Patton Road, Annville PA 17003
	Business Name
<u> </u>	Contact Name
	Address
All sponsors &	PhoneE-Mail
ooths will have first right of refusal for	Sponsor Breakout Session Topic & Description:
2026 event	For more information, contact: Margie at 717.644.3812 / margie@8ageSeniorTransitions.com

Make a copy for your records

Londonderry Village

WWW.LONDONDERRYVILLAGE.ORG/APPAREL/

Questions? Contact Olivia Harris (717) 838- 5496 ext. 3952

New Apparel & Online Shop

Londonderry Village has partnered up with Hummelstown Print Shop, a local and small business. This partnership has given us the opportunity to achieve faster delivery, new and high quality products, and a wider range of colors for customers to buy.



Women's Journey Fleece Jacket

· sizes up to 3xl



Shipped to YOU!

vests, windbreakers, pajama bottoms and more!

You choose Logo!

full Londonderry Village logo or only name Logo

Better Price!

lower cost variety of quality name brands



Birthday Wishes List

If having a birthday is not special enough, wouldn't it be fun to know who else is celebrating a birthday on the same day? Upon a resident suggestion, we will be compiling a list of IL Resident birthdays. The current birthday list for each month will be printed each month in the newsletter beginning in the New Year. If you would like your name on that list and share your birthday, please fill out the slip in the back of the newsletter with your name and birthday.

Questions, call Trudy at Ext. 3048

Game & Tech Night: April 28th at 6PM

Join us for Game & Tech Night with the Palmyra High School National Honor Society students. We meet the 4th Monday of each month in the Cafe from 6:00-7:30 PM. If you enjoy playing board games with a lively group of young people, this is the evening for you. If you need assistance with your phone, iPad, tablet or lap top, bring them along and a student will try to assist you. Come join the fun Monday, April 28th! No reservations needed. Questions: Call Trudy ext. 3048

<u>Visiting Friend Program</u>

Thank you for the great group of volunteers beginning our Visiting Friend Program again. All requests have need filled. We are always in need of more volunteers because all elders would enjoy more than one person coming to visit. If you are wanting to learn more please stop over to see Trudy! If there are any IL residents wanting to have a friend come to visit them once a month or a couple of times a month let us know in the Resident services office. We have friends who would be available to start a friendship with YOU!

AARP Smart Driver Course: April 10th & April 11th

Hit the road with confidence, courtesy of the newly updated, award-winning AARP Smart Driver Course. LV will be offering this course Thursday, April 10th and Friday, April 11th from 8:00AM to 12:00PM in the Theater Room. You will learn helpful driving strategies and you may even qualify for a multi year discount on your auto insurance! AARP members save 20% on the cost of the course. The instructor is David Sollenberger. To register, fill out the reservation slip in the back of this newsletter. You must attend both days to receive the certificate. Please bring your current PA drivers license and your AARP ID (if you are a member). **Cost is \$20.00 for members and \$25.00 for non-members. Pay on the day of event.** Questions: Call Trudy ext. 3048

At ReNewed Hearing Solutions we know hearing well is vital to your quality of life. We are here to help.



Our next visit will be...

Where: Londonderry Village

Formally Lebanon Valley Brethren Home

When: 1st & 3rd Mondays of Every Month

Time: 10:00 AM - 12:00 PM

If you cannot make it during our visit, please feel free to call us to schedule your personal in-home appointment!

As a resident you receive:

- Free in home hearing evaluations by appointment
- Free otoscopic exams
- Free hearing aid cleaning
- We service and clean any hearing aid regardless of where it was purchased or what brand it is



AUDIBEL

Meet your local hearing professional: Heather Sollenberger, Hearing Instrument Specialist

Hours:

1st and 3rd Monday of each month 10:00am to 12:00pm In the LV Health Clinic

ReNewed Hearing Solutions

112 E. Main St. • Hummelstown, PA 17036

(717) 298-6170 • www.RenewedHearingSolutions.com

*Hearing test is always free. Not a medical avanisation

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Hop to the April Quiz!

The April Community Quiz will feature an Easter-related special guest.

Quiz questions will focus on Easter, Tax Time, and Major League Baseball.

And we'll have our regular features, including
a Fitness Minute and Pun Fun with Gabriele.

The April Quiz is scheduled for Thursday, April 24th at 2pm in the DiMatteo Center.

Remember, everyone is welcome to attend & no reservations are needed.

Please join us for the Londonderry Village Community Quiz!

The FREE on campus only taxi service's hours are: Monday through Friday - 8:30am to 3:30pm



Residents have been using this on campus service to visit other residents, tour our campus, go to the fitness center, attend programs & events, go to physical therapy and **MUCH MORE!**

Volunteer drivers have been trained & certified in golf cart transport & may be reached at **717-497-2492** during the above listed times.

We are always looking for More Volunteers!!

Please call Jane Quairoli at Ext. 3051 with any questions.

Londonderry Village Transportation Department

The Transportation Department hours of operation are Monday trough Friday 8:00am to 4:00pm. The department currently has three transport vans that will accommodate wheelchairs measuring up to 30 inches wide. Power scooters and wheelchairs may also be accommodated for transport. Independent Living residents needing medical transport should be scheduled through the Transportation Coordinator. Please call ext. 3051 for convenient days & times before scheduling your appointment to ensure transportation is available. When requesting transport for non-medical reasons, the office will do our best to schedule those trips when time is available. If you have any questions, feel free to contact Jane Quairoli, Transportation Coordinator, at ext. 3051.

For the safety of all golf cart volunteers & residents, the golf cart must stay on campus.

It may not be taken off campus since it is not a licensed vehicle.

Thank you, Andy Bacha, Safety Supervisor

What's New at The Stoneback Library

Auxiliary Library request

Sign and date the check-out book card located inside on the book cover.

Then place the card in the labeled card box.



A Year of Flowers
Suzanne Woods Fisher



Laura Frantz
The Indigo Heiress



The Seaside Homecoming
On Devonshire Shores #3
Julie Klassen



Low Country Lost T.I. Lowe



Unforgotten #2
Shelly Shepard Gray

What's New at The Stoneback Library Palmyra Public Library Satellite Shelves



A Lebanon County Library System card is needed to borrow these books.

Our library volunteers can help you obtain a card.

Below is a sample of titles now available.

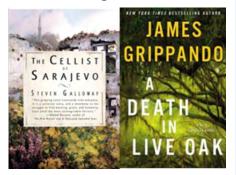
Hard Backs

DVD's

Large Print







Our volunteers can also help you order books from the larger Lebanon County Library System as well as the PA Power Library which provides access to over 1,500 Pennsylvania libraries.

The Stoneback Library is open 1:00 pm to 3:00 pm on Monday, Wednesday, and Friday.

Please submit your newsletter article no later than the 15th of each month.

You can email them to: sbarnes@londonderryvillage.org.

Thank you!

IF YOU HAVE TROUBLE READING THE
IL MONTHLY NEWSLETTER DUE TO POOR
EYE SIGHT, PLEASE CONTACT
MARY LEE AT 3186 OR TRUDY AT 3048.
WE WILL ARRANGE A VOLUNTEER TO
READ THE NEWSLETTER TO YOU.

Cafe Coffee with Friends

Monday-Friday 7am - 11am "Coffee NO Charge"

"Friendship-will charge your heart" Looking for morning inspiration?

Come to the Cafe, meet with friends, talk about the day ahead and enjoy simple times of good connections.

Seasons Restaurant

Wednesdays & Fridays 4pm - 7pm High-Rise Apartment
Elevators
Safety Guideline Policy
In order to prevent
accidents,
Residents with
scooters or pets
travel alone on the
elevators.

Hershey LTC Pharmacy

Monday - Friday 9am - 5pm 717-832-2050

The Café at Stoneback Library

Monday through Friday

Breakfast 7am - 10am

Lunch 11am - 1pm

Saturday and Sunday

Lunch 11am - 1pm

Art Gallery Wall Display

Art Gallery Wall Display

If you are one of the many talented artists here at LV, it's time to display one of your master pieces for all to enjoy. Art work should be a personal piece of art hand made by the RESIDENT ARTIST. The art hanging system is specially designed to securely hold the art

treasure (s) you have saved in your home.

The drop off of new art will be:

Monday April 21st from 9:00-11:00 AM

in the Fellowship Hall.

Our volunteers and staff will help hang the pictures for display.

The procedure is as follows:

- 1. Bring framed art work or other hand-able art work.
- 2. Have a registration form signed and completed.

Questions: Call Trudy at Ext. 3048





Registration Art Work Form						
Name		Phone				
Address			· · · · · · · · · · · · · · · · · · ·			
Name of Art Wo	ork					
No	t for sale 🛚	For sale 🗖	Price \$			
Artist Signature						
Art work is fi	-	ay by LV residents. The ing on the walls viewed	LV administration is not responsible by the general public.			
	REMEMB	ER TO BRING	THIS FORM			

5 1100 4 0 DAN DAN

CLASS INTESNTIY LOW	MODERATE	HIGH	Line Dancing Saturday the 12th	DiMatteo Worship Center at 10 AM	MONDAY, APRIL 21 ST POOL CLOSED	NO TRAINER ON DUTY	NO CLASSES EXCEPT 10:45 AM Zumba	SEE REVERSE	FOR CLASS	DESCRIPTION	Î
. 2025	Friday	4	9 AM Wet N Well 10 AM Bone Boost 2 PM Floor Flex	9 AM Wet N Well 10 AM Bone Boost 2 PM Floor Flex		18	9 AM Wet N Well 10 AM Bone Boost 2 PM Floor Flex		25	9 AM Wet N Well 10 AM Bone Boost	2 PM Floor Flex
APRIL – Wellness Center Class Calendar – 2025	Thursday	3	9 AM Soothing Sensations 10 AM Move & Improve 2 PM Water Volleyball	9 AM Soothing Sensations 10 AM Move & Improve	2 PM Water Volleyball	17	9 AM Soothing Sensations 10 AM Move & Improve	2 PM Water Volleybail	24	9 AM Soothing Sensations	2 PM Water Volleyball
Center Cla	Wednesday	2	9 AM Wet N Well 10 AM Morning Mobility 1:30 PM Seated Balance	9 AM Wet N Well 9 AM Seated Yoga 10 AM Morning	Mobility 1:30 PM Seated Balance	16	9 AM Wet N Well 10 AM Morning Mobility	1:30 PM Seated Balance	23/30	9 AM Wet N Well 9 AM Seated Yoga	10 AM Morning Mobility 11 AM Wellness Outing
- Wellness	Tuesday	1	9 AM Soothing Sensations 10 AM Move & Improve 2 PM Body Rock	9 AM Soothing Sensations 10 AM Move &	Improve 2 PM Body Rock	15	9 AM Soothing Sensations 10 AM Move &	Improve 2 PM Body Rock	22/29	9 AM Soothing Sensations	ID AM Move & Improve 2 PM Body Rock (^ only on the 22™)
APRIL	Monday			7 9 AM Wet N Well 10 AM Morning Mobility	10:45 AM Zumba 1:30 PM Standing Balance	14	9 AM Wet N Well 10 AM Morning Mobility	10:45 AM Groove 1:30 PM Standing Balance	"reference note in margin" "21/ 28	10 AM Morning	10:45 AM Groove 1:30 PM Standing Balance

Join us for a fun day of Frisbee Golf at the Hotel Hershey on Wednesday the 23rd, at 11 AM! We'll start boarding the buses at 10:45 AM at the Snell Community Entrance. Frisbee Golf is an easy-to-learn sport, making it perfect for beginners—no prior experience is required!

APRIL WELLNESS OUTING

1:30 PM Seated

Balance

We anticipate returning by 1 PM.

This Wellness Outing is completely FREE, but space is limited, so be sure to sign up soon!

ON LAND-meet in studio

Class Descriptions:

IN WATER-meet in pool

Move & Improve - A class designed to increase range of motion, balance, muscular strength and cardiovascular endurance, it is set up in a circuit style interval training without choreography. Requires independent ambulation. Morning Mobility - A class that includes sitting and standing exercises. A mild, cardio workout that includes strength, balance, endurance, and flexibility

Seated Your - The class will focus on the fundamentals of guided and gentle movement.

Funta Gold - Zumba Gold® is a dance fitness class that modifies traditional Zumba® moves with lower intensity, lower impact, and smoother transitions It utilizes an engaging blend of Latin and international-style music along with a bit of catchy pop and focuses on elements of cardio, balance, range of motion, and coordination.

Grante - This low-impact class, held either seated or standing, is designed to elevate your mood and enhance your timess with rhythmic exercises and dance-inspired movements. Perfect for beginners, there's no choreography to follow—just join in and have funt'

Standing Balance - Strengthen your core stability and enhance your coordination through a series of dynamic standing exercises designed to improve your balance and aqiility. Sealed Balance - Focus on foundational stability and core strength with a variety of seated exercises that promote balance, alignment, and overall body awareness

Participants can walk with as much or as little weight as they feel comfortable, covering between ½ mile and 1 mile, and may enjoy outdoor sessions when Sone Socst - This class combines walking with light to moderate weights to enhance bone health, gnp strength, and cardiovascular endurance the weather permits—don't lorget your sunscreen, hat, and hydration!

Dancing - Join our lively tine dancing class where you'll enjoy fun, music-filled sessions that improve mobility, coordination, and social connections while learning easy-to-follow dance steps! Floor Flux - Designed specifically for those who want to enhance their mobility and flexibility in a gentle, supportive environment. This slow-paced session ocuses on mat-based exercises that promote relaxation, improve limberness, and help you feel more agile in your everyday movements. This class is entirely on the floor.

Bory Rock - Join our new 4-week strength and conditioning class that combines challenging strength training with short cardio intervals for an effective full-body workout

Southing Sensations - Recommended for beginners, this is a mild 45-minute class where you work at your own pace with exercises designed to strengthen and stretch the muscles and work the joints in their full range of motion. Wet n' Well - This water aerobics class includes a warmup, 30 minutes of aerobic exercises, toning and firming, stretching and a cool down. This is a moderate to advanced program for aerobic endurance, flexibility, and strength training.

Water Volleyball - This group focuses on learning, laughing, fun, and Mendship while getting a great workout

Walk Across America: The Londonderry Village Wellness Team Invites residents to participate in a collaborative walking challenge by tracking their mileage on a map in the Wellness Center, stop by regularly to report your miles and see our collective journey across the USA

Contact the Wellness Center for more information about the classes, events and 1 on 1 personal training (717) 838-5406 EXT; 3211

The Wellness Center's Trip to the Susquehanna Art Museum in Harrisburg

We had a wonderful time at the Susquehanna Art Museum on Thursday, February 20th! About 12 of our residents from Londonderry Village enjoyed a fantastic outing, led by our passionate tour guide, Rachel Abell, the Director of Education. She enlightened us on the incredible exhibits, including "Wall Power!" with spectacular quilts from the American Folk Art Museum, and "There" by Jordan Nassar, highlighting beautiful Palestinian embroidery.

A special thank you to our Wellness Specialists, Lauren Seibert, and Robert Zell for accompanying the residents and ensuring everyone had an enjoyable experience!

And the excitement continues! Join us for our next Wellness Outing to the Reading Public Museum and Planetarium on Thursday, March 27th. We'll be treated to a private show at the planetarium! Space is limited, so be sure to sign up with Sandra at the Snell Community Information Desk starting Monday, March 3rd. The tour will cost just \$10.

If you have any questions about past or future wellness outings, feel free to stop by the wellness center or call us at 717-838-5406 EXT 3211. We can't wait to see you again!

#LondonderryVillage #WellnessOuting #ArtAppreciation #CommunityFun











BALANCE

Standing Balance - Strengthen your core stability and enhance your coordination through a series of dynamic standing exercises designed to improve your balance and agility.

Mondays at 1:30 PM in the studio

Seated Balance - Focus on foundational stability and core strength with a variety of seated exercises that promote balance, alignment, and overall body awareness.

Wednesdays at 1:30 PM in the studio

Walk Across America is Back!

Starting March 3rd, the Wellness Team will keep track of everyone's miles and plot it on a map that will be hanging in the Wellness Center. Stop by frequently to report your miles and see how far we have walked across the USA. This years route is all National Parks! This is not a competition but a challenge for all residents of Londonderry Village. Questions? Please call the Wellness Center at x3211

Body Rock - A New Exercise Class

A new 4 week exercise class is starting on **APRIL 1st**. Join us on Tuesday **April 1st**, Tuesday **April 8th**, Tuesday **April 15th**, and Tuesday **April 22nd** at 2PM in the Studio. This challenging Strength and Conditioning class will alternate strength training with short cardio intervals to rock your body. Strength moves with hand weights, bands, tubing and body weight will enhance strength and endurance for every muscle in your body while simple and short low-impact cardio intervals will improve your cardiovascular health. Please remember you must have an up to date Physicians Consent form and release signed before participating in Wellness Center activities. Questions? Please call the Wellness Center at x3211

Line Dancing

A new mini 3 week session is starting on Saturday March 29th. Class Dates will be Saturday March 29th, Saturday April 12th, and Saturday April 19th in the DiMatteo Center at 10AM Please remember you must have an up to date Physicians Consent form and release signed before participating in Wellness Center activities. Questions? Please call the Wellness Center at x3211

Zumba Gold

Zumba Gold® will be on Monday April 7th & 21st at 10:45am in the Studio. Zumba Gold® modifies traditional Zumba moves with lower intensity, lower impact, and smoother transitions. It utilizes an engaging blend of Latin and International-style music along with a bit of catchy pop & focuses on elements of cardio, balance, range of motion and coordination. Camaraderie, fun, and fitness all rolled into one. Come join us! Questions, call Mary in the Wellness Center at Ext. 3211.

<u>Seated Yoga</u>

The class will focus on the fundamentals of guided and gentle movement.

Classes will be Wednesday April 9th & 23rd at 9:00am in the Studio.

If you have any questions, please call Mary in the Wellness Center at Ext. 3211

GROOVE!

Monday April 14th & 28th at 10:45 in the Studio

Groove classes incorporates cardio, strength, endurance, coordination, balance, agility & flexibility for a well-rounded workout. There are NO fancy steps or choreography to memorize we unite in simple yet effective movements connected to make-you-wanna-dance music to help you Groove yourself fit. With great music, everyone participates in a simple movement or rhythm to get you to dance in your own unique way. While exploring a variety of styles and genres, you will enjoy and feel good in your body, every step along the way. **THIS CLASS CAN BE DONE STANDING OR SEATED.** Questions? Call Mary at Ext. 3211

Please join us every Thursday for water volleyball in the pool at 1:45
It's all about learning and laughing, fun and friendship.
All skill levels welcome!



The pool will be closed April 21st and no trainer on duty.

Village Convenience Store

VILLAGE CONVENIENCE STORE - APRIL HOURS: 10 AM to 12:30 PM - Monday through Friday

April is the first full month of Spring. May all your days be sunny and bright.

If you have not had a chance to sample any of our homemade Easter Eggs, now is the time to come into our store and try them. We have Butter Crème, Coconut Crème, Double Coconut, Peanut Butter, Peppermint and Maple Walnut.

We will also be having a nice selection of Easter treats, including some homemade decorated Easter cookies that will be coming April 14th.

Have you checked out our selection of frozen foods? We have a variety of different dinners (Stouffers, Lean Cuisine, Healthy Choice, Marie Callendars and Smart Ones), hamburger, breaded chicken patties, ham loaves – great for Easter dinner, meatballs from Pronios and vegetables just to mention a few of the items.



The Shoppers Delight \$10 gift certificate winners for the month of January

Week of:

Feb. 7th – Jack B. Feb. 21st – Betty V. Feb. 14th – Pearl L. Feb. 28th – Dennis S.

HAPPY EASTER a time to celebrate life and all its blessings

Until next month.

THE TEAM



ESTATE/BARN SALE NEWS

(Ivan Hanson, Director of the Sale, 717-813-3418)

Please note the following important exceptions to our normal donation & purchase practices as (described below) as we prepare for the Estate/Barn Sale:

- After April 22nd there will be no pickups, drop offs or shopping including sale items in apartment trash rooms.
- On Thursday, May 29th there will be no recycling pickup.
- On June 10th pickups and drop offs will resume.

DONATIONS

Did You Know When You Move Out of Your Residence, We Offer a Free Service?

We have a boxing crew that will box everything you want to donate to the yard sale. We will also take usable furniture. We promise to get things safely to the Sale! Call Millie Kish (717-641-3759) to arrange.

Resident Items to Be Picked Up

Small items (Place in shopping bag or small box)

- Apartment Residents: Mark "Barn Sale" on your bag or box and put it in the Recycling Room
- Cottage & Duplex Residents: Mark "Barn Sale" and place it out with your recycling on Thursday

Large or multiple items call to schedule pickup (Tuesday pickups only)

Call Millie Kish (717-641-3759) no later than the preceding Saturday

Resident Drop Offs

Accepted Tuesdays ONLY between 9 and 10 AM. Place items in the small trailer next to the furniture barn. Enter through the lower driveway between large white barn and trash dumpsters. The Upper drive will be blocked off. DO NOT PUT ITEMS OUTSIDE THE BARN ANY TIME. They risk rain damage.

PURCHASES

Furniture Barn (open for walk-ins 9-10:30 AM)

Other Departments (open by appointment 9-10 AM)

- For appointments, call Millie Kish (717-641-3759) Monday thru Friday 9 am to 6 pm
- Items available include kitchen and small appliances, china and glassware, lamps, puzzles, crafts, pictures, knick-knacks, medical (including rollators, walkers, and wheelchairs), electronics, TV's, extension cords, power strips, vacuums, shovels, brooms. If we have it, we will accommodate you.

The Barn Will Be Closed if Temperature Below Freezing, Rain or Snow

26th year of Londonderry Village

Estate/Barn Sale



...at yard sale prices

Thursday, Friday, May 29, 30, 9AM-5PM Saturday, May 31, 9AM-1PM

Furniture, Christmas items, jewelry, kitchenware, china/glass, linens, household décor, crafts and sewing items, toys, puzzles, lamps, pictures, frames, collectibles, antiques, baskets, artificial flowers, medical items, health and beauty, electronics, books, hand tools, power tools, cleaning, automotive, garden tools, flowerpots, live plants, and much more! The Boutique in the Snell Community Center will be open from 9 AM to 1 PM every day of the sale.

Food Court all day, every day!

Donuts, Coffee/Tea, Hot dogs, sausages, barbecue, subs, chips, sodas, baked goods

Plus: Thursday, 10AM-4PM Friday, 10:30AM-2:30PM, Milkshakes











Parking is available at Grace Point Church on Leon Ave. Shuttle buses are available from Grace Point Church, the

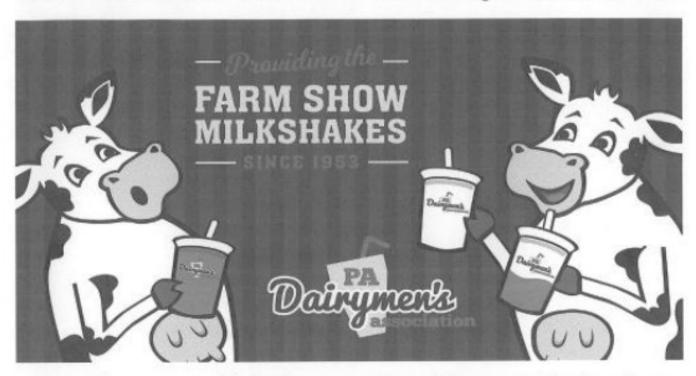
Snell Community Center, and the Stoneback Pavilion.

All purchases must be made by cash or check payable to LV-ILC. An ATM is available at Snell Community Center.



The proceeds benefit the Good Samaritan Fund which helps cover the cost of care for residents in nursing care who can no longer afford to pay their own expenses. Benevolent care each year is approximately \$2 million.

Milkshakes at the Estate/Barn Sale

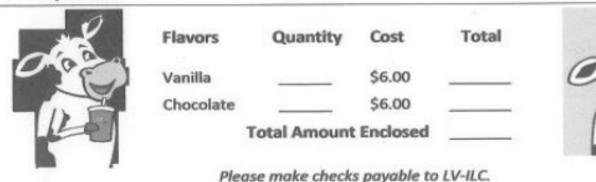


Preorder your milkshakes now for pick-up at the truck on Friday, May 30, 2025.

The milkshake truck will be at the sale from 10:30AM to 2:30PM on Friday, May 30, 2025. Take advantage of preordering now so you are guaranteed the flavor of your choice. Return the form below with your cash or check to the IL Reservation Box at Snell by Wednesday, May 7, 2025.

Your milkshake ticket will be delivered to your internal mailbox by Wednesday, May 14, 2025.

You will still be able to purchase a shake directly at the truck but preordering guarantees you receive your flavor choice.



Phone

Address

Name



ATTENTION BAKERS! Estate/Barn Sale Baked Goods

We need you! The Estate/Barn Sale is coming and we need some of your wonderful baked goods. This is a great opportunity for you to make a significant contribution to our community. Will you help us to raise funds for the Good Samaritan Fund ????

Contact Deb Devine of your willingness to bake: 717-418-4973

Containers, gloves, and labels will be provided for you to package your items.

No items needing refrigeration, please.

Cakes and bar cookies: 9 x 13 = 12 pieces

Pies: 6 - 8 pieces

Whoopie pies 4" or cupcakes = 2 per container

Brownies 2 x 2" = 4 per container

Cookies 2 - 3" = 1/2 dozen per container

Smaller cookies = 8 per container

Call to put your name on Deb's list today to arrange which day to bring your items to the food stand.

CALL DEB DEVINE at 717-418-4973







Speakers • Talks • Groups

Caregiver Support Group: Thursday April 10th at 2PM

The next caregiver Support Group will be meeting in the Theater room. Stacy Beck & Amy Bertoldi from Pinnacle Palliative Care will be here and the topic of discussion will be "Coping with grief over the holidays". The Easter holiday is coming soon so this will be a beneficial meeting for all. The more we learn the better we will react with each life change. Come be among friends to find support on the journey of a caregiver's life. Please fill out a sign up slip for attendance.

Question: contact Mary Lee at 3186.



NO APRIL TED TALKS

Due to the volunteer recognition luncheon, there will be NO Ted Talk Wed. April 23rd.





Independent Living Nurse Coordinator

Amanda Wright, LPN

Phone: (717) 838-5406 Ext 3184

Cell: (717) 228-7554 Fax: (717) 838-5407

Email: awright@londonderryvillage.org



Men's Circle in PC: Seeking volunteers!

We are in search of some men interested in taking time out of their day to simply talk with a group of men living in the PC Unit. Men enjoy talking about sports, hobbies and unusual news topics with other men. We are in need to develop time for a men's only conversation group. If you have a half hour to an hour to give once a month. Please sign up. We have conversation packets and topics already made if you need them. A man's perspective is so important for health living when living in a group setting. Call to Trudy at 3048 or Mary Lee at 3186 to discuss.

Genealogy Help Available

Interested in researching your family history, but don't know how to get started? Already started your genealogical journey, but don't know where to go from here? Resident Dale G. is willing to work one-on-one with you in this journey. Please call Dale if you are interested in working one-on-one with him on your genealogical Journey.

April 2025

			1
		Tuesday, April 01	Wednesday, April 02
		8am Trash	10am The Village Harmony
		8am Blood Sugar	10am Bible Fellowship Lunched
		8, 9 & 10am Walmart Trips	1:30pm Hand & Foot Card Gam
		1pm Bible Study with Chaplain Ken	2:30pm Jonestown Bank
		2:30pm Scrabble	7pm Evening Worship
		6pm Evening Pinochle	(Palmyra First UMC)
		7pm Shuffleboard	
Sunday, April 06	Monday, April 07	Tuesday, April 08	Wednesday, April 09
10am Chapel Service	8am Layser's	8am Trash	10am The Village Harmony
(Chaplain Ken)	10am to 12pm ReNewed Hearing Solutions	8am Blood Sugar	11:15am Hershey Women's Con
	1pm Conversations with Friends	9am Card Making Group	1:30pm Hand & Foot Card Gam
	2pm Grief Support Group	1pm Bible Study with Chaplain Ken	2:30pm Jonestown Bank
	3pm Open Wii Bowling	2:15pm Easter Music Recitals	4pm Diner Days in Seasons Res
	6pm Billiards	2:30pm Scrabble	7pm Evening Worship
	6:30pm Annville-Cleona Kids Chorus	6pm Evening Pinochle	(Myerstown COB)
		7pm Shuffleboard	
Sunday, April 13	Monday, April 14	Tuesday, April 15	Wednesday, April 10
10am Chapel Service	8am Layser's	8am Trash	10am The Village Harmony
(Chaplain Ken)	11am Rosary	8am Blood Sugar	1:30pm Hand & Foot Card Gam
,	10:25am Gleaners	9:30am Third Tuesday Shopping	2pm The Food & Dining Round
	1:30pm ILC Quarterly Meeting	11am Textile Group	2pm Bell Tones
	1:30pm Ladies Afternoon Tea	1pm Bible Study with Chaplain Ken	2pm Easter Music Recitals
	2pm Grief Support Group	2:30pm Scrabble	2:30pm Jonestown Bank
	3pm Open Wii Bowling	6pm Evening Pinochle	7pm Evening Worship
	6pm Billiards	7pm Shuffleboard	(Annville COB)
Sunday, April 20	Monday, April 21	Tuesday, April 22	Wednesday, April 23
10am Chapel Service	8am Layser's	8am Trash	10am The Village Harmony
(Linda Sprandel)	10am to 12pm ReNewed Hearing Solutions	8am Blood Sugar	1:30pm Hand & Foot Card Gam
	10am or 1pm Teaching Kitchen	12:30pm HOB	11:15am Music Appreciation Ho
	1pm The Village Insider	10am Communion w/Palm Lutheran Church	1pm Volunteer Recognition Lun
	2pm Grief Support Group	1pm Bible Study with Chaplain Ken	1:30pm Hand & Foot Card Gam
	3pm Open Wii Bowling	2pm Kaitlyn Fetter Barteit Haven Overview	2:30pm Jonestown Bank
	6pm Billiards	2:30pm Scrabble	7pm Evening Worship
		6pm Evening Pinochle	(Harrisburg First COB)
		7pm Shuffleboard	
Sunday, April 27	Monday, April 28	Tuesday, April 29	Wednesday, April 30
10am Chapel Service	8am Layser's	8am Trash	10am The Village Harmony
(Linda Sprandel)	10:25am Gleaners	8am Blood Sugar	1:30pm Hand & Foot Card Gam
	2pm Grief Support Group	11am Hollywood Casino	2:30pm Jonestown Bank
	3pm LV Book Club	1pm Bible Study with Chaplain Ken	7pm Evening Worship
	3pm Open Wii Bowling	2:30pm Scrabble	(Lebanon Valey Bible Church)
	1		1
	6pm Game & Tech Night	6pm Evening Pinochle	

April 2025

Speakers • Talks • Groups

LV Book Club: Monday April 28th at 3PM

The book club will meet Monday, April 28th at 3:00 PM in the Village Art Center. The April book is "Heaven & Earth Grocery Store," by James McBride. If you need a copy of the book, please call Donna F.



Conversations with Friends: Monday April 7th at 1PM

Conversations with Friends meets the 1st Monday of each month at 1:00 PM in the Fellowship Hall. The next meeting will be Monday, March 3rd. All ladies and gentlemen are invited to attend. No reservations needed. Questions, call Cynthia R.

Ladies Afternoon Tea: Monday May 12th

Ladies Afternoon Tea will be held Monday, May 12th at 1:30 PM. Consider joining us for a time of conversation, tea and dessert and the opportunity to meet someone new. Please feel free to bring something other than tea to drink if you prefer something different. Reservations required. Questions: Call Trudy ext. 3048

The Veterans Club: Saturday April 19th

The Veterans Club will be having their monthly meeting Saturday, April 19th in the Village Art Center at 10:00 AM. This meeting time will be spent planning the Memorial Day Program. Please plan to attend. Any questions please contact Chuck Theal at 717-222-2624





Speakers • Talks • Groups

Chaplain's Independent Living Bible Study

Chaplain Ken will be leading a weekly Bible Study on the Book of Revelation for Independent Living Residents. The Study will meet on Tuesdays at 1PM in the Fellowship Hall.

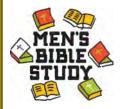


Gleaners Women's Bible Study

Monday April 14th at 10:25am Monday April 28th at 10:25am



The final two classes for the 2024/2025 study season of GLEANERS Bible Study will be on Monday April 14 (the second Monday in April) and on Monday April 28 (the fourth Monday in April). Classes Will resume on September 8 (the second Monday in September). The topic for our study in April will be an overview of the Book of Psalms with an emphasis on the favorite Psalms of class members. What is your favorite? All women in the Independent Living Community of Londonderry Village are invited to attend. Have questions? Contact class leader Ramona D.



Men's Bible Study: Every Friday

Men's Bible Study meets every Friday at 10:00 AM in the Fellowship Hall.
All men invited to attend this study led by Herb S.
No reservations needed. Questions, call Bob F.

Grief Support Group

Finding our way through grief can be a complex and lonely path. Grief is a heavy load to carry, even for the strongest of shoulders. To help our elders who are wrestling with grief, the Chaplains will be offering a 6-week grief support group beginning Monday, February 3. The six weeks will cover topics including: understanding your grief; working through processes of grief; caring for yourself in grief; ways of remembering a loved one; and finding meaning through grief. These one-hour sessions will include times of reflection and support, as well as providing tools for self-care. Sessions will take place in the Theater Room from 2-3 PM on April 7th, 14th, 21st & 28th. If you would like to be part of this support group or if you have questions, please contact Chaplain Ken at Ext. 3054 or by email at kphilips@londonderryvillage.org.

Speakers • Talks • Groups

Bell Tones: April 3rd & 16th



The Bell Tones will be practicing in the Theatre Room on the first Thursday April 3rd at 3:30 PM. We will be practicing for the Easter concert.

We will be playing for the Easter concert on Wed. April 16th starting at 2:00 PM. We will meet in the Di Matteo Worship Center at 1:30 PM.

Have any questions please call Bonnie P.

The Village Harmony & LV Hand Bell Choir: Spring Concert Sunday May 4th at 3:00 PM

The residents from our Village Harmony Chorus and the LV Hand Bell Choir are very excited to announce the "Spring Concert" date. Sunday, May 4 at 3:00 PM the DiMatteo Worship Center will be filled with music. The Director, Karen Umberger, has been very busy preparing both the vocalists and the bell ringers. It is quite an undertaking that requires a lot of practice for each resident group. Please mark your calendars to join us for a spectacular spring inspirational concert Sunday, May 4 at 3:00 PM in the Di Matteo Worship Center. Questions, call Mary Lee at Ext. 3186 or Trudy at Ext. 3048. No reservations needed.

Music Appreciation Hour: Wednesday April 23rd at 11:15AM

Come join our group as we experience different forms of beautiful music. It's educational, interesting, and relaxing to be with friends. Stop in any time! Learn about the amazing talents in our world! We always meet the fourth Wednesday of each month at 11:15 am in the DiMatteo Worship Center Chapel area. Call Mary Lee at 3186 for more information.



Trips & Excursions

Walmart Shopping:

First Tuesday of Every Month

The bus will leave from the Snell Community Center Entrance at:

8:00 AM - 9:00 AM - 10:00 AM

Friday Grocery Shopping

The weekly IL Resident grocery shopping trips leave from the Snell Community Center, however, if you request being picked up at the Wheaton Entrance, (or from a specific IL unit for residents that are no longer driving), it is your responsibility to call Jane Quairoli at Ext. 3051 for a reservation.

JBT Bank: Every Wednesday

The LV Bus will be available to take residents to do their banking at the JBT bank Branch located at Northside Commons. The bus will leave Snell CC at 2:30 PM. **No reservations needed.**

Questions, call Trudy at Ext. 3048.

WEEKLY GROCERY BUS SCHEDULE

Weis......8:00 AM every Friday Redner's.....8:30 AM every Friday Giant & Karn's..10:00 AM every Friday

40 Diners: Friday April 11th

The LV Bus will travel to the Wetlands
Restaurant Friday, April 11th. The bus will
leave Snell CC at 12:15 PM. Please arrive 15
minutes early for check in and boarding.
Reservations required. Please call Cynthia R.
for cancellations.

HOB: Tuesday April 22nd

The LV Bus will travel to the Blue Bird Inn April 22nd. The bus will leave Snell CC at 12:30 PM. Please arrive 15 minutes early for check in and boarding. Reservations required. Please call Cynthia R. for cancellations.





HOP ON BOARD

Third Tuesday Shopping Trip: April 15th

The Third Tuesday trip will take place Tuesday, April 15th. The bus will travel to Good's Store and JOY Bookstore in Schaefferstown. The bus will depart Snell CC at 9:30 AM. Reservations required. Questions: Call Trudy ext. 3048

Trips & Excursions

UNTO A Cru Ministry: Thursday April 17th

LV will be taking a bus to UNTO Global Logistics Center Thursday, April 17th. By engaging with UNTO, generous individuals and organizations provide necessary funds and material resources that help people around the world. The LV Bus will depart Snell CC at 8:30 AM and will return Apr. 12:30PM. CHANGE TO THE SIGN UP PROCEDURE: PLEASE FILL OUT THE SLIP IN THE BACK OF THE NEWSLETTER EACH MONTH IF YOU WOULD LIKE TO ATTEND! Questions: Call Trudy ext. 3048

Wondering what we do on our UNTO trips? OUR LV VOLUNTEER GROUP HAVE MADE 1000 BRACELETS! The bracelets are filling an order from Samaritans Purse Ministry. The bracelets will be put in the Christmas shoe boxes given out to underprivileged children all around the world. The different colored beads are used to tell the gospel story to the children who receive them. We have also sorted and packed clothing, shoes, bedding & seeds. Some of the ladies have made hats, mittens, pillow cases and more. Please consider joining this group of volunteers!

Suite-est Place on Earth: May 2nd at 7:30pm

The Suite-est Place on Earth begins at 7:30 PM at the Hershey Free Church. Join us for a delightful concert showcasing the talent of the Hershey Symphony and our youth orchestra, Festival Strings. Be enchanted by the whimsical charm of Ravel's Ma mère l'Oye—Mother Goose Suite, journey through the dramatic landscapes of Mendelssohn's The Hebrides ("Fingal's Cave"), and experience the American West frontier with Copland's Suite from Billy the Kid. This evening promises a magical blend of storytelling and musical brilliance. Reservations are required. Discounted tickets are \$19.00 each for residents and family members. The LV Bus will be leaving Snell CC at 6:45 PM. Fill out the slip in this newsletter. Questions: call Mary Lee at 3186 or Trudy at 3048.

Save the Date: Parkside Harmony 10th Anniversary Celebration

Event date: Saturday, June 21 2025 - 3:00pm to 5:30pm Location: The Forum Auditorium 500 Walnut Street in Harrisburg. We are planning to take 25 residents on our LV Buses for this special celebration performance. Since this Hershey Parkside Harmony had their first paid performance at Londonderry Village it is memorable for many residents to make this concert event. We will be leaving at 1:30 pm from the Snell CC entrance. If you are interested in going on this trip using our LV Bus please sign up NOW in the April Newsletter. We will be contacting you for the ticket cost as soon as the information is made available. These are limited tickets to 25. If residents are interested in driving by car we can order additional tickets. Questions can be directed to either Mary Lee at 3186 or Trudy at 3048.

Hollywood Casino: Tuesday, April 29th

The LV Bus will travel to Hollywood Casino Tuesday, April 29th. The bus will depart Snell CC at 11:00 AM and will return approximately 3:00 PM. Lunch will be on you own at the Casino as there are several different options. Reservations are required, questions call Mary Lee at 3186 or Trudy at 3048.

Trips & Excursions

Hershey Area Women's Connection

"It's a Wonderful Life" Luncheon Buffet Wednesday April 9th 2025

12:00 Noon to 2:00 pm - \$22.00 (pay at the door)



128 Hillcrest Road, Hershey



Menu

Chicken salad with croissant, Italian wedding soup, Raw veggies, crackers, chips, dessert, coffee and tea.

A gluten free meal is available upon request

Reservations Due by Thursday April 3rd

RESPOND WITH THE RESERVATION SLIP IN YOUR MAILBOX OR IN THIS NEWSLETTER

Cancellations MUST be made by noon the Monday prior to the luncheon.

Reservations NOT kept must be paid, if you must cancel please call Barb B.

The LV Bus will leave Snell CC promptly at 11:15 AM Questions: Call Barb B.

Program

Feature: Cheryl Eshenour from Hershey, PA

educates and volunteers on the importance of organ donation.

Speaker: Irene Pace, a multiple cancer survivor from Middletown, DE will share "One Woman's Journey from Trial to Triumph"

REMINDER: LV Volunteer Recognition: Wed. April 23rd

A reminder for all who received an invitation, the annual Volunteer Recognition Luncheon will be held Wednesday, April 23rd at 1:00 PM. Doors will open at 12:45 PM. National Volunteer Week is April 21-25. Please take a moment to thank a volunteer! Thank you to ALL our LV Volunteers for their service to the Village. We are grateful for you!

Programs in the DiMatteo Worship Center

<u>A Save-the-Date Original:</u> <u>Andy Roberts, Ryan Bartz upright bass & 4-Vocalists</u> <u>Thursday, May 8 at 2:00</u>

Central Pa pianist and arranger Andy Roberts re-imagines the American Song Book with his jazz tinged vocal arrangements. Written for Four voices, piano and bass, their music celebrates such composers as Harold Arlen, Henry Mancini, Richard Rogers and many others. Travel over the rainbow back to a magical and musical time in American history. The performers: Kathryn Williams Heather Beck Paul Hughes Bass Vocalist Andy Roberts - piano and arrangements Ryan Bartz - upright bass COMING SOON Thursday, May 8 at 2:00 pm Di Matteo Worship Cent A spring concert of beautiful music with amazing talents!

Annville-Cleona Kids Chorus: Mon. April 7 at 6:30 pm

The forty student chorus of the elementary Annville- Cleona Kids Chorus will bring their joy to the village through their voices. Each year the students amaze us with their voices, rhythmic movements, sign language, and smiles! Come out for wonderful program of watching children share their talents. There will be many people from the community as well. A fun evening! No reservations are needed. Come take a seat. Question: call Mary Lee at 3186 or Trudy at 3048.

<u>Easter Music Recitals:</u> <u>Tuesday, April 8th AND Wednesday, April 16th</u>

Join us once again for our annual Resident Easter Recital which will feature piano, organ and the Bell Tones Hand Bell Choir. Come hear your fellow IL Resident Musicians as they perform their own unique style of Easter music. THERE WILL BE A DIFFERENT PROGRAM WITH DIFFERENT PERFORMERS TUESDAY, APRIL 8TH AND WEDNESDAY, APRIL 16TH, SO PLEASE ATTEND BOTH DAYS. The program April 8th will begin at 2:15 PM and the program April 16th will begin at 2:00 PM. Both will be held in the Di Matteo Worship Center. No reservations needed, questions call Trudy ext. 3048.

Bible Fellowship Luncheon: Wed. Apr. 2 & Wed. May 7

Adult Bible Fellowship Luncheon will take place Wednesday, April 2nd at the Hershey Free Church. A \$5.00 donation will be collected at the luncheon. (Please put that sentence in bold) Please do not give the money with your reservations slip. The LV Bus will depart Snell CC at 10:00 AM. Reservations are required. The topic for the April 2nd meeting will be Outdoor Container Gardening. Penn State Extension Master Gardeners from Lebanon County Joan Apgar, Jill Bennett, Nancy DiGuiseppe, and Jill Martin will be our guest speakers. They will share how to select the right containers and plants for various outdoor settings, implement best practices for planting and care, and design container gardens that attract vital pollinators. Sign up for the April Luncheon was in last month's newsletter. Please call Trudy at ext. 3048 if you would like to be added to the list. The date for the May luncheon will be Wednesday, May 7th. The topic for the May meeting has not yet been released. Please sign up for the May meeting in this newsletter. Questions: Call Trudy ext. 3048

Programs in the DiMatteo Worship Center

Kaitlyn Fetter, PC Administrator: PC Unit Overview with Barteit Haven

Come join Kaitlyn Fetter, PC Administrator, as she shares what services are provided in our PC Unit when you need more care on a regular basis while able to move independently. Then she will discuss our new Bartiet Haven memory care addition to our village. She will share the exciting parts of our services for individuals living an interactive lifestyle with memory concerns. Living Life well even with memory loss is the objective as we will be using the Teepa Snow method of training for all our staff working in the Bartiet Haven. This is a positive approach to dementia care that we will be sharing through trainings for all staff and volunteers. Creative engagement and wellness activities will stimulate daily living. Come learn more and ask questions. We would enjoy sharing this exciting addition located on our campus. The meeting will be on Tuesday, April 22 at 2:15 pm in the Di Matteo Worship Center Chapel. Questions: contact Mary Lee at 3186.

Roger Lentz Spring Concert: Saturday, April 26 at 2pm

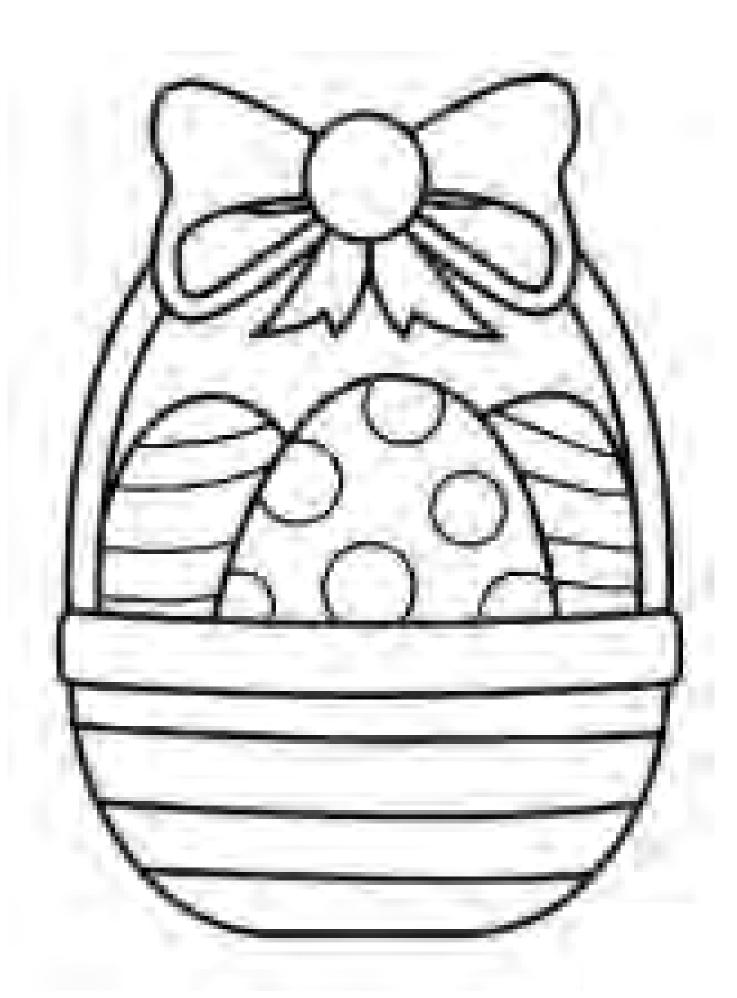
Please come to enjoy an afternoon of lovely vocalists brightening your day with music. the concert will begin at 2:00 pm. There will be a large group of trained vocalists performing their pieces. This is a day residents look forward to, a few times, a year. The students are being trained to work some day in a musical job opportunity. Ask your neighbor to join you for a special hour in your days. Questions call Mary Lee at 3186 or Trudy at 3048.

Village Handbell Choir Need: A few more friends to join!

We are holding a Handbell Curiosity Event. Come to see what all the fun is about making beautiful music ringing brass bells. No experience is required. Counting is very important and the want to learn something new! Of course the ability to read music is very helpful. Karen Umberger is the director of the Village Handbells which meet every Friday from 11:00 am to 12:00 noon. We meet in the Di Matteo Worship Center chapel. We are planning to hold a fun get to know the bells interactive hour. Come learn how to ring a bell. Feel the weight of the bells. Try to follow along with the music counting the measures. Here is an idea: Do you have an retired adult child that would like trying something new with their parent joining the choir together? How fun that would be! Come to this open house style Handbell event to see, touch, listen and discover what it feels like to learn something out of your comfort zone. It is amazing to learn you have more abilities than you realize when we try. The date for our interactive Handbell Event is Friday, May 9th at 11:00 am in the Di Matteo Worship Center. Come to see for fun! Be curious and have fun! Questions: Call Mary Lee at 3186.

Hummelstown Community Singers: Monday, May 5th

Hummelstown Community Singers will be at LV Monday, May 5th at 7:00 PM in the Di Matteo Worship Center. They are a community chorus based in Hummelstown that you will be sure to enjoy. No reservations needed. Questions, call Trudy ext. 3048.

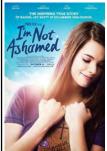


Join us in the DiMatteo Worship Center. If you have any questions call Trudy at Ext. 3048

A New Format Short Discussion after the movie... Did you like or dislike the movie? Why?

I'm Not Ashamed April 4th at 3:00PM *True Story*

True story of Rachel Joy Scott, first teen to fall at Columbine High School on April 20,1999.



This is the true story of how Rachel grew spiritually to proclaim proudly this movie title. It is not a bloody, horrific movie. Columbine High School student Rachel Joy Scott grew up knowing the love of God but wasn't always ready to receive it. At times her faith is strong, but at other times, she finds that it's at odds with her daily life. After a difficult breakup with her non-believing boyfriend, Rachel finds inspiration from a formerly homeless teen, and her renewed commitment to Christ plays out powerfully at her high school and around the world.

Released 2016 – 1hr. 52 min. – Rated PG-13 -Closed Caption

Joni April 11th at 6:30PM *True Story*

The transition story that has corporated entilload corporated entilload

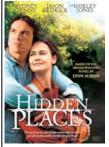
Joni plays herself in this movie!

Joni is a 1980 American independent biographical drama film directed by James F. Collier. It is the true story of Joni Eareckson Tada a seventeen-year-old girl who becomes paralyzed after a diving accident. It is based on her autobiography of the same name.

Released 1979 – 1hr. 50 min. – Rated PG – Closed Caption

NO Movie on April 18, 2025
Enjoy Good Friday Services and Special Activities of This Day

Hidden Places April 25th at 6:30PM



Based on The Award-Winning Novel by Lynn Austin

When Eliza loses her father-in-law, she is left to raise two children, continue work on an unharvested orange crop, and maintain a heavy mortgage. She begins to lose faith until her Aunt Batty persuades her to persevere. Suddenly a mysterious stranger called Gabe turns up and helps Eliza with the harvest.

Released 2006 – 1hr. 26 min. – Rated PG – Closed Caption



Grounds Committee Members

Corey Swingholm Tracey Fisher Jim Williams Kerby Dubble Danny Dubble Philip Wagner Jim Condon Bill Martin Dick Hann



Greetings! Spring has sprung at Londonderry Village. The tulips and daffodils are making themselves visible.

The gardens are being tilled for the new season. The compost and tan bark are here.

On an inside note, how are your orchids? Mine is in full bloom, since march 5th. They are amazing plants.



Happy Spring Everyone! - Tracey, Grounds Department



Judy,

If I could write a poem
I know what it should say
The things in Love you've done for me
Along this Life's highway

If I could put in words
The Love that we have shared
They would be words of Joy and Hope
Of knowing that you've cared

If I could take my thoughts
And recite them one by one
It would take from now to forever
To express each and every one

How can I convey my feelings
That well inside my Heart
Of the way that you have Loved me
From the very start

So let the books be written
The poems on parchment penned
The songs sung by the choirs
Could not contain the Love I send

Birthday Blessings, Love Always, Larry





In Loving Memory



As part of a caring community, we grieve losses and want to stay connected.

Each month, we include names of those who are gone from us physically, but whose lives we want to remember in thoughts and prayers.

Due to newsletter deadlines, dates span the 16th of one month through the 15th of the next month.

We extend our sympathy to the family of:

Nancy Bucher, who died on February 17, 2025.

Anita Wenrich, who died on February 20, 2025.

Russell Lingle, who died on February 23, 2025.

Keith Salter, who died on February 24, 2025.

Mary Umberger, who died on February 26, 2025.

Marna Forry, who died on March 6, 2025.

Kenneth Bowers, who died on March 11, 2025.



Common Good April 2025



"For you know the grace of our Lord Jesus Christ, that though He was rich, yet for your sake He became poor, so that you through His poverty might become rich."

- 2 Corinthians 8.9

Sunua	y Chapel	

10:00 am attend in person in the DiMatteo Worship Center or tune in on LV Channel 4. April 06: Chaplain Ken

April 13: Chaplain Ken

April 20: Linda Sprandel

April 27: Linda Sprandel

Wednesday Evening Worship

7:00 pm attend in person in the DiMatteo Worship Center or tune in on LV Channel 4. April 02: Palmyra First UMC

April 09: Myerstown COB

April 16: Annville COB

April 23: Harrisburg First COB

April 30: Lebanon Valley Bible Church

Monday, April 14th @ 11:00 am

Recitation of The Rosary in the Prayer Room

Friday, April 18th @ 2:00 pm

Good Friday Communion Service in the DiMatteo Worship Center

Tuesday, April 22nd @ 10:00 am Communion with Palm Lutheran Church in the DiMatteo Worship Center

Communion with Palmyra First United Methodist Church in the Theatre Room Thursday, April 24th at 10:00 AM. Everyone is invited.

Special Announcements



Hoping you thoroughly enjoy your Special Day, surrounded by all of your Wonderful Friends and Family!

April Happy Birthday Wishes

Wendy C. April 1
Jack B. April 6
Miles D. April 8
Don G. April 10
Lu H. April 12
Jo Anne H. April 16
Bonnie C. April 16

Roy C. April 21
Dorothy E. April 22
Daryl G. April 22
Judy M. April 23
Miriam S. April 25
Denise T. April 27
Niley W. April 30

If you would like to add your birthday to the list, please fill out the sign-up slip in this Newsletter.

Resident's Submissions

The Hair Cut

I remember back when I was about 5 or 6 years old getting my hair cut in the one man local barber shop. The barber used the old squeeze type, two handle clipper to cut the hair on the back of my neck. It pulled. Later on in my younger years my mother used to put a nice wave in my hair before I would leave for school. I kept this wave until I went to school at NU in Boston. At that point I was pleased with a bush cut to go to school. Years later I switched back to a traditional hair style. To day with the barber we started talking about funerals and he said I'll bet you're going to a lot of funerals, like once a week." I said, "no, but maybe once a month." " a matter of fact "I said, I'm planing to go to my own funeral." Then he started to laugh and I tried to figure what was so funny.

One Easter Sunday, a man went to visit a Church. He got there early, parked his car, and got out. Another car pulled up, and the driver got out and said "I always park there! You took my place!"

The visitor went inside for Sunday School, found an empty seat and sat down. A young lady from the Church approached him and stated, "That's my seat! You took my place!"

The gentleman was somewhat distressed by this rude welcome, but said nothing. After Sunday School, the visitor went into the sanctuary and sat down. Another member walked up to him and said, "That's where I always sit! You took my place! The gentleman was even more troubled by this treatment, but still, He said nothing.

Later, as the Congregation was praying for Christ to dwell among them, the visitor stood up, and His appearance began to change. Horrible scars became visible on his hands and on his sandaled feet.

Someone from the congregation noticed Him, and called out, "What happened to you?"

The visitor replied, as his hat became a crown of thorns, and a tear fell from his eye,

"I TOOK YOUR PLACE."

5280s (AKA)

IL Committee Notes - April 2025

ILC Activities

Are you as relieved as I am that winter is over?at least that is what the calendar indicates! May April showers bring May flowers - is the old saying!

The Independent Living Community (ILC) Quarterly Meeting on Monday, April 14, at 1:30 pm will be special. Our President/CEO Alicia Titus will be giving her first of what hopefully are many, 'Life at Londonderry Village' presentations. She will share with us her perspective on the 'state' of LV. Hope you can attend this meeting!

As usual, there are a lot of other things going on at Londonderry Village in April. Here are a few highlights (described fully in other Newsletter articles):

Happy Birthday to everyone, but especially to those who signed up for 'Everybody's Birthday Party'! You should certainly have a wonderful April 3rd evening enjoying the special music provided by the two talented women of Silver, Wood and Ivory. This is a special treat for Londonderry Village!

Lunch 'n Learn will have a unique presentation by Ryan the Bug man. He will share the origins, behaviors, and ecological roles of different insects. Attendees will have an up-close look at his 150,000 specimen insert collection as well as see and hold some harmless live insects.

How about something really different? --- a Pinewood Derby Competition! It is being considered for later this year, depending on the interest. Several people have already informed Mary Lee that they are interested. She would really like to hear from a lot more people.

May you have a special Easter celebration on April 20th! What hope Jesus's resurrection can bring to us!

Jim Williams, ILC Chair



Fun & Games

<u>Game Day:</u> <u>Friday April 4th & 18th</u>

Join us Friday, April 4th and 18th at 1:30 PM in the Theater Room. We play a selected board game, and more importantly, have a lot of fun! No reservations required. Questions: Call Trudy ext. 3048

<u>Billiards:</u> Every Monday & Thursday

Join us every Monday & Thursday at 6:00 PM in the Billiards & Game Room Pick-up style games.

Hand & Foot Card Players: Every Wednesday

Join us every Wednesday at 1:30 PM in the Village Art Center. Questions, call Pat C.

Evening Pinochle: Every Tuesday



Join us at 6 PM in the Village Art Center Pick-up style games.

(Please arrive about 15 minutes early)

<u>Shuffleboard:</u> <u>Every Tuesday</u>

Join us every Tuesday at 7:00 PM in the Game Room. Chairs are available should you wish to just sit and watch and perhaps meet someone new. No reservations needed. All are invited. Questions, call Suzanne C.

COME CHECK OUT THE BRAND NEW SHUFFLEBOARD TABLE!

SCRABBLE: Every Tuesday

Join us in the Village Art Center every Tuesday at 2:30 PM for a game of Scrabble.

Questions, call Trudy Ext. 3048

BINGO: April 25th

BINGO will be played on Friday, April 25th at 1:30 PM in the Fellowship Hall. Come & join the fun! Questions, call Trudy at Ext. 3048



Games of Choice: Every Saturday at 1PM

Join us for an afternoon of game playing of your choice every Saturday in the Atrium from 1-3 PM. Feel free to bring your own game if you would like. Questions: Call Trudy ext. 3048



Bridge: Every Friday

Join us every Friday 2 to 4 PM in the Village Art
Center (Please arrive about 1:45 PM)
Welcoming New Players!
Call ahead for table seating.
Call Jay B. with any questions

Wii Bowling: Every Monday

Wii Bowling is held every Monday in the Studio. Games begin at 3 PM & the group is always looking for new players. Please call Judy C. with questions or if you'd like to learn how to play!





Village Art Center



Textile Group: Tuesday April 15th at 11:00 AM

The Textile Group meets the 2nd Tuesday of each month at 11:00 AM in the Village Art Center. All interested sewers, quilters, knitters, crocheters please join us! We work on different projects throughout the year, which will be donated to local charities. No reservations needed. Questions, call Lynn D.

Barbara's Art Class

Please come and **PLAY** together in art class with Barbara James the 1st and 2nd Thursday of each month 12 to 2pm in the Village Art Center. **Prayer, Laughter. Art and You!** All are invited. Keith will be attending and would like some other men to join him. The class will be learning drawing skills. Those with experience and beginners are welcome.

Community Puzzle Tables

Several puzzle tables are set up in the Village Art Center. Stop by to work on a puzzle, the door is open to sit and work.

Healthy Puzzle Working With Friends

All our puzzle working friends! Please check your floors before you are finished admiring your puzzle. There may be a stray piece on the floor. We are losing one piece on a regular basis. Why one piece, you ask? I have no idea, but it has become quite common. If there is a missing piece be sure the area is circled on the front of the box. We have a collection of lost pieces that never seem to be the missing piece. Another one of life's little mysteries! Keep working on your healthy brain exercises by doing a puzzle a week. It really does make a difference! See you at the puzzle pick up and drop off. We are in search for more 300 piece puzzles for my happy "Thrift Shopping Friends"!

Mixed Art with Cindy Friday April 25th

Mixed Art with Cindy will only be meeting one time in the month of April, Friday, April 25th. Class will begin at 5:30 PM in the Village Art Center. Reservations requested, sign up in this newsletter. Questions, call Trudy ext. 3048.





Auxiliary Officers for 2025

Jim Warnock, President (717-645-5720)
Bill Moulfair, Vice President (717-583-0255)
Kathy Rodkey, Secretary, (717-315-2919)
Denise Brightbill, Treasurer, (717-202-9630)

Please feel free to contact any of the officers with questions or ideas for Fundraisers.

The Auxiliary is always looking for good fundraiser ideas. If you have an idea for a fundraiser, please contact one of the officers listed above.

The Cherry Pie Fundraiser saw 129 pies sold. A total profit of \$357.50 was realized that includes \$47.00 in donations. Special thanks to Judy Dissinger for conducting the sale.

Safety Note: With the onset of warmer weather, more people are out walking so please advise friends/relatives who visit to watch their speed. It is hard to drive 15 miles per hour especially when the road looks clear.

Dates to Remember:

- April 5 Potpie pickup in the Studio between 2:00-3:30
- April 16 Order deadline for the sub/sandwich sale
- April 26 Sub/Sandwich Sale pickup in the Stoneback Pavilion between 11:00-1:00.
- **May 3** Quarterly Meeting at 9:00 in the DiMatteo Worship Center. Francis will be with us to show the location of the proposed new sidewalks/walking trails on a campus map.

Cherry Pie Fundraiser

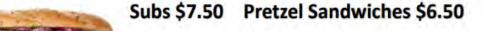
The Auxiliary thanks the residents who supported February's Cherry Pie fundraiser by purchasing 129 Cherry Crumb Pies! The profit from the sale will be used for the Auxiliary Project which will benefit all residents. Thank You!

Annual Londonderry Village Auxiliary Sub & Sandwich Fundraiser

The deadline for orders: Friday, April 16, 2025

Pick-up at Stoneback Pavilion: Sat, April 26

11:00am - 1:00pm





Additional order forms can be found at the Snell CC Desk

Your Name:	Phone:	
Address:		
Please indicate if this is pick-up or deliver Delivery by another person P	ry: Pick-up Delivery Provide Person's Name:	
Please indicate method of payment: Cash	h Check*	
I do not wish to purchase food, please acc	cept my donation: Donation Amt	
Please indicate method of payment: Cas	sh Check*	





*Make checks payable to Londonderry Village Auxiliary





Subs

All subs come w/ individual packs of Lettuce, Tomatoes, and contain a condiment packet

	With Onions	No Onions	Onions and Pepper						
	# Ordered	# Ordered	# Ordered						
Spicy Italian	n/a	n/a							
(Hot Capico	ola, Pepperoni, Hard Salami, Provo	lone Cheese)							
Italian	Italian								
(Cooked Ho	am, Cooked Salami, Hard Salami, P	rovolone Cheese)	/						
Ham		n/a							
(w/ white A	American Cheese)								
Turkey			n/a						
(w/ white A	American Cheese)								
Roast Beef			n/a						
(w/ white A	American Cheese)								
American			n/a						
Turkey		n/a	n/a						
on a Whole Grain									
Turkey		n/a	n/a						
(w/ white A	merican Cheese)								
All Cheese		n/a	n/a						
(Provolone	and White American Cheeses)								
zel									
dwiches	(Condiment packet w/ each sa	ndwich)							
# Ordered	(conditions packet by each so	no viciny							
# Ordered	Chicken Breast	(Sliced Chicken Breast and P	langer lack Chaosal						
	Italian	(Cooked Ham, Cooked & Ha							
	Ham and Cheese	(w/ white American Cheese)							
	Ham and Swiss	(w/ Swiss Cheese)							
	Turkey and Cheese	(w/ white American Cheese)							
	Roast Beef and Cheese	(w/ white American Cheese)							
	Sweet Bologna and Cheese	(w/ white American Cheese)							
-	All Cheese	(Provolone and White Ameri							
(Chicken Salad	(no Cheese)	icun cheeses/						
	Egg Salad	(no Cheese)							

<u>Village Boutique</u>

Hours: Monday, Wed., Friday & Sat. 1pm to 4pm
Hop, Hop, on over to the Village Boutique and check out our new spring
fashions. We have lots of new and colorful spring clothes for your Easter outfits.
If you need a special gift for someone's Easter basket, we have gift certificates, also.

Happy Easter and have a wonderful spring!

Dates to Remember:

2025 Auxiliary Quarterly Meeting Dates									
MAY 3	9:00 AM	DIMATTEO WORSHIP CENTER							
AUGUST 2	9:00 AM	DIMATTEO WORSHIP CENTER							
NOVEMBER 1	9:00 AM	DIMATTEO WORSHIP CENTER							



Below is a clip off slip to use for a donation for the 2025-26 project.

Any donation amount will be appreciated.

Place it in an envelope marked "Auxiliary Project" & drop it in the reservations box in the Snell Community Center.

Auxiliary 2025-2026 Annual Project Donor Form Name: ______ Address: _____ Donation Amount \$ _____

Dining Services News

UNWINED April 25th 3pm-6pm

Join us in the Atrium for an afternoon of wine tasting, live music and an hors d'oeuvre buffet.

Tasting and music do not require a reservation.

Hors d'oeuvre buffet will require a prepurchased ticket.





The Cafe at Stoneback Library

Going Green

Purchase a reusable container for \$5.00 and receive a 50 cent discount on all future meals when the container is returned.

Containers are microwave safe to make reheating easy.

Present your container when you order your meal to receive your discount

Dining Services News



Dining Services News



Ice Cream Social
Wednesday April 16th
1-2pm \$1 a scoop
In the Atrium

> Reservation Slips Check List 🗹	
 Enter your "First and Last" name on the slip. Make separate checks for EACH activity or event. Make ALL checks for ACTIVITIES & EVENTS payable to LV-ILC. Make ALL LV Auxiliary checks payable to LV Auxiliary. Make ALL Splinter's Woodshop checks payable to Splinter's Woodshop Drop ALL reservation slips in IL Reservation Box 	p.
Birthday Wishes Sign-Up Slip (pg. 49)	DL: ASAP
Name Birthday	BRILL T
Caregiver Support Group - Thursday April 10th at 2PM (pg. 33) (Theater Room)	DL: April 9
Name Phone Number	
Bible Fellowship Luncheon Wednesday April 2nd at 10:00am (pg. 42)	DL: ASAP
NamePhone Number	
I I □ Bus □ Car □ Rollator □ Walker	
Bible Fellowship Luncheon Wednesday May 7th at 10:00am (pg. 42)	DL: ASAP
Name Phone Number	
Bus Car Rollator Walker	
Suite-est Place on Earth: May 2nd at 7:30pm (pg.40)	DL April 11
I Name Phone Number	
Cost \$19 PP Cash Check # (Payable to LV LD Bus Car Rollator Walker	/-ILC)
Stamp Collecting Trimming Volunteers (pg. 8)	 _
I Name Phone	

Trash Recycle Page

THERE WILL BE NO RECYCLE PICK UP MAY 29TH, DUE TO ESTATE/BARN SALE. April 24th will be the last day to put sale items out for pick up until June 5th. Items put out for pickup in May will not be taken.

Londonderry Village Trash

We have a great group of dedicated residents who pick up trash at the duplexes and cottages every Tuesday and Friday in all kinds of weather all year around including holidays.

(Apartments work differently for trash pickup since they have a common area for trash)

There are two teams starting at 8 AM and within an hour all of the duplex and cottage trash is picked up and taken to the barn and put in the big containers. It sure beats having the large trash trucks on our streets any time of the day.

There are six residents that regularly make up the trash teams, along with some substitutes. They can always use substitutes to fill in when necessary. If you would like to join the trash detail as a regular or as a substitute, contact El Foore at 717-574-3002. Thank you trash teams for your service to Londonderry Village.

<u>Recycle</u>

One important function that our residents are committed to is recycling. There are six residents that pickup recyclables every Thursday from the duplexes and cottages, including holidays. An exception would be newspapers and cardboard during wet weather. Can you imagine handling wet newspaper and cardboard? Mushy & slimy. In wet weather, hold newspaper & cardboard to a future dry Thursday. (Apartments work differently for all recyclables since they have a common area to put recyclables) Ivan Hanson administers our recyclable program. He keeps us up to date on what can be recycled. They can always use additional resident help on Thursdays for pick up and sorting recyclables. If you have an interest and want to help, even if it is only once in a while, contact Ivan Hanson at 717-813-3418. If you can't commit full time, you may want to be a substitute helper.

We like to recycle as much as possible to keep items out of landfills. We also receive some funds for recyclables that go to the Good Samaritan Fund. Thanks to the dedicated recyclable teams for your service to Londonderry Village. If you have any questions about what items are recyclable, contact Ivan.

Your IL trash men are like postal workers – through wind, rain, snow and all kinds of weather we will pick up trash. We even include holidays in our schedule. One reminder please tie your bags shut. Thanks, your trash men!

If you would like to Volunteer for Thursday recycling please contact Ivan at 717-813-3418.

FOX RUN RESIDENTS:

Put your recycling outside your garage door on Thursday by 8 AM. Trash on Tuesday and Friday at the same place and time. Check your recycle sheet for more details. Thanks, Ivan



Mixed Ar	t w/Cindy	- Friday April 2	25th at 5:30p	<u>m</u> - (pg. 52)	DL: ASAP
Name				Phone	
		<u>[ea - Monday [</u> s best for you)	<u> May 12th at 1</u>	<u>:30pm</u> - (pg. 36)	DL: ASAP
Name				Phone number	· · · · · · · · · · · · · · · · · · ·
		☐ April 28	4th 		
3rd Tues	day Shop	 ping - April 15	th at 9:30am	- (pg. 39)	DL: ASAP
Name				_ Phone number	
Bus	□ Car	☐ Rollator	☐ Walker		
40 Diner	<u>s - Friday</u>	April 11th at 1	 <u>L2:15pm</u> - (pg	g. 39)	DL: ASAP
I Name				_ Phone number_	
l □ Bus	☐ Car	☐ Rollator	□ Walker		
HOB - Tu	 esday Apr	il 22nd at 12:	<u> </u>	9)	DL: ASAP
Name				_ Phone number	
□ Bus □	□ Car	□ Rollator	□ Walker		
Hershey	 <u>Women's</u>	Connection - \	— — — — — — — Wed. April 9th	at Noon (pg. 41)	DL: April 3
Name				_ Phone number	· · · · · · · · · · · · · · · · · · ·
I				☐ Gluten Free	
Barbara	 's Art Cla		 oril 3rd & 10t	 h at 1:30pm in the	
1				•	
I		☐ April 10th			_

Village Voice

Our Generation

Recently, I read an article about a generation that will never come back. After reading the article I realized that most, if not all of the people that I see on s regular basis are members of that last generation.

We were the generation that did our homework as soon as possible, so that we could go outside to play. We played hide and seek after dark, made mud pies, washed and sold empty soda bottles to a grocery store for 5c a bottle. We helped clear the table after dinner and washed or dried the dishes, bought records to play on a record player, swam in a creek or river, built snow forts and had snow ball battles, caught "fire flies" in a jar then let them go. We left our car and house unlocked, had three TV channels with rabbit ear antennas.

Remember drive in movies, American Bandstand and ladies remember poodle skirts and saddle shoes?

Were these the food ole days or what! Our generation thinks so, and I think for the most part we turned out ok.

Food for thought: You can't change the past, and you can't predict the future, but you can ruin the present by worrying about both!

Bye for now El Foore

BINGO Friday April 25th at 1:30 (pg. 51)	BUNG O	DL: ASAP
 Name L	Phone Number	
UNTO - Thursday April 17th at 8:30am (pg. 4	O)	DL: ASAP
Name	Phone Number	i
Layser's Greenhouse Flowers Volunteer Slip		DL: ASAP
Name	Phone Number	
☐ Bus ☐ Car ☐ Rollator ☐ Walker		
Hollywood Casino Tuesday April 29th at 11a		DL: ASAP
Name	Phone Number	
☐ Bus ☐ Car ☐ Rollator ☐ Walker		
The Parkside Harmony 10th Anniversary: Jun	ne 21 at 3:00pm	DL April 20
•	Phone Number	
\$25 pp		
AARP Smart Driver Course: April 10th & 11th		DL ASAP
Name	Phone Number	



Insurance Review

2025 Insurance Review

As we enter April 2025 and the glorious Easter season, we continue to pray for country, our leaders—internationally, nationally, state & local...but specifically for their salvation!

With the April 15th tax filing deadline approaching quickly, please be sure you have all your tax documents needed to file State & Federal tax return, if you have not done so already! Also, on insurance coverage, I have had a few questions about why folks are paying out amounts for either their health care or prescription drug coverage that they did not pay at the latter part of 2024. Please remember at the start of the New Year—and possibly new plan for some folks—it will involve a deductible reset, whether on your Medicare Supplement plan (Part B has a new deductible for 2025 of \$257 that Medicare will not cover their 80% until you pay the deductible) or your Prescription Drug plan—typically for brand name or specialty medications, which varies from \$100 up to \$500+ depending upon your plan. And remember covered medication costs are capped at \$2,000 out-of-pocket under your Part D plan or your Medicare Advantage plan for 2025!

If you have any questions on insurances, Medicare or other financial issues, please call or visit me in the Theater Room in the Community Center Friday mornings. Please call first to confirm that I am available.



Mike Landis, Insurance Counselor Theater Room - Fridays 9am to Noon (717) 949-6534 or (717) 471-5862 for an appointment mlandis@balsins.com



Safety, Security, & Transportation



The Safety & Security Department will be having a town hall meeting on Wednesday April 9th at 6pm for ALL FOX FUN WHITE BARN VILLAS. We will be meeting on the first floor in the lounge area near the kitchen. Any questions please call 717-838-5406 Ext. 3999



WEAR SOMETHING REFLECTIVE



LAYER UP



USE A FLASHLIGHT

Café Menu - April 2025

	5	nion	12	th Red wer	6.	19	reast atoes	6-	26		6:	m		
Saturday		Chicken Marsala Peas and Pearl Onion Egg Noodles Chef's Choice		Stuffed Peppers with Red Sauce Roasted Cauliflower	Chef's Choice		Roasted Turkey Breast Mashed Sweet Potatoes Harvard Beets	Chef's Choice		Lasagna Gartic Roll Broccoli	Chef's Choice			
Friday	4	Lemon Dill Tilapia Brussel Sprouts Sweet Potato Hash New England Clam Chowder	11	Potato Crusted Cod Mixed Vegetables Mashed Potatoes	Broccoli and Cheese	18	Almond Crusted Tilapia Herb Rice Green Beans	White Chicken Chili	25	Fried Cod Mac and Cheese Stewed Tomatoes	Chicken Supreme	7		
Thursday	3	Groffs Sausage Potato Stuffing Lima Beans Butternut Squash	10	Roast Beef Gravy Baked Potato Peas	Ham and Bean	17	Breaded Pork Loin Broccoli Cheese Penne Roasted Zucchini	Minestrone	24	Grilled Chicken Thigh Fingerling Potatoes Braised Cabbage	Bacon Cheeseburger Soup			
Wednesday	2	Honey Glazed Ham Creamed Corn Cauliflower au Gratin Chicken Noodle	6	Roast Turkey Gravy Rice Pilaf Green Beans	Shrimp and Corn Chowder	16	Potato Crusted Cod Mac and Cheese Stewed Tomatoes	Chicken Noodle	23	BBQ Beef Brisket Sour Cream and Chive Mash Brussel Sprouts	Mushroom Beef Barley	30	Honey Glazed Ham Creamed Corn Cauliflower au Gratin	•
Tuesday	1	Spaghetti with Meat Sauce Garlic Roll Green Beans Italian Sausage with Orzo	80	Chicken Parmesan Broccoli Bowtie Pasta	Chicken and Rice	15	Meatloaf with Gravy Brown Butter Noodles Steamed Carrots	Chicken Florentine	22	Ham, Green Beans, and Potatoes Lettuce Bacon Dressing	Stuffed Pepper		Spaghetti with Meat Sauce Garlic Roll Green Beans	
Monday	37	Liver and Onion Mashed Potatoes Carrots Cream of Mushroom	7	Crab Cake Fries Coleslaw	Loaded Baked Potato	14	Chicken Cordon Bleu Scalloped Potatoes Winter Vegetable Blend	Cream of Asparagus	21	Stroganoff Brussel Sprouts Egg Noodles	Tomato Bisque	28	Liver and Onion Mashed Potatoes Carrots	
Sunday	30	Roast Turkey w/Gravy Mashed Potato Green Peas Chef's Choice	9	Hamloaf Mashed Potatoes Green Beans	Chef's Choice	13	Salisbury Steak w/Gravy Sweet Potato Wedges Green Beans	Chef's Choice	20	Easter Dinner		27	Roast Turkey w/Gravy Mashed Potato Green Peas	