

Moving Forward

Summer 2025



A PUBLICATION OF
Londonderry Village
A COMMUNITY ROOTED IN BRETHREN VALUES



Rooted in Purpose, Growing with Care

As the trees bloom and gardens awaken, there's a palpable sense of renewal in the air, one that mirrors the energy and growth happening here at Londonderry Village. Just as spring breathes life into the landscape, a fresh season of opportunity and transformation is blossoming within our community.

Since stepping into the role of President & CEO, I've been both inspired and energized by the warmth, history, and sense of community that radiates throughout Londonderry Village. This is a place deeply rooted in faith, compassion, and service... a place where people care not only for one another, but also for the future we are building together.

We are indeed in a season of exciting growth. From campus enhancements to expanded programming and new partnerships, momentum is all around us. Our team is actively investing in thoughtful improvements to our physical spaces, reimagining how we deliver services, and exploring innovative ways to enrich the lives of our residents.

But growth at Londonderry Village isn't only about bricks and mortar, it's also about cultivating deeper connections. We're focused on listening to our residents and staff, nurturing new ideas, and celebrating the small moments that create joy and meaning each day. Like spring itself, this time calls for a balance of planning and planting, patience and possibility.

As we look ahead, I'm filled with optimism for what's to come. This season reminds us that growth doesn't happen all at once... it unfolds, gently and purposefully, with care. And here at Londonderry Village, we are tending to our mission with the same loving attention we give our gardens: thoughtfully, collaboratively, and with great hope.

Thank you for being part of this vibrant, growing community. I look forward to walking alongside you as we continue to grow, flourish, and make Londonderry Village a place where all seasons of life are celebrated.

Warmly,

Alicia B. Titus

President & CEO



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Leadership Team 2025



Alicia B. Titus

President/CEO



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CPA
**Chief Financial
Officer**



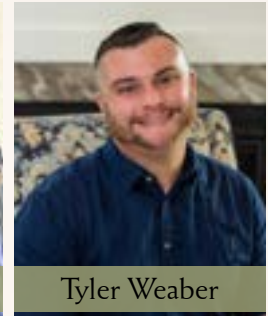
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MHA, ADN, NHA
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Strategic Projects**



Tyler Weaber

**Vice President of
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Turning the Page

A Look at the History of the LV Library

Books have always held a special place in our lives, opening doors to new adventures and helping us remain lifelong learners. At Londonderry Village, this love for books took root nearly 40 years ago, when the very first library was established on campus.

On November 2, 1985, when Londonderry Village was still known as Lebanon Valley Brethren Home, there were 243 residents and an active Auxiliary with over 1,100 members. Recognizing the value books could bring to the community, the Auxiliary purchased 900 hardcover books and 900 paperbacks to begin building a library collection. In those early days, the books were kept in the Snell Community Center's living room, providing a cozy place for residents to relax and enjoy a good read.

Eventually, a dedicated library space was added near the Stoneback Café, and books became a staple in the lives of residents in both Independent Living and Personal Care. Many fondly remember the joy of walking to the library, selecting a story, and settling in for a relaxing afternoon.



Laurie MacAskill & Mary Engelman

Fast forward to 2015, when two new residents, Mary Engelman and Laurie MacAskill, joined the community. Around this time, longtime library volunteers Marge and Harry Markley needed help with the annual inventory. That's when Mary and Laurie stepped in, and they've been a dedicated team ever since. For the past decade, they've led the library's efforts with care, efficiency, and a deep love for reading.

Mary keeps the shelves tidy and well-stocked, while Laurie handles typing, bookkeeping, and presenting updates at Auxiliary meetings. Together, they travel to Joy Book Store a few times a year, hunt down the best deals, and stretch their \$1,000 yearly budget further than you'd think. Thanks to their smart shopping and love for books, the library always has something fresh and exciting to offer, with a fan favorite being popular Christian fiction series. Every month, the newest titles can be found on the shelves near the return box, waiting to be discovered.



Joyce Carroll, Dale Good, Jean Ebnetter
Laurie MacAskill & Mary Jane Stuck

In addition to the main library, Londonderry Village entered into a partnership with the local Palmyra library many years ago. This partnership has allowed residents to have access to all of their books as well. Residents can browse selections from the Palmyra Library on the computer system on campus and order books in. The Palmyra Library delivers them to our campus regularly for our residents to enjoy. This area is run by resident volunteers Joyce Carroll, Dale Good and Laurie MacAskill, with assistance from Mary Jane Stuck and Jean Ebnetter. Open Mondays, Wednesdays, and Fridays from 1:00 to 3:00 p.m., the Palmyra Satellite Library offers even more reading options. If you don't have a library card, the friendly team will help you get one.

We're proud of the library's rich history and grateful for the continued support from our Auxiliary and volunteers. If you have book suggestions or topics you'd love to read about, don't hesitate to share them. After all, every great library grows with the voices of its readers!

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We are honored to have been part of the Londonderry Village mission since 1980. We have cherished the relationships we have built with the residents and Londonderry Village staff over the past years. We are looking forward to continuing in your ministry to serve others.



Mother's Day GARDEN TEA PARTY & butterfly release



On Saturday, May 17, our campus was filled with joy, color, and heartfelt moments as guests gathered for our annual Mother's Day Garden Tea Party & Butterfly Release. Under sunny skies and spring's finest blooms, attendees came together to celebrate the mothers and women who have nurtured and inspired us.

The event began with an elegant garden tea party, complete with Victorian-inspired tablescapes and a delightful spread of sweet and savory treats. Laughter and conversation filled the room as Olivia Harris led tea



party bingo and a cheerful game of Heads or Tails. Guests also had the chance to win door prizes, and the coveted **Diamond of the Season** was awarded for the most stunning and creative headpiece.

Following the tea, guests gathered for the Butterfly Release Celebration, featuring music from The JewelTones Quartet and a meaningful message from Chaplain Ken Phillips. As butterflies were released in honor or memory of loved ones, the sky filled with gentle beauty, a serene and touching end to a special day.





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A Stitch in Time

The Village Boutique

What began as a simple thrift shop in 1978 has grown into one of Londonderry Village's most beloved resident-run amenities, the Village Boutique. Approved at just the third meeting of the Londonderry Village Auxiliary, the original "Thrift Shop" opened its doors in a modest 22x30-foot space with a budget of \$10,000. Dorothy Kline served as the original coordinator, working closely with the ever-dedicated Rhea Rauch to bring the vision to life.

Now, 47 years later, the shop is still going strong, offering residents and staff a place to find gently used clothing at unbeatable bargains. The Boutique's transformation over the years has been remarkable, with fashion shows at our Fall Festivals and a beautifully updated space that brings both charm and functionality to campus.

Doris Curry began her service as coordinator in 1997 and led the Boutique with grace and dedication for two decades. With help from her three daughters in later years, Doris worked alongside Deb Curry and Judy Mongold until her retirement in 2016. After that, leadership passed to a former resident Jo Albright and SallyAnn Arndt, an off-campus volunteer.

In 2019, Beverly Forry stepped into the leadership role and has continued the tradition with passion and purpose. She now oversees a team of 17 devoted volunteers, each playing an important part in keeping the shop running smoothly. From stain removal, mending, and ironing to pricing, displaying, and banking, there's a task for everyone, and every task is done with care.



The Boutique is not just a shop, it's a community hub. Volunteers often say the best part is the social atmosphere and the joy of helping others. Those who shop describe it as a personal shopping experience, especially when staff find the perfect item for them, often for just \$2 or less during clearance sales.

"IT'S A TREASURE,"

one volunteer shared. "People are always complimenting the finds, and the residents proudly say, 'It's from the Boutique!'"

Beyond the campus, the Boutique gives back in meaningful ways. Unsold clothing is shared with local charities like Jubilee Ministries, Unto, CommunityAid, Keystone Prison Ministry, and more, extending the Boutique's reach well beyond Londonderry.

As we celebrate 47 years and counting, we are deeply grateful for the tireless dedication of our volunteers and the Boutique's impact across generations. Here's to the next chapter in this stylish, second-chance success story!

PROUD TO BE YOUR PARTNER

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Londonderry Village

A COMMUNITY ROOTED IN BRETHERN VALUES

Summer BBQ Bash

**JUNE 21,
2025**



Chicken Half Dinner

Half BBQ Bell & Evans Chicken, Baked Potato, Dinner Roll (Walnut Creek), Applesauce Cup, Homemade Cookie, 16.9 oz. Bottle of Water, 2 Butter Packets, Sturdy Plasticware (fork, spoon, knife) Napkins, Salt & Pepper and a Wet Nap



Pulled Pork Dinner

Pulled Pork (5 oz. in a styrofoam bowl with lid), Baked Potato, Amish made Sandwich Roll, Applesauce Cup, Homemade Cookie, 16.9 oz. Bottle of Water, 1 Butter Packet, Sturdy Plasticware (fork, spoon, knife) Napkins, Salt & Pepper and a Wet Nap

DINNERS

**\$15
EACH**

BBQ Dinner Tickets:

WWW.Londonderryvillage.org/events

or
scan QR Code Below

SCAN ME



\$1.00 off each meal if
Pre-ordered by 6/14/25

After June 14, tickets can be purchased
(full price) at the event on 6/21

**Steven
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Catch us live, playing from
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Activities & Extras

- Antique Auto Show
- Kid's Barrel Train Ride
- Local kid vendors and small activities
- Vanilla Scoop ice cream w/ strawberries in a waffle cone
- Steven Courtney : 10am-11am
- and more!



ROBERT & MARY LEJCAR

Mary and Robert Lejcar, a dynamic couple with a rich history of service, travel, and community involvement, moved to Londonderry Village in March of 2025. They bring with them a lifetime of stories and experiences that span the globe.

The couple met while serving in the Delaware Air National Guard and married in 1971. They raised two children and now enjoy three grandchildren. Before moving to Londonderry Village, they lived for 26 years in Campbelltown, PA.



Robert, originally from the Chicago area, served as an Navigator in the United States Air Force, and later participated in missions to Vietnam, Europe, and Bangkok. After his service, he earned a business degree from the University of Delaware and worked as a mortgage officer before retiring from Ingram Micro in Fredericksburg, PA.

Mary, an upstate PA native, pursued a nursing career after high school. She worked in various nursing jobs and eventually spent many years in the Palmyra School District and later at a local charter school.

As residents Robert attends local round table discussions focused on military history, while Mary leads and joins in bible studies through the Christian Women's Club and GracePoint Church. Both enjoy traveling and have explored destinations like Iceland, Alaska, and much of the U.S. They are excited to be part of the Londonderry community, surrounded by friends, close to doctors, and engaged in the things they love most.



DORIS RITTLE-WITMER

A graduate of Lebanon High School, Doris spent over 50 years living in Palmyra, where she and her late husband raised two sons and built a life filled with love and adventure. The couple met at Hershey Park and later married on the beach at sunset, a memory Doris fondly recalls. Her sons now live locally, along with her two granddaughters.

Doris began her career in medical technology at the Good Samaritan Hospital, and later worked at the Blood Bank in the Hershey Medical Center. After feeling a call to serve others on a deeper, spiritual level, she retired from medical technology and took 2 units of Clinical Pastoral Education at WellSpan Philhaven Hospital. In her 50's she returned to college and earned her MA in Spiritual and Pastoral Care at Loyola University in Maryland. Doris currently is a volunteer block chaplain for women at the Dauphin County Prison and looks forward to bringing her ministry to residents here at Londonderry Village.

In addition to her pastoral work, Doris is a passionate volunteer at Hershey Gardens, where she leads informative tours and is working with the Resident Services team to plan a group trip for fellow residents. Doris is also an avid cook, nature lover, and enjoys playing Pinochle. A member of the Holy Spirit Catholic Church, Doris's values faith, fellowship, and lifelong learning.

Travel has played a special role in Doris's life. From family beach trips to Ocean City, MD, to national parks like Yosemite, Yellowstone, and Denali, she's always had a spirit of exploration. She's has cruised to Alaska and the Mediterraneans, where she visited countless historic sites, and even had the rare opportunity to sleep in an English castle. To Londonderry Village, Doris brings with her a deep well of experience, kindness, and joy. We're delighted to have her, and her dog Jake, who is enjoying his new surroundings and 3rd floor balcony, as part of the community.



Bringing Flavor & Friendship to the Table

Londonderry Village residents are getting a fresh taste of community and cuisine through our Teaching Kitchen series, hosted by Morrison Living. These hands-on classes, led by our talented chefs, offer an engaging and interactive experience where participants explore culinary and nutrition concepts in a fun, educational setting.

Each session introduces residents to global flavors and cooking techniques, giving them the opportunity to try new foods and sharpen their kitchen skills. From learning the secrets of spice blends to mastering healthy cooking swaps, the Teaching Kitchen empowers participants to recreate dishes confidently at home.

More than just a cooking class, the program fosters camaraderie among neighbors. As residents chop, stir, and taste together, they're also forming friendships and strengthening the bonds that make Londonderry Village feel like home.

With delicious learning and meaningful connection on the menu, the Teaching Kitchen is quickly becoming a favorite community event!



Find more information on the Uniguest App, in the Stoneback Cafe, or contact 717.838.5406 ext. 3609



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The Ivan Hanson Way: Leading with Heart, Vision, and Purpose

What does it take to stand out in a sea of caring, compassionate volunteers? At Londonderry Village, we are fortunate to witness countless acts of generosity every day, but every so often, someone shines just a little brighter. This year, we are proud to recognize Ivan Hanson with a Volunteer Achievement Award for his extraordinary dedication, creativity, and heart. From the moment Ivan and his wife Lucy moved to Londonderry Village ten years ago, he began finding ways to give back to the community he now calls home. While Ivan's talents are many, one mission quickly rose to the top: recycling education. With passion and patience, Ivan transformed our campus into a model for environmentally conscious living. His engaging presentations, hands-on demonstrations, and signature catchphrase

"Forget everything you already know about recycling"

have helped hundreds of residents understand and embrace more effective recycling habits.

But Ivan didn't stop there. He personally designed newspaper collection boxes to make bundling and donating easier, coordinated with local farmers and nonprofit organizations, and built a dedicated team to collect and sort recycling from more than 500 Independent Living residents. He even produced an educational video to showcase how individual efforts support this collective mission, ensuring that every recycled item finds its purpose.

Ivan's creativity also shines through his lifelong love of trains. At Christmastime, his handmade train platforms bring joy to residents and visitors alike, from festive lobby displays to the "Traveling Train" he created for residents in healthcare units. His projects reflect not only talent, but deep care for the happiness of others. One display even became permanent in the Leffler Care Center, allowing residents in skilled nursing to enjoy the sights and sounds of the holiday season year after year.

Recognizing the importance of social connection, Ivan also applied his problem-solving mindset to our community BINGO games. Seeing that the small system wasn't keeping up with large crowds, Ivan and fellow resident Larry constructed a custom mobile BINGO setup that could be transported across campus. Their solution added excitement and ease to one of the most beloved weekly traditions, reinforcing how small improvements can have a large impact on communal joy.

In addition to his recycling and recreation efforts, Ivan took on one of the Village's largest volunteer initiatives: the Estate & Barn Sale. When leadership transitioned, Ivan stepped in and grew the event into a major fundraising success. With nearly 300 volunteers participating under his guidance, the sale now generates close to \$100,000 annually to support our benevolent care fund. His strategic planning, teamwork, and commitment to inclusion are at the heart of the event's continued growth and impact.

Beyond the projects and presentations, what makes Ivan's volunteerism truly exceptional is the spirit in which he gives. He never seeks attention or accolades, but instead leads by example, quietly, humbly, and consistently. Whether he's guiding a team of volunteers, troubleshooting a display, or encouraging a neighbor to recycle, Ivan's impact is both practical and profound.



President & CEO Alicia Titus
presenting Ivan Hanson with
his Nominee Certificate



Ivan's ability to see potential in people and projects alike sets him apart. He isn't just fixing things or filling needs, he's building community. His work encourages others to pitch in, to think creatively, and to believe that one person truly can make a difference. His legacy at Londonderry Village is not just in what he has built, but in the lives he's touched and the inspiration he continues to provide.

We're honored to celebrate Ivan Hanson not only for what he's done, but for how he continues to serve, with a generous heart, tireless spirit, and the vision to improve life for all.

That's the Ivan Hanson way.

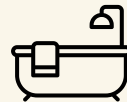


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JOIN US FOR A **WICKED**

FUN MOVIE NIGHT & HYBRID VILLA OPEN HOUSE

SAVE THE DATE: SEPTEMBER 13, 2025

OPEN HOUSE FROM 5:30PM – 7:00PM, MOVIE STARTING AT 7:30PM

Join us for a magical evening at Londonderry Village!

Start with an open house of our brand-new Hybrid Villa building, then stick around as we transform the campus into a movie night under the stars. We'll be showing *Wicked*, for a night of fun, connection, and community.

FULL EVENT DETAILS COMING IN LATE SUMMER:

Visit londonderryvillage.org or follow us on Facebook & Instagram (@LondonderryVillage) for updates!

BRING YOUR OWN CHAIR/BLANKET TO WATCH THE MOVIE. SEATING WILL NOT BE PROVIDED

A NEW CHAPTER AT LONDONDERRY VILLAGE



When I walked through the doors of Londonderry Village for the first time as President and CEO, I felt something extraordinary—a warmth, a sense of purpose, and a deep-rooted spirit of community. It’s hard to describe the feeling, but many of you know exactly what I mean. There’s something special here. And I am both honored and excited to be part of it.

Let me take a moment to introduce myself, not just professionally, but personally. My name is Alicia Titus, and I officially began serving as President and CEO of Londonderry Village on January 6, 2025. I step into this role following the retirement of Jeff Shireman, whose more than 20 years of servant leadership helped build the strong foundation we stand on today. I was fortunate to spend time with Jeff before his departure—learning the history, the heart, and yes, the “secret sauce” that makes this place so remarkable.

Professionally, I bring over two decades of experience in the senior industry, having held a variety of roles with a focus on strategic planning, team development, and innovation. My leadership philosophy is grounded in collaboration and connection—believing that true leadership begins with listening, caring, and empowering others. That approach aligns seamlessly with Londonderry Village’s mission of service, dignity, and love.

Over the past six years, I served as Chief Experience Officer at Messiah Lifeways, where I was instrumental in strengthening their brand, developing new products, and optimizing experiences for residents, clients, and team members. Prior to that, I held the position of Senior Vice President of Education and Research at LeadingAge PA, a trade association representing not-for-profit senior living providers. In that role, I focused on identifying emerging trends in senior services and developing resources to assist members in making sound strategic decisions. My educational background includes two undergraduate degrees in Marketing and Information Systems from Penn State University. I also hold an MBA with a concentration in Healthcare Management from Lebanon Valley College.

Lebanon Valley College



Senior living is often called the “accidental career”. Meaning, most professionals in the industry do not set out to work at a nursing facility or retirement community. Interestingly, I am not one of those individuals – I always wanted to work with older adults. I was blessed with very influential grandparents, aunts, and uncles who helped shape my heart and character. I spent countless hours with them, soaking up life lessons, laughter, and stories that helped form the foundation of who I am today. Those memories are treasures I carry with me always.

I married my high school sweetheart, and we’ve now been married for over 20 wonderful years. We have a 16-year-old son, Evan, who is the light of our lives—thoughtful, smart, and always ready to play a round of golf or basketball. My family is my anchor, and they have supported me and cheered me on through every chapter of life.

My parents were also instrumental in my journey. They believed deeply in the power of education and encouraged me to dream big and work hard. They made sure I had every opportunity to learn and grow—values I now strive to instill in my own son.

When I’m not working, you’ll often find me outside. I love gardening—there’s something so grounding about working with your hands and nurturing something into bloom. I was also a beekeeper with my dad for many years before he passed away. It was a hobby we shared, one filled with many bee stings, patience, and profound respect for nature. To this day, bees still remind me of him and the fun we had together trying something new.



As I step into this new role at Londonderry Village, I do so with humility, enthusiasm, and deep gratitude. Over the coming months, I plan to spend time listening—getting to know residents, families, staff, and community partners. I want to hear your stories, understand your hopes, and dream with you about the future. There is so much potential here—not just to maintain what makes this community great, but to grow in ways that honor our mission and elevate the lives of those we serve. Thank you for welcoming me with open arms. I am truly honored to be a part of the Londonderry Village family and excited for all that lies ahead.

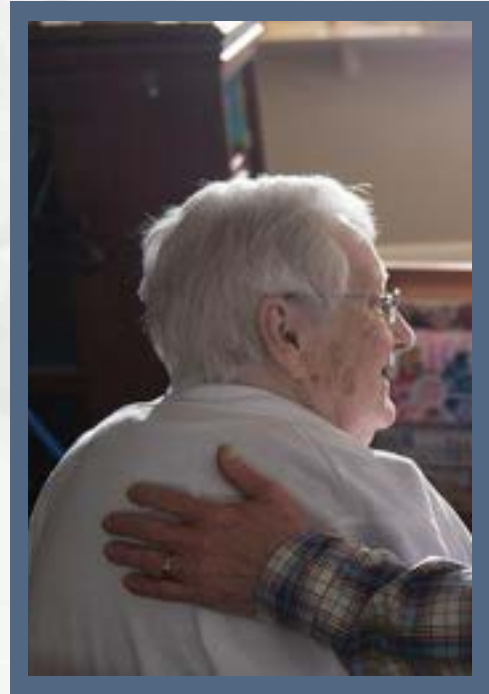
Alicia B. Titus

HOME, HEART, AND HOPE: THE IMPACT OF THE GOOD SAMARITAN FUND



At the heart of every great nonprofit lies a purpose, a guiding mission that informs decisions, inspires people, and fuels impact. For Londonderry Village that purpose has always been clear: to create a place where older adults can thrive in community, with dignity and compassion, no matter what life brings. From the very beginning our founders envisioned a caring community. A cornerstone of that mission is our continued commitment to benevolent care, ensuring that residents who have outlived their financial resources still receive the housing, health care and daily support they need. From our tree-lined streets to the hands providing daily support, care exists among those who are part of our community. And at the center of this care is the spirit of The Good Samaritan Fund.

We know that health care later in life can be costly. For some, life circumstances can sometimes change quickly and unexpectedly, leaving even the most prepared families facing financial uncertainty. The Good Samaritan Fund provides a vital safety net in those moments, offering reassurance and alleviating fear of displacement or diminished care. It reinforces the message that once you are a part of this community the personalized care needed will be provided along the way.



Benevolent care has a deeply personal and immeasurable impact. It brings dignity to those in need, relieves stress for families, and allows staff to focus on quality care rather than cost. Most of all, it preserves the sense of belonging every elder deserves. It protects well-being, affirms the values of faith and community, and brings comfort at a crucial time. As one daughter shared about her mother's experience,

"KNOWING MY MOM COULD STAY IN THE PLACE SHE LOVED AND THE PLACE SHE CALLED HOME, SURROUNDED BY PEOPLE SHE CONSIDERED FAMILY WHILE BEING ABLE TO CONTINUE RECEIVING THE QUALITY CARE SHE NEEDED, IT WAS A BLESSING BEYOND WORDS. THE GOOD SAMARITAN FUND GAVE OUR FAMILY SUCH INCREDIBLE PEACE OF MIND."

This sentiment is just one of many shared over the years. Those who benefit from the Good Samaritan Fund are parents, church members, community volunteers, and veterans, people who lived with integrity and served with purpose. They face the challenges of longevity, rising health care costs and economic uncertainty. But thanks to others, they do not face them alone.

The Good Samaritan Fund exists only because of the kindness of donors. Individuals, families, businesses, churches, organizations, and clubs who believe in the power of compassion. Your contributions do more than cover costs; they are acts of love, demonstrations of grace, affirmations of our shared humanity and testaments to the enduring promise of generosity.

To our donors: your kindness is more than appreciated, it is life changing. Because of you, benevolent care remains available to those in need. And because of you, Londonderry Village is not just a place to live, it is a place to belong, a place to be cared for and a place to thrive, no matter what tomorrow may bring.

To learn more about how you can help this great cause, contact:
Lisa Thomas, Director of Development at Londonderry Village
717-838-5406 ext. 3060 or lthomas@londonderryvillage.org

Heart-Healthy Summertime Recipes



Caprese Skewers with Balsamic Glaze

Prep Time: 15 minutes
Cook Time: 0 minutes
Total Time: 15 minutes
Servings: 12 skewers

INGREDIENTS

- 1 pint cherry or grape tomatoes
- 1 container (8 oz) mozzarella balls
- 1 bunch fresh basil leaves
- 2 tablespoons olive oil
- Salt and pepper, to taste
- Balsamic glaze
- Toothpicks or small skewers

Heart-Healthy Tip: Use a homemade balsamic reduction with no added sugar and opt for low-moisture part-skim mozzarella.

INSTRUCTIONS

- **Prep the Ingredients:** Rinse and dry the tomatoes and basil. Drain mozzarella balls and pat dry.
- **Assemble the Skewers:** On each toothpick or skewer, layer one tomato, one basil leaf (folded if large), and one mozzarella ball. Repeat until all ingredients are used.
- **Season Lightly:** Drizzle skewers with olive oil and sprinkle with a touch of salt and pepper.
- **Add the Glaze:** Just before serving, drizzle with balsamic glaze for a sweet and tangy finish.
- **Serve Chilled or Room Temp:** Perfect as a refreshing starter for any summer gathering!

Baked Lemon-Dill Salmon

Prep Time: 10 minutes
Cook Time: 15 minutes
Total Time: 25 minutes
Servings: 2

INGREDIENTS

- 2 salmon fillets (4–6 oz each)
- 1 tablespoon olive oil
- 1 lemon, sliced
- 1 tablespoon fresh dill, chopped (or 1 tsp dried)
- Salt and pepper, to taste
- Optional: 1 garlic clove, minced

Heart-Healthy Tip: To reduce sodium, skip the added salt and instead enhance flavor with extra herbs and fresh lemon juice.

INSTRUCTIONS

- **Preheat Oven to 400°F**
- **Prepare a baking dish** with foil or parchment paper for easy cleanup.
- **Place fillets skin-side down** in the dish.
- **Drizzle with olive oil** and rub gently to coat.
- **Sprinkle with salt, pepper, and dill.** Add garlic if using.
- **Top with thin lemon slices.**
- **Bake for 12–15 minutes,** or until salmon flakes easily with a fork.



Frozen Banana Bites

Prep Time: 15 minutes
Cook Time: 0 minutes
Freeze Time: 1–2 hours
Total Time: ~1 hour 30 minutes
Servings: About 20 bites

INGREDIENTS

- 2 ripe bananas
 - ½ cup dark chocolate chips (70% cacao or higher)
 - 1 teaspoon coconut oil (optional, for smoother melting)
- Optional toppings:**
- Crushed nuts
 - Unsweetened shredded coconut
 - Crushed whole grain cereal

Heart-Healthy Tip: Using dark chocolate with 70% cacao or higher provides antioxidants and less sugar than milk chocolate.

INSTRUCTIONS

- **Peel and slice bananas** into ½-inch thick rounds. Place on a parchment-lined tray.
- **Freeze slices** for 20–30 minutes, until slightly firm.
- **Melt chocolate chips** (with coconut oil, if using) in a microwave-safe bowl in 20-second intervals, stirring in between until smooth.
- **Dip each banana slice** halfway into the melted chocolate, then place back on the tray.
- **Add optional toppings** immediately before the chocolate sets.
- **Freeze for 1–2 hours** until fully firm.
- **Store in an airtight container** in the freezer for up to one week. Serve straight from the freezer for a sweet, bite-sized treat.



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ROBERT & PAMELA SHINER

Bob and Pam Shiner's story began unexpectedly in Elizabethtown, where their sons were in Cub Scouts at the same time. A simple lunch at Hennigan's marked their first date, and the beginning of 38 wonderful years together, 35 of them as husband and wife. Together, they've built a beautifully blended family of 5 children, 13 grandchildren, and their first great-grandchild is due in July!

Bob, originally from Philadelphia, spent his career as an art teacher for 15 years in the Elizabethtown Area School District and 15+ years in the York Suburban School District. He also worked as a master framer at Chimneys art studio in Hershey. Pam, hails from Toledo, Ohio, worked at the Hershey Medical Center in various administrative assistant positions.

After retiring, the couple moved to North Carolina for over 15 years. But the pull of Pennsylvania, and frequent visits from old friends, eventually brought them back. With most of their social circle still rooted in the area, it felt like the right place to return to.

Well-traveled and full of adventure, Bob and Pam have explored every continent and most U.S. states. From Caribbean cruises to journeys through Dubai, China, Egypt, and South Africa, their passports tell stories of a life well lived. They've sailed the Nile and the Danube, and are now looking forward to seeing the Rhine, as well as Iceland and Greenland in the near future.

Happily settled at Londonderry Village, Bob and Pam have quickly found comfort in their new community, volunteering, reconnecting with old friends, and making new ones every day.



GWYNETH GLENN

Born in Woolrich, England, Gwyneth Glenn began her American journey at just 13 when her family relocated to the U.S. following her father's post-war job transfer. She grew up in Harrisburg, graduated from Central Dauphin High School, and went on to build a full and adventurous life alongside her late husband of 58 years.

Together, they raised two sons, who reside in California and Georgia, and a foster daughter, along with five grandchildren spread around the U.S. The couple traveled extensively, visiting every U.S. state except Oregon and Minnesota. Many fond memories were made camping and sailing with their own sailboat during family trips.

Today, Gwyneth enjoys quieter pastimes like puzzles, reading, and needlework, her favorite hobby. She's active in the Susquehanna Embroiderers' Guild and meets monthly with friends in CLEO, the "Classy Ladies Eating Out" group. Her beloved cat Linxie, adopted from Castaway Critters, has been her companion for the past five years.

Gwyneth decided to make Londonderry Village her home after recognizing the convenience of maintenance-free living and the joy of joining friends who already live on campus. We're so happy to welcome her to the community!

The Heart of Every Hello

Celebrating Our Receptionists

They say your first impression is the most important. When you walk into Londonderry Village, one of the first things you'll notice, beyond the friendly atmosphere and beautiful campus, is a warm smile at any of our front desks. That welcoming presence isn't just for show. It marks the beginning of a long list of responsibilities handled every day by our exceptional receptionists.

Often seen as the "face" of Londonderry Village, our three full-time and several part-time receptionists do much more than answer phones or greet visitors. They are a vital link between departments, residents, families, and staff, quietly managing tasks that help keep the community running smoothly.

Located at our three main entrances, each reception desk acts as an extension of the Business Office. The team fields phone calls, assists guests, and supports our check-in kiosks. They also manage mail for Leffler Care and Personal Care, assist with signage, coordinate laundry labeling, and maintain hair care lists in collaboration with nursing.

Their work touches nearly every corner of campus life. They update service selections, maintain census data, and help with billing for salon, massage, and manicure services. They also handle Café gift cards, appointment scheduling, and payments for trips and events. You may have seen their curated curio cabinet displays or read their monthly newsletter.

Even more impressively, they train new team members, cover across desks, and keep things running in a fast-paced environment. From troubleshooting tablets to updating phone lists, their work blends care, communication, and coordination.

To residents, they're a trusted resource. To staff, they're the glue that holds things together. And to visitors, they're the first impression of what makes Londonderry Village feel like home.

So next time you stop by, don't forget to say hello, and thank you!

We're so grateful for all they do.



Karen, Sandra, & Barb

**Building stronger
communities,**

TOGETHER.



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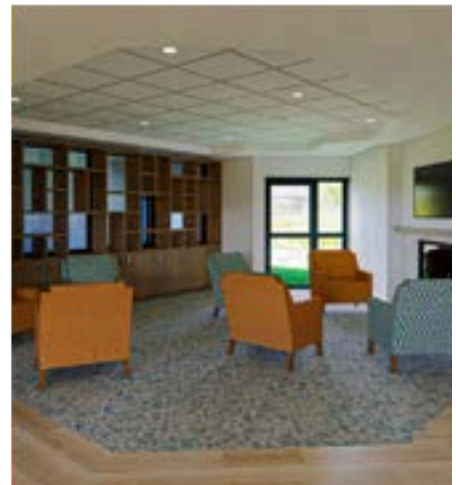
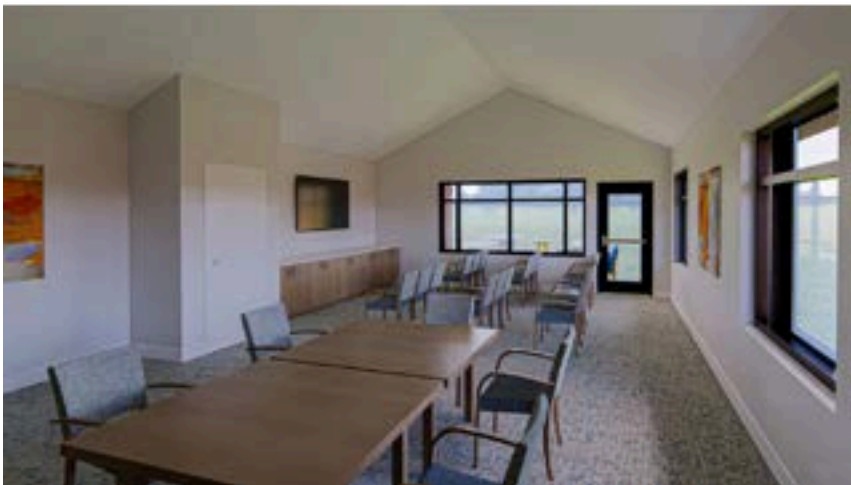
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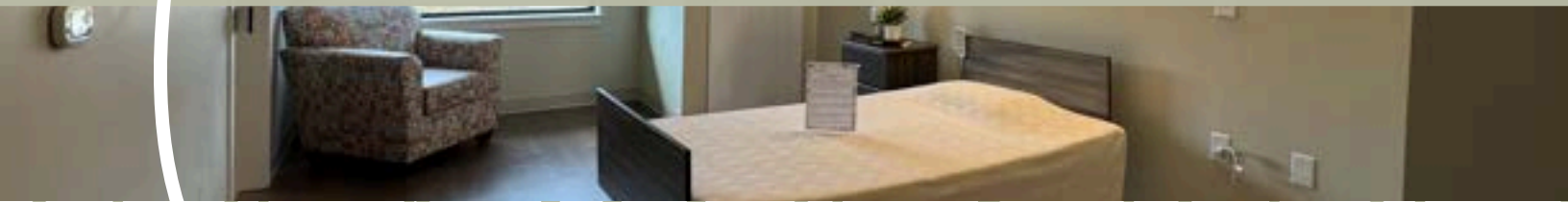
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The Buddy Society: A Lasting Commitment to Benevolent Care

The Buddy Society is a meaningful giving circle made up of compassionate individuals, businesses, and organizations who believe in the power of a community. Members of the Buddy Society pledge \$5,000 over a five-year period in support of our Good Samaritan Fund. The Good Samaritan Fund is an important source of benevolent care helping to ensure residents who have outlived their personal financial resources continue to receive the health care and supportive services needed. This philanthropic program is more than a financial commitment; it's a promise to stand beside those in need. For some donors, that commitment continues beyond their original pledge. These dedicated supporters who are known as Sustaining Members, choose to keep giving as a way of deepening their impact and legacy of care. Whether you're an individual inspired by kindness, a local business wanting to give back, or an organization aligned with compassionate aging, The Buddy Society offers an opportunity to make a difference that truly lasts. Membership is not only an act of generosity, but a reflection of shared values and a belief in the importance of lifting others up when they need it most. Joining The Buddy Society means becoming a partner in hope, dignity and enduring care.

With Grateful Appreciation to Current Members of The Buddy Society

Members:

Anonymous Friends	Herbert & Beverly Steffy	Ron & Judy Dissinger	Jeff & Joy Meck
Ellen Anderson	Charles & Joan Theal	Edward & Darlene Donnald	Craig & Lois Moyer
Glenn & Gloria Blantz	Steve & Linda Tilley	Dorothy M. Ecklund	Eloise O'Brien
Nancy Bogdonoff	Philip & Susan Wagner	Craig & Cindy Fasnacht	Paul & Sandy Pintarch
in memory of David Bogdonoff	Isolde Wing	Ron & Betty Flaig	George W. Porter
Ron & Heide Bowman	<u>Sustaining Members</u>	Bob & Sandy Fortna	Jeanette Royer
Pat Braden	Anonymous Friends	Barbara E. Gaughan	Bryan & Henrietta Seese
Wendie Cooper	James & Elizabeth Allwein	Jim & Dee Geistwhite	Terry Seltzer
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Marilyn Rebecca Myers Dice	Betty Jane Barteit	J. Lucille (Hood) Gingrich	*Jeff & Kristi Shireman
in memory of Rev. Roy M. Dice, Jr.	Nancy Basselgia	Milton H. Gingrich	Elizabeth B. Smith
Kirby & Sandy Dubble	Mary Bogrette	in memory of SaraAnn Lehman Gingrich	*James A. Snell, Esq.
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Elsie Heisey	Ray & Blanche Brubaker	*Don & Ruth Hack	Jake & Dee Sweigart
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Walter Roy	Dr. William & Shelia Davidson	Jim & Doris Lineweaver	Doris Ziegler
Tom & Jolein Shenk	Michaelann Dievendorf	*Margaret Markley	

*Denotes Original Charter Members: contributing since the founding of the Buddy Society
List source: Donor database report of active memberships as of 05/01/2025
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To learn more about the Buddy Society or become a member contact:
Lisa Thomas, Director of Development at Londonderry Village
717-838-5406 ext. 3060 or lthomas@londonderryvillage.org

Fall & Winter Event Schedule 2025

"EATS & BEATS" FOOD TRUCK & MUSIC

Get ready to savor the flavors of the end of summer and enjoy an evening of fun, food and live music. Join us from 4 p.m. to 8 p.m. at the Londonderry Village campus. As the sun sets, relax and enjoy an outdoor concert starting at 7 p.m. on the lawn. Admission is free and food and beverages will be available for purchase.

SEPTEMBER 12TH, 2025

4:00 P.M. - 8:00 P.M., CONCERT STARTING AT 7:00 P.M.

LONDONDERRY VILLAGE CAMPUS

FREE ADMISSION

A WICKED FUN MOVIE NIGHT & OPEN HOUSE

Enjoy a magical evening beginning with a walk-through of our brand-new Hybrid Villa building during our open house, followed by an outdoor showing of Wicked under the stars. Bring a chair or blanket, grab some popcorn, and settle in for a night filled with fun, laughter, and community connection.

SEPTEMBER 13TH, 2025

OPEN HOUSE FROM 5:30 P.M. - 7:00 P.M., MOVIE BEGINS AT 7:30 P.M.

LONDONDERRY VILLAGE CAMPUS

FREE ADMISSION

seating will NOT be provided

CATHY SNELL MEMORIAL GOLF TOURNAMENT

We invite golfers of all skill levels to tee off at our annual golf tournament held at Royal Oaks Golf Club in Lebanon, PA. Check-in begins at 11:30 a.m. with a shotgun start at 1 p.m. Enjoy a full day on the greens, including greens fees, cart use and a hot buffet dinner following the tournament, with prizes awarded.

SEPTEMBER 18TH, 2025

CHECK-IN AT 11:30 A.M, SHOTGUN START AT 1:00 P.M.

ROYAL OAKS GOLF CLUB, LEBANON PA

FIND TICKETS AT [LONDONDERRYVILLAGE.ORG/EVENTS/](https://londonderryvillage.org/events/)

GOOD SAMARITAN FUND DINNER

Each October, our Good Samaritan Fund Dinner celebrates generosity and community with a delicious meal, uplifting entertainment, and heartfelt fellowship. The event supports elders who have outlived their financial resources, uniting those committed to making a difference.

OCTOBER 14TH, 2025

DOORS OPEN AT 4:30 PM, DINNER & PROGRAM BEGIN AT 5:00 PM

LONDONDERRY VILLAGE CAMPUS

LEARN MORE AT [LONDONDERRYVILLAGE.ORG/EVENTS/](https://londonderryvillage.org/events/)

MAKING SPIRITS BRIGHT LUMINARY

Guest honor loved ones by dedicating luminaries in their name which are added to a beautiful, glowing display on our campus. From 4:30 -6:00 p.m. guests stroll the softly lit pathways, enjoy festive carolers, holiday cookies, hot cocoa and cozy camaraderie around the outdoor fireplace.

DECEMBER 18TH, 2025

4:30 P.M. - 6:00 P.M.

LONDONDERRY VILLAGE CAMPUS

LEARN MORE AT [LONDONDERRYVILLAGE.ORG/EVENTS/](https://londonderryvillage.org/events/)

FOR MORE EVENT DETAILS, VISIT OUR WEBSITE OR FOLLOW US ON FACEBOOK! [LONDONDERRYVILLAGE.ORG](https://londonderryvillage.org) | [@LVBHOM](https://www.facebook.com/lvhome)





Londonderry Village

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Londonderry Village

The official registration and financial information for the Lebanon Valley Brethren Home (DBA Londonderry Village) may be obtained from the Pa Dept. of State by calling toll-free within PA, 1-800-732-0999. Registration does not imply endorsement. Your privacy is of utmost concern. Lebanon Valley Brethren Home (DBA Londonderry Village) does not share or sell mailing lists, but should you wish to have your name removed from our fundraising distribution list, contact us via mail, email, phone, or in person:

*Londonderry Village Development Office,
1200 Grubb Road, Palmyra Pa 17078*

Email: oharris@londonderryvillage.org or Phone (717) 838 - 5406 ext. 3052

There is no requirement that you agree to accept fundraising communicators from us altogether or with a particular campaign. We will honor your request not to receive any fundraising communications from us as of the date we are notified of your decision.

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